



February 2021 Newsletter

Opportunity Place is a Nova Scotia Works Employment Service Centre. We are here to help you with career planning, job searching and on-the-job support at your convenience. Our team can introduce you to a variety of programs and services that will help you achieve your career goals. All of our services may be accessed in person, over the phone or through online applications. We also work with Nova Scotia's employers to assist with recruitment, planning and Human Resources support.

Free Employment Support Services

We are here to assist with your employment plan!

- Identify Your Employment Needs
- Career Decision Making Assistance
- Job Search Workshops
- Self-Assisted Job Search Centre & Computer Access
- Telephone Access for Job Search
- Learn About Workforce Trends
- Information on Training & Self-Employment Options
- One-on-One Employment Support
- Referrals to Other Agencies

Hours of Operation

Monday to Friday
8:30-4:30

Saturday to Sunday
Closed

Reach us at

902-864-7520

staff@opportunityplace.ca

Mailing Address

108 Cobequid Road, Suite 100
Lower Sackville, NS B4C 2N2

Inside this Edition:

- ◆ HRM Virtual Webinar Series
- ◆ Closed on Heritage Day
- ◆ African Heritage Month
- ◆ February Virtual Workshop Calendar
- ◆ Workshop Descriptions
- ◆ COVID-19 Related Visitor Guidelines



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@OPRCNS



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Covid-19 Safety Precautions



All services are **by appointment only**. Clients are asked to be unaccompanied. All appointments will be a maximum of one hour in length. Please arrive 15 minutes early to your appointment to complete a screening process.



You will be called 24 hours prior to your appointment to complete a **screening questionnaire**. This will then be completed in-person when you arrive for your appointment. If you are feeling unwell, please reschedule your appointment. We can also serve you by phone or email.



Hand sanitizer is available as you enter the centre. Please sanitize your hands.



When you arrive for your appointment, please press the doorbell and wait outside until one of our staff comes to get you. We are sanitizing in between appointments.



There will be no waiting area or washroom facilities available for client use



When entering the centre, please **wear a mask**. If you do not have one, one will be provided.



Easy-to-follow signage and decals will be posted in the centre to help you navigate our spaces.



Our Job Search Centre workstations have been sectioned off to allow for social distancing.



High-touch surfaces such as desks, computers, and doors, will be **frequently sanitized**.



Please come prepared for your meeting, this will help us accomplish more during your appointment.

Call 902-864-7520 or email staff@opportunityplace.ca
to book an appointment.

Services that are available to you include:

Job Search Support

- Virtual workshops that are recorded or live streamed
- Resume and cover letter critiques
- Assistance with full resume and cover letter development
- Support with submitting online applications and ongoing job search guidance
- Information and support with using social media as a job search tool
- Interview preparation including “mock interviews”
- Access to provincial funding programs offering employer hiring incentives
- Connections to local job opportunities and employers looking to hire

Exploring Career Options

- Support with exploring your values, preferences and career interests
- Online assessment tools used to identify career matches
- Current information on job trends, wages, education requirements and training programs

Returning to School

- Help with developing a return to school plan and referrals to available resources that will support your learning needs
- Access to provincial funding programs that help with training costs

Career Counselling

- 1-1 counselling support to help deal with employment change and support informed career decisions
- Connection to community supports to address personal challenges
- In-depth assessment of career options and employment related needs

Please contact us by phone or email to arrange your appointment.

Email: staff@opportunityplace.ca

Phone: (902) 864-7520



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VIRTUAL WEBINAR SERIES

60 Minute Presentation plus 30 Minute Q&A Sessions

Learn about Employment with HRM

February 09, 2021 @ 1:30 p.m. to 3:00 p.m.

Resume Tips by HRM HR Recruiter

February 16, 2021 @ 1:30 p.m. to 3:00 p.m.

Interview Tips by HRM HR Recruiter

February 23, 2021 @ 1:30 p.m. to 3:00 p.m.

**Call or email to register: employers@opportunityplace.ca
902.864.7520**

HALIFAX

Closed for Heritage Day

February 15, 2021


**This year honours the grandson of
some of the first Lebanese
immigrants to Halifax. Edward Francis
Arab graduated from Dalhousie
University law school and practiced
until he enlisted in the army.**



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**SCENT
FREE
ZONE**

No Scents Makes Sense!

Perfume and scents can trigger asthma attacks, migraines, COPD, and MCS.

