



# MSVU MYSTICS



[msvu.ca/athletics](https://msvu.ca/athletics)



Mount Mystics



@MountMystics



@MSVUathletics



902-457-6420

# Who are the MOUNT MYSTICS?



## THE MYSTICS ARE



**PROUD.  
DETERMINED.  
SUCCESSFUL.**

### Varsity Teams:

- Women's Teams: Cross Country, Soccer, Basketball, Volleyball
- Men's Teams: Cross Country, Soccer, Basketball, Volleyball

**Team Colors:** Dark Blue, Light Blue, White

### Leagues:

- ACAA: Atlantic Collegiate Athletic Association
- CCAA: Canadian Collegiate Athletic Association

### Our Home Court & Turf:

A Garnet Brown Gymnasium, Rosaria Student Centre  
Mainland Commons Soccer Field, Halifax

### Mount Mystic's Biggest Fan:

- The Mount's Mascot, Captain the Crow

## MYSTICS HISTORY

### CCAA BANNERS: 7

2010 - WOMEN'S BASKETBALL - SILVER MEDAL

2008 - WOMEN'S BASKETBALL - SILVER MEDAL

2008 - MEN'S BASKETBALL - SILVER MEDAL

2004 - MEN'S BASKETBALL - SILVER MEDAL

1998 - BADMINTON - SILVER MEDAL

1993 - MEN'S BASKETBALL - BRONZE MEDAL

1985 - WOMEN'S VOLLEYBALL - BRONZE MEDAL

### ACAA BANNERS: 72

## FOLLOW US

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# Mount Mystics Championship Banners



## CANADIAN COLLEGIATE ATHLETIC ASSOCIATION (CCAA) BANNERS:

- 2010 - Women's Basketball – Silver Medal
- 2008 - Women's Basketball – Silver Medal
- 2008 - Men's Basketball - Silver Medal
- 2004 - Women's Soccer - Bronze Medal
- 1998 - Badminton - Silver Medal
- 1993 - Men's Basketball - Bronze Medal
- 1985 - Women's Volleyball - Bronze Medal

## ATLANTIC COLLEGIATE ATHLETIC ASSOCIATION (ACAA) BANNERS:

CROSS COUNTRY RUNNING	MEN'S BASKETBALL	MEN'S SOCCER	WOMEN'S BASKETBALL	WOMEN'S SOCCER	WOMEN'S VOLLEYBALL
	1990-1991	2006-2007	1989-1990	1986-1987	1980-1981 2009-2010
1985-1986	1991-1992	2013-2014	1990-1991	1987-1988	1981-1982 2011-2012
1986-1987	1992-1993		1997-1998	1988-1989	1982-1983 2012-2013
1988-1989	1994-1995		2002-2003	1989-1990	1983-1984 2013-2014
1989-1990	1995-1996		2003-2004	1991-1992	1984-1985 2014-2015
2019-2020	1996-1997		2006-2007	1996-1997	1986-1987 2015-2016
	1998-1999		2007-2008	2001-2002	1987-1988 2016-2017
	2005-2006		2009-2010	2002-2003	1988-1989 2017-2018
<b>BADMINTON</b>	2006-2007		2018-2019	2004-2005	1992-1993 2021-2022
1982-1983	2007-2008		2019-2020	2005-2006	1993-1994
1987-1988	2008-2009		2021-2022	2007-2008	1994-1995
1988-1989	2009-2010		2022-2023	2009-2010	
1994-1995	2010-2011			2012-2013	
1997-1998	2021-2022			2014-2015	
2000-2001				2015-2016	
				2018-2019	
				2022-2023	

Badminton is no longer a Mount varsity sport.

# Mount Saint Vincent University Background



Mount Saint Vincent University is a small university with a reputation for academic excellence, distinctive programs, and creative learning approaches. Choose the Mount and you can be sure of small classes, high quality teaching, professors who know your name, and plenty of clubs, activities, and athletics to choose from.

What sets us apart?

- The Mount awards more than \$1.7 million in scholarships and bursaries to first year, transfer, and returning students
- An average class size of 24 – nationally recognized as being amongst the lowest in Canada
- Our commitment to social justice and the advancement of women
- Our mix of diverse and unique programs, many of which can only be found at the Mount
  - Only Atlantic University to offer Child and Youth Study
  - First English speaking Public Relations program in Canada
  - The only Masters of Public Relations program in Canada
  - The only Bachelor of Science in Science Communication Program in Canada
  - Joint PhD in Educational Studies with Acadia University and St. Francis Xavier University
  - The first University to offer co-operative education in Atlantic Canada
- Home to four Canadian Research Chairs, including the only Chair in Learning Disabilities in Canada
- Home to the only Atlantic Chair for Women In Science and Engineering
- One of the strongest Distance Learning programs in Atlantic Canada
- All-time leader in ACAA championships with 64 banners and counting



# Mount Bursary & Scholarship Program

## Entrance Scholarships

Entrance scholarship awards are made to students entering Mount Saint Vincent directly from high school, except where specifically noted otherwise. Note: Presidential Scholarships require an application.

