

UPDATE YOUR RESUME AND COVER LETTER

Kyla Friel, Career Counsellor, MSVU Career Services September 15, 2023 Are you looking to create meaningful connections? At HUCF find a wide variety of businesses, government agencies, small businesses, and the nation's fastest growing companies. Whether you are looking for networking opportunities, internships or co-op placements, HUCF is the place to start.

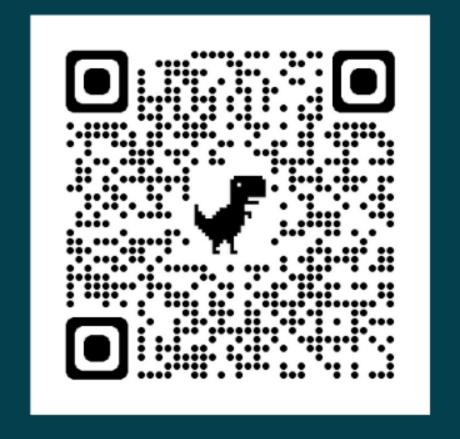
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Halifax Universities Career Fair (HUCF)



Tuesday, October 24 Halifax Convention Centre 10 a.m. - 4 p.m.



@HfxCareerFair

WHAT WE'LL LOOK AT TODAY

- Resumes: goals and types
- Sections: what to cover?
- Cover letter structure
- Contact Career Services

POLL: True or false: the best resumes include as much information as possible

GOAL #1: GETTING WORK FAST

COMBINATION-STYLE RESUME

Name

Profile*

Education

Skills

Work Experience

Volunteer Experience

Professional Development*

Certifications and Training*

Awards*

Interests*

*Optional/as needed

- Choose to leave out a profile section at the top, focusing instead on introducing yourself in your cover letter
- Use a combination-style resume that focuses on a skills sections first, work experience section next, at the top of the page
- Update skills section and work experience section according to the job posting (and accurate to your lived experience)

POLL: How do you explain a skill or experience?

GOAL #2: BUILDING FROM LOW EXPERIENCE

FUNCTIONAL-STYLE RESUME

Name

Profile

Education

Skill Summary

Skill 1 (with bulleted list)

Skill 2 (with bulleted list)

Skill 3 (with bulleted list)

Work Experience (list of titles/orgs. & dates only)

Volunteer Experience

Professional Development*

Certifications and Training*

Awards*

Interests*

*Optional/as needed

- Functional resumes work when you're just starting to get work experience, you're making a complete career/program change, your work history is all over the place, or you don't have recent experience
- Identify three overarching skills and 'pull apart' your traditional work experience section, inserting the bullet points into the three skills
- Great for applying to a 'convenient' job that you may feel overqualified for

POLL: Can you name your top three skills?

GOAL #3: GETTING MORE EXPERIENCE IN MY FIELD

COMBINATION-STYLE RESUME

Name

Profile*

Education

Skills

Relevant Work Experience (specifically name this section)

Work Experience

Volunteer Experience

Professional Development*

Certifications and Training*

Awards*

Interests*

*Optional/as needed

- Use a combination-style resume and consider separating your work experience section in two, with 'relevant work experience' coming first. Examples:
 - Research Experience, Work Experience
 - Supervised Internship Experience, Work Experience
 - Event Planning Experience, Work Experience
- Skills section should be entirely written to (1) match your developing skills with (2) skills valued by employers in your field or skills listed in the job posting
- Bonus tip: In your cover letter, consider mentioning your motivation for your work and your openness to feedback

SECTIONS: WHAT TO COVER?

• Whole resume

- Most current date first, city, location, title/job title
- Consistent formatting: bullet points or short paragraphs
- 2 pages

Skills section

Frame your experience with qualifiers, statistics, or time

- Served at private parties, weddings, and corporate events of up to 500 people
- Worked as a team to implement a new curbside delivery system during the pandemic
- Developed Instagram content, a posting schedule, and guidelines for interpreting analytics for a local non-profit organization
- Combined two years' experience in front desk reception and database management

SECTIONS: WHAT TO COVER?

Work experience section

Use accomplishment statements to make your work stand out (a more specific version of your skills section)

Action verb + challenge + result

- Coordinated meal orders quickly during peak holiday times, using the company's team approach
- Moderated a five-member panel for International Forests Day. The online event included facilitating a question/answer session with 40 attendees via chat.
- Supported students to develop their resumes and cover letters, focus their job search, and improve their online profiles.

COVER LETTER STRUCTURE*

Name

Company name, address

Job reference number

Date

Dear Hiring Manager,/Dear Hiring Team

Paragraph 1

Paragraph 2

Paragraph 3

Paragraph 4 – closing

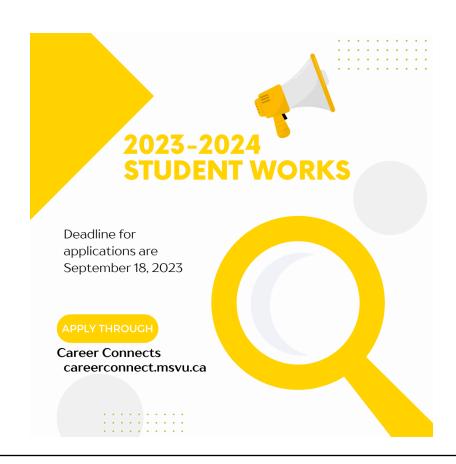
Sincerely,

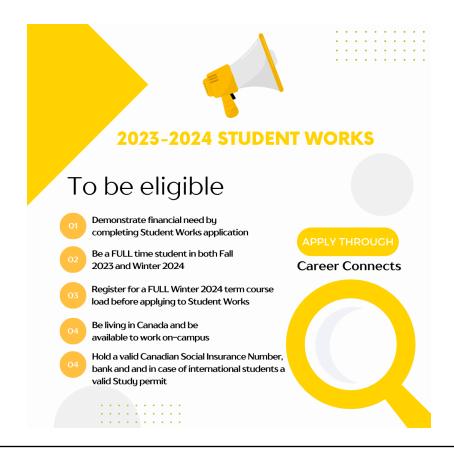
Your name

- **Paragraph 1** The top 3 things to know about you or what you can contribute. Consider using an <u>elevator pitch</u>
- Paragraph 2 STAR technique to show how you problem solve (explain a Situation, the Task that needed to be done, the Action you took, and the Result). This is actually the paragraph version of an accomplishment statement
- **Paragraph 3** Values, goals, what you can offer or something that connects you to the job posting or organization OR another STAR technique
- Paragraph 4 Closing

SCREEN SHARE: Career Services Resume and Cover Letter Handbook

APPLY NOW FOR ON CAMPUS JOBS





CONTACT CAREER SERVICES

Career counselling: virtual or in-person

counselling@msvu.ca 902-457-6567 msvu.ca/careerplanning

Resume and Cover Letter Handbook

Resume and cover letter feedback
Career indecision
Full-time/part-time/summer job search
Interview preparation
Graduate school applications