For the comfort and safety of all staff and clients, we appreciate your cooperation in keeping Opportunity Place a scent and fragrance-free environment.



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A Webinar for Employers

FINDING AND KEEPING TALENT



Learn where to find talent, recruitment and retention tips, and how Nova Scotia Works can support you.

FEBRUARY 24TH, 2021
1:00 - 2:00 PM

RSVP AT
EMPLOYERS@OPPORTUNITYPLACE.CA
OR CALL 902-864-7520



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Hiring Incentives

Webinar for Employers






Wednesday, February 17th 2021 | 10:00 - 11:00 AM

Employers will commence their journey of exploring and learning about the multitude of hiring incentives available to employers of Nova Scotia, such as START, Graduate to Opportunity (GTO), Innovate to Opportunity (ITO), Job Creation Partnerships (JCPs), and Opportunities Fund.

Call or email to register 902-864-7520 or employers@opportunityplace.ca

FEBRUARY - VIRTUAL WORKSHOPS



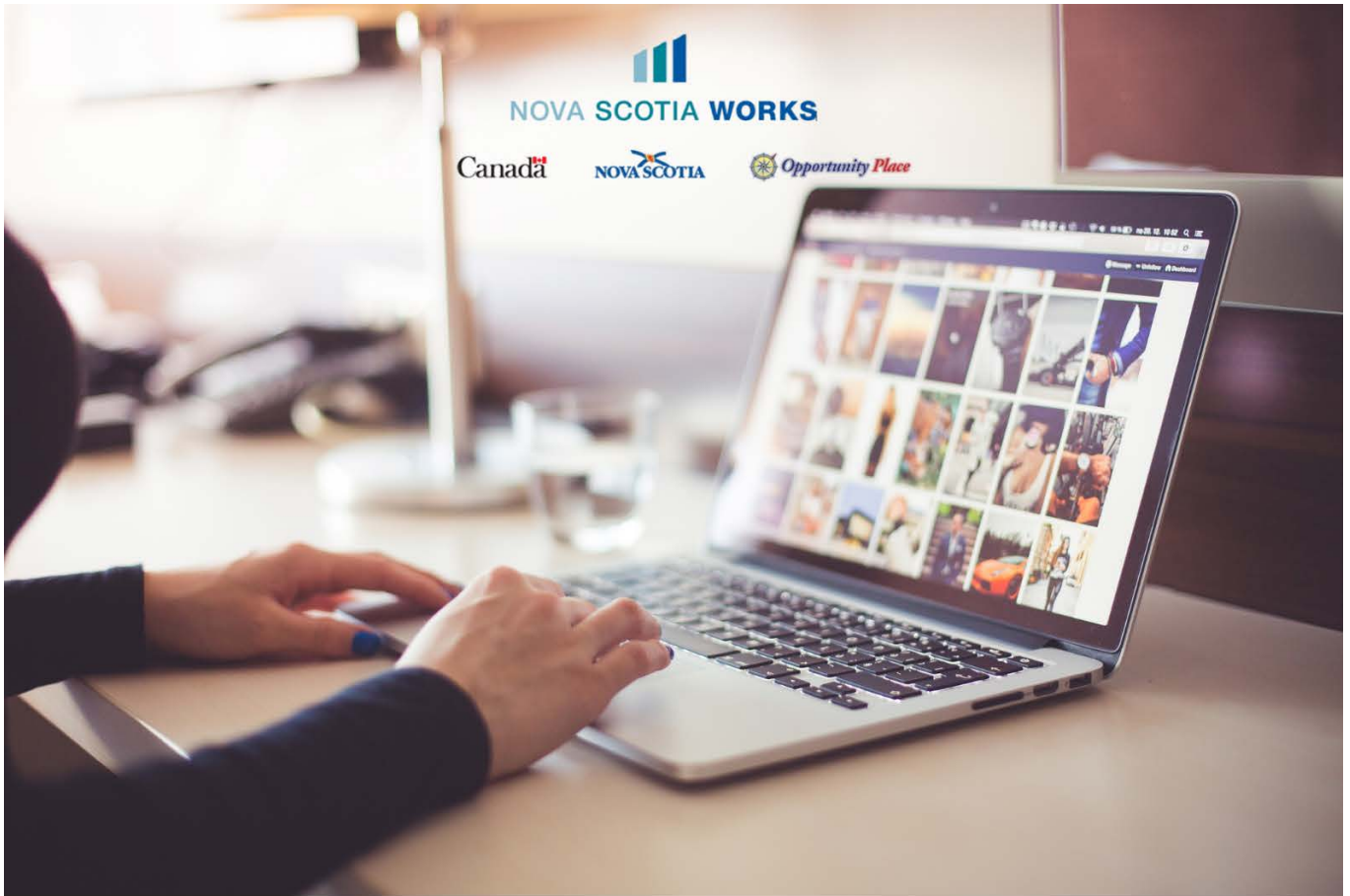
MON	TUE	WED	THU	FRI
10:00 Career Planning 1	10:00 AM LMI General  2	1:00 PM Confident Job Seeker 3	10:00 AM Virtual Interviews 1:00 PM Workplace Success 4	 5
10:00 AM Resumes I 1:00 PM Smart Goals 8	10:00 AM Results II  9	10:00 AM Competitive Job Search 1:00 PM Exploring Self-Employment 10	10:00 AM Interviews I 1:00 PM Interviews II 11	10:00 AM Social Media Job Search 12
CLOSED FOR HERITAGE DAY 15	10:00 AM Career Planning 1:00 PM LMI General 16	10:00 AM Coping with Job Loss 1:00 PM Stress Management 17	10:00 AM Virtual Interviews 18	10:00 AM Disability in the Workplace 19
10:00 AM Resumes I  25	10:00 AM LMI General 1:00 PM Resume II 26	10:00 AM Competitive Job Search 1:00 PM Self-Esteem 27	10:00 AM Interviews I 1:00 PM Interviews II 28	 29



