



# Spotlight on Clinical Psychology: A Panel Discussion

## 46th Annual Science Atlantic Psychology Undergraduate Research Conference

May 4, 2023, 3:30 – 4:15 pm, Rosaria MPR

Join our panel of clinical psychologists to get the inside scoop on what it's really like to be a clinical psychologist. You'll hear about a "day-in-the-life," the various rewards as well as the challenges, how research informs practice, and much more! Be ready to ask questions.



#### Conor Barker, Ph.D., R. Psych

Dr. Barker is a school psychologist who provides expert psychological assessments for children (8 to 11 years of age), adolescents (12 to 18 years of age) and adults (19 years of age or older) at CRUX Psychology in Halifax, and is the clinical director for Brunswick Creek Psychology Services in Swift Current, SK. Dr. Barker specializes in diagnostic and psychoeducational assessments and assessing learning disorders (or learning disabilities), attention-deficit/hyperactivity disorder (ADHD), autism, anxiety and depressive disorders, and substance use

disorders. Dr. Barker advocates for best practices in mental health services and inclusive learning environments. He supports people with diverse backgrounds and believes everyone can learn when given the right instruction and support. He is also an Assistant Professor in the Department of Psychology and Faculty of Education at Mount Saint Vincent University, with research and teaching focusing on the development of future school psychologists.



### Etta Broderson, Ph.D., R. Psych

Dr. Brodersen (R. Psych) completed her graduate schooling at Simon Fraser University with a specialization in psychology and law. After completing her residency in 2018, she was employed at the Forensic Sexual Behaviour Program (FSBP) at the Nova Scotia Hospital completing comprehensive forensic risk assessments on pre-sentence and post-sentence individuals who were convicted of sexually motivated offences. Her work within the FSBP also included group and

individual therapy targeting criminogenic needs and Family Safety planning for reintegrating clients within family units. Since early 2023, Dr. Brodersen has been employed within the Youth

Court assessment unit at the IWK completing pre-sentence risk assessments on youth awaiting sentencing on a wide variety of offence types.



#### Will Shead, Ph.D.

Dr. Shead is a psychologist (candidate register) who completed his Ph.D. in Clinical Psychology at the University of Calgary (2009), an internship in the Clinical Health Psychology program at the University of Manitoba (rural stream, 2008), and a Post-Doctoral Fellowship at McGill University (2008-2010). He is currently an Associate Professor of Psychology at Mount Saint Vincent University and his primary areas of research are gambling and addictions. Dr. Shead's primary

therapeutic modality emphasizes cognitive behaviour therapy, acceptance and commitment therapy, and motivational interviewing.