

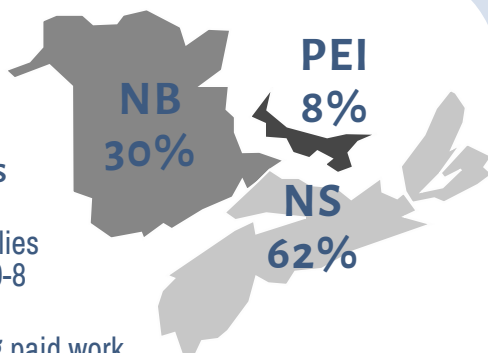
COVID-19 MARITIME FAMILY SURVEY PRELIMINARY RESULTS

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2283

RESPONDENTS



Survey was for families with children aged 0-8 years.

1937 reported doing paid work and/or being a registered student prior to COVID-19.

The majority of respondents indicated:

- They identify as mothers (90%)
- They have a child/children aged 3-5 years old (59%)
- Their child/children attended child care or Pre-primary (69%) and/or school (46%) prior to COVID-19 closures

BALANCING WORK & FAMILY

76% of respondents still working/studying reported they are doing so from home while also balancing parenting responsibilities

63% strongly agree that balancing work/study & parenting has been challenging

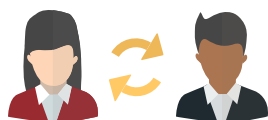
Common strategies used to help balance work/study & parenting:



Encouraging free play (88%)

Alternating time with child with another adult in the house (65%)

Encouraging structured academic activities (51%)



Since the COVID-19 closures & physical distancing advice...

FAMILY LIFE & PARENTS

86% reported a moderate to extreme change in their family life due to the COVID-19 pandemic

70% of families are playing together more

... and 51% of families are cooking together more



But...

68% of parents indicated they have less time to take care of themselves

... and 63% of parents indicated they feel less rested



CHILDREN

71% reported a loss of health-related service for their child

75% indicated their child has been spending more time using screens



... and 91% agree their child has been generally happy at home

For more information please contact CRCCearlychildhood@msvu.ca

Results provided by:



Thank you to all families who participated.