To register please contact
902-864-7520 or
staff@opportunityplace.ca

Workshop Descriptions

<p>Career Planning Develop a self-inventory by evaluating your skills, abilities, interests and work values.</p>	<p>Managing Change / Coping with Job Loss Examine how change affects employability and develop strategies to cope with the challenges of being between jobs.</p>
<p>Disability in the Workplace This workshop provides helpful tips for disclosing a disability, as well as requesting workplace accommodations. The rights and responsibilities of employees and employers are also discussed.</p>	<p>Interviews Part 1 & 2 Open, manage, and close an interview – learn appropriate responses to difficult interview questions. Learn how to respond with confidence to behavioral and situational interview questions.</p>
<p>Resumes for Results Learn how to construct visually appealing and targeted resumes and cover letters that will get noticed by employers. Learn about formatting and how to market your skills.</p>	<p>Virtual Interviews New to virtual interviewing? We can help you prepare! Learn tips and strategies for the technical set-up, professional presentation and planning for the unexpected.</p>
<p>Exploring Self-Employment as A Career Option Have you ever thought of creating your own employment? This workshop will introduce you to the pros and cons of self-employment, as well as tools and resources.</p>	<p>Competitive Job Search Strategies Put yourself in an employer's shoes and gain insight on how jobs are filled in today's labour market. Find out about the hidden job market and how to get your foot in the right doors.</p>
<p>SMART Goals A successful job search is more than knowing what you want to do; you need a plan on how you will get there. SMART goals put you on the path to success by creating clarity, focus and intention for reaching your ideal career.</p>	<p>Workplace Success Learn how to maintain employment and be successful in the workplace. Gain a better understanding of employer expectations and the qualities required to be a successful employee.</p>
<p>Labour Market Information Examine the trends in the labour market to make informed decisions about your job search and employment path.</p>	<p>Self-Esteem Learn how to sell yourself and explore the process of building self-esteem. This workshop will help you to measure your self-esteem, and to develop self-esteem boosters.</p>
<p>The Confident Job Seeker Learn how to gain self-confidence that will create positive impacts in your job search. Using discussions and exercises learn the sources of low self-confidence and the steps to building self-confidence.</p>	



WEBINAR

Social Media Job Search

Learn the role of social media as a way to connect with companies and individuals. This workshop will provide an overview of how to use social media effectively in your job search to uncover potential job leads.

FRIDAY, FEBRUARY 12TH
10:00 - 11:00 AM

Call or email to register: 902-864-7520 or staff@opportunityplace.ca



Webinar - Workplace Success

Thursday, February 4th at 1:00 PM

Learn how to maintain employment and be successful in the workplace. Gain a better understanding of employer expectations and the qualities required to be a successful employee.