**Application forms are available through:** [www.msvu.ca/scholarships](http://www.msvu.ca/scholarships)

Students entering directly from high school who are only applying for basic entrance awards **do not** require a separate scholarship application form, but may want to include a resume of experience or letter of explanation to further indicate their suitability. Entrance scholarship awards are made for one year only and are not automatically renewable. Students are evaluated annually and scholarship decisions are made according to their most recent academic results. All entrance scholarships are renewable rewards and can be maintained through the duration of a student's undergraduate degree. A student must maintain a 3.5 GPA in their first year and a 3.7 in their remaining years to receive their scholarship. Students are also eligible for in-program scholarships, which are awarded based on GPA within their program.

## Eligibility Criteria for Entrance Scholarships

High school entrants with a minimum 80 percent average and high ranking within their class will be considered (applicants must have completed five academic course, one of which must English). The Committee on Undergraduate Admissions and Scholarships may request additional information from students or from school counselors before making an award.

Only students applying for admission prior to **March 1, 2024** will be considered for Entrance Scholarships, which are offered in May. Enquiries concerning Entrance Scholarships should be directed to the Admissions Office.

**Application Deadline: March 1, 2024**

Some courses require specific course criteria for Admissions. Please refer to the online academic calendar for specific criteria or contact the Admissions Office at 902-457-6117.

**Mount Bursaries & Scholarship Details available online:**

[www.msvu.ca/scholarships](http://www.msvu.ca/scholarships)

# Mount Bursary & Scholarship Program continued



The Mount is proud to have a generous scholarship program that recognizes outstanding academic performance and helps alleviate the cost of going to university.

## 2023-2024 Academic Year:

### 1. Entrance Scholarship Awards – no separate application required

#### a. *Admission to University and a minimum of an 80 average:*

To automatically be considered for an entrance scholarships, you need to submit a complete application for admission to the University by **March 1**.

### 2. Entrance Scholarships Awards - specific applications required

- a. High school students who apply for admission before March 1 with an average of 80 percent or more qualify for an entrance scholarship – specific applications required. To be considered, these entrance scholarships require supplemental application material (such as resume, references, recommendations, etc).

**Full details online:** [www.msvu.ca/scholarships](http://www.msvu.ca/scholarships)

- b. To automatically be considered for a Diamond Jubilee entrance scholarship, you must a mature student, submit a complete application for admission to the University by **March 1** with an average of 80 percent or more.

### Example:

1. *President's Scholarship:* Full Coverage (Cost of tuition, food & residence - (Renewable))
2. *Harrison McCain:* 80 percent (min) + Financial need – (Renewable)

# University Assessment for Athletes



Rate each category on a scale of 1-10 with 10 being “best”

## School:

- \_\_\_ Desired degree program
- \_\_\_ Strength of desired degree program
- \_\_\_ Campus
- \_\_\_ Community
- \_\_\_ Housing
- \_\_\_ Proximity to home
- \_\_\_ Academic support program

Total \_\_\_\_\_

## Athletic Program:

- \_\_\_ Winning tradition
- \_\_\_ Facilities
- \_\_\_ Fellow recruits
- \_\_\_ Compatibility with returning players
- \_\_\_ Playing time
- \_\_\_ Schedule

Total \_\_\_\_\_

## Head Coach:

- \_\_\_ Relationship with Coach
- \_\_\_ Relationship with past Players
- \_\_\_ Past record of success
- \_\_\_ Teaching ability (“Make me a better player”)
- \_\_\_ Fairness and honesty
- \_\_\_ Stability at school (“Will they be there my entire career?”)

Total \_\_\_\_\_

Overall Total: \_\_\_\_\_

# Athlete Questionnaire



## Academic Concerns:

- What's the academic reputation like?
- Do they have your course of study?
- What is the student/teacher ratio?
- What is the team graduation rate?
- Is there a team academic advisor?
- Is there a study hall?
- Is tutorial assistance provided?
- What is the travel resulting in missed class policy?
- What is the fifth year to finish degree policy?
- What are the admission requirements?
- What pace do I need to follow to obtain my degree on time?
- Is there a good time to come visit the school?

## Parent Concerns:

- Health care of athletes?
- Scholarship opportunities?
- Student housing and meal plan?
- For students on meal plans, is food kept late for practices?
- Distance from home?
- Will games be webcasted?
- What happens if an athlete is seriously injured during competition? (Road game/home game)
- Is it possible to work part time in addition to playing and studying?
- What is a typical "day in the life" like for a member of your team during the season?.



## Athlete Questionnaire continued



### Athletic Concerns:

- What positions are you being recruited for?
- What other players are they recruiting?
- Recruitment of other players at your position?
- Will you be able to play, considering returnees?
- What is their style of play?
- What is the Head Coaches philosophy?
- What are the team policies?
- How does the team get along?
- What is the level of competition?
- What media coverage does the program get?
- What kind of facilities are available to the team?
- What is the practice schedule?
- Do you play doubleheaders with other varsity teams?
- Are there summer/pre/post season workouts?
- Can you participate in intramural activities?
- What do I have to do over the summer to ensure I am in good shape to make the team?
- How many years of eligibility do I have?

### Final Questions:

- What are the next steps in this process?
- When is the next time we can speak / meet?
- Is there anything I can provide you with that will help you further evaluate me?



## **Bursaries & Scholarships Websites**

- [www.scholarshipscanada.com](http://www.scholarshipscanada.com)
- [www.studentawards.ca](http://www.studentawards.ca)

## **African Nova Scotian's Bursaries & Scholarships**

### **What is available:**

- <http://acs.ednet.ns.ca/>
- <https://dbdli.ca/community-youth/scholarships-for-african-canadians/>