Call or email to register
902-864-7520
staff@opportunityplace.ca



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CONFIDENT JOB SEEKER

Wednesday, February 3rd 1:00 - 2:00 PM

Learn how to gain confidence that will create positive impacts in your job search. Using discussions and exercises, learn the sources of low self-confidence and the steps for building self-confidence.



Call or email to register: 902-864-7520 or
staff@opportunityplace.ca

AFRICAN HERITAGE MONTH 2021

BLACK HISTORY MATTERS



<p>1605ca</p> <p>Mathieu deCosta in Nova Scotia with French explorers deMonts & Champlain first record of a Black man in the region now called Canada.</p>	<p>1783</p> <p>3300 free Black Loyalists arrive in Nova Scotia, the first major group of Black settlers in the province of Nova Scotia.</p>	<p>1784</p> <p>Canada's first race riot in Shelburne, Nova Scotia.</p>	<p>1792</p> <p>About 1200 Black Loyalists leave Nova Scotia for Sierra Leone, Africa. In response to unfair treatment and hardships, they founded Freetown.</p>	<p>1796</p> <p>Around 550 Maroons from Jamaica arrive in Halifax.</p>	<p>1800</p> <p>Many Maroons were removed from Nova Scotia and sent to Sierra Leone in Africa.</p>	<p>1813-1815</p> <p>Approximately 2000 Black Chesapeake Bay refugees from the War of 1812 arrive in Nova Scotia.</p>	<p>1821</p> <p>95 Chesapeake Bay migrants relocate to Trinidad & settle there to live.</p>	<p>1833</p> <p>Britain officially abolishes African Chattel Slavery in entire British Colonial Empire.</p>	<p>1854</p> <p>African United Baptist Association, officially organized, many churches were established around the province that exist today.</p>	<p>1857</p> <p>William Hall of Horton's Bluff awarded Order of Victoria Cross, first Canadian sailor and first Black person to achieve this honour.</p>		
<p>1916-1918</p> <p>No. 2 Construction Battalion was formed during WWI. Canada's first and only all-Black military regiment.</p>	<p>1918</p> <p>Glouce Bay UNIA (United Negro Improvement Assoc.) Hall was built, founded by Marcus Garvey and is the only one still in existence in Canada.</p>	<p>1920</p> <p>Hundreds of Caribbean migrant workers venture to Nova Scotia to settle in Cape Breton to work in steel factories and coal mines.</p>	<p>1945</p> <p>The N.S. Association for the Advancement of Coloured People (NSAACCP) founded.</p>	<p>1954</p> <p>Legal segregation of schools ended in N.S.</p>	<p>1969</p> <p>The Black United Front of Nova Scotia's provincial organization, begins operation.</p>	<p>1983</p> <p>Black Cultural Centre for Nova Scotia opens in Cherry Brook, N.S.</p>	<p>1984</p> <p>Davrene Lewis is voted in as Mayor of Annapolis, the first Black female mayor in Canada.</p>	<p>1990</p> <p>Donald H. Oliver becomes African N.S. Senator in Canada.</p>	<p>1993</p> <p>Wayne Adams elected first Black cabinet member in N.S. provincial politics.</p>	<p>1997</p> <p>Gordon Earle becomes first Black N.S. elected as a member of Parliament in Canada.</p>	<p>2006</p> <p>Meynard E. Francis of Whitney Pier, Cape Breton is appointed Lt. Governor of Nova Scotia, the first Black woman in history.</p>	<p>2018</p> <p>Bank of Canada Releases - Bank note in recognition of Civil Rights Leader and entrepreneur Viola Desmond.</p>

LISTEN • LEARN • SHARE • ACT



For More Information Visit: ahm.bccnswb.com

The Opportunity Place (OPRA) Board of Directors is committed to respecting, fostering, and supporting diversity and inclusion at Opportunity Place within its leadership and governance.

Opportunity Place is sponsored by the Opportunity Place Resource Association (OPRA) -- a volunteer, not-for-profit association. OPRA believes that respect must be demonstrated by its leadership. Diverse and inclusive perspectives in decision-making produce better decisions.

An organization which reflects the diversity of the many networks, groups, and communities within a framework of respect, equity, sensitivity, and competency in all aspects will be more effective in serving and working within those communities.

Opportunity Place is funded through the Canada-Nova Scotia Labour Market Development Agreement under the direction of Employment Nova Scotia.

