

# Strong Interest Inventory Workshop 1 Oct. 16, 2020

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MSVU Career Services  
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# Introduction

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## **Introduction to Strong Interest Inventory**

- How can the SII help me?
- Taking the assessment – what should I keep in mind?
- Next steps

# How does it work?

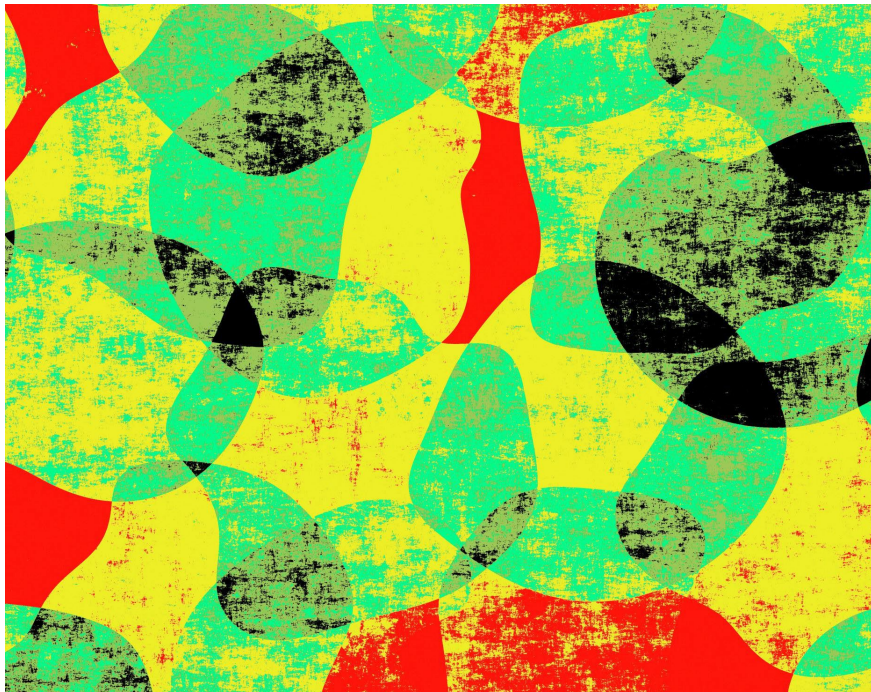
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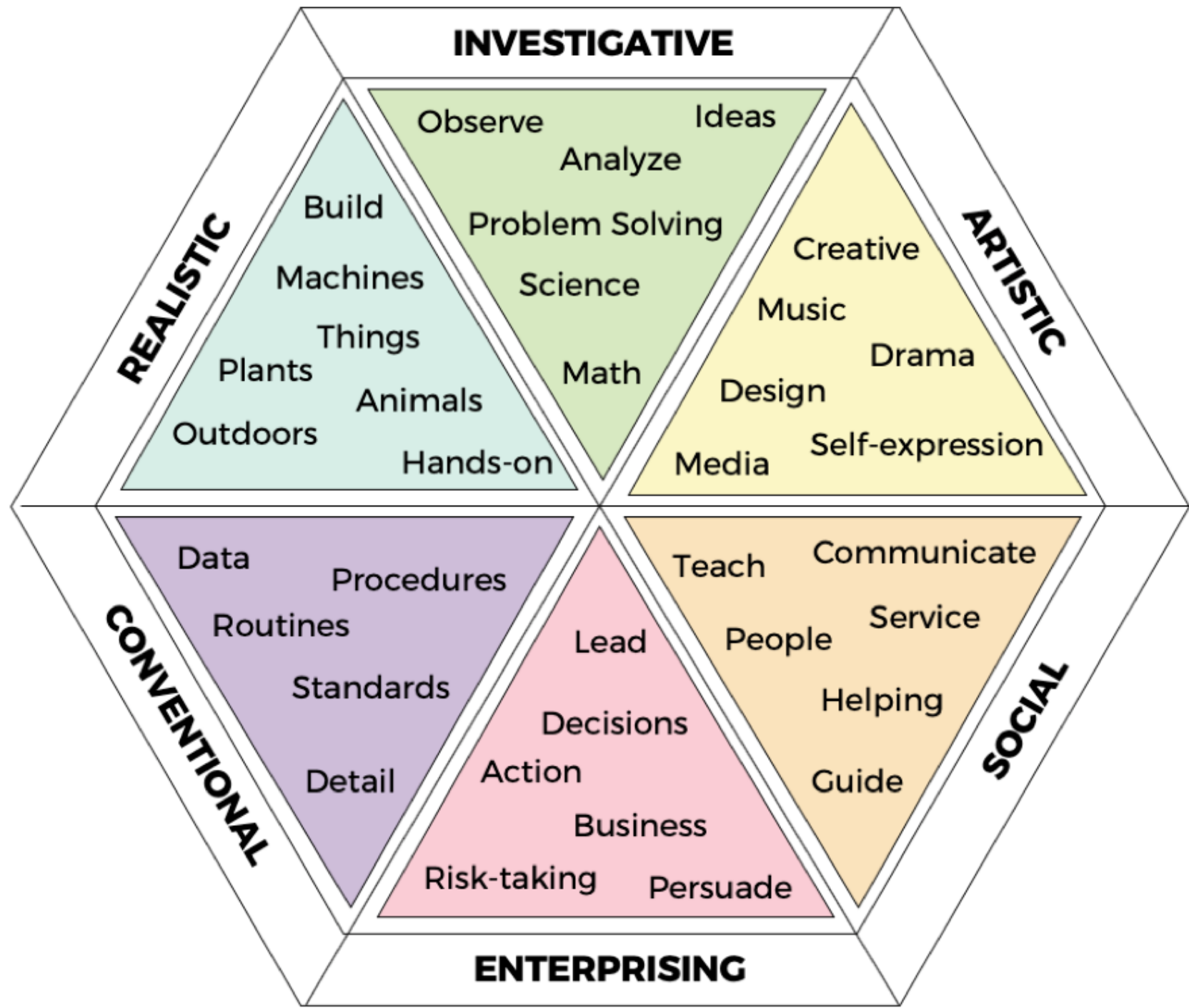
- The SII measures **interests**, not skills or abilities. **Your critical thinking** will be important as you interpret the results (results which can help guide you toward rewarding careers, work tasks, education programs, and activities for fun)
- Managing your career path is a series of decisions made over a lifetime. Remember, you'll have new information at each step in your career path that will help you make informed decisions!

# How does it work?

The SII describes your interests, work activities, potential skills, and personal values in 6 themes:

- Realistic (R)
- Investigative (I)
- Artistic (A)
- Social (S)
- Enterprising (E)
- Conventional (C)







# Holland Hexagon

With countless career opportunities, John Holland's Model of Occupational Themes organizes interest areas to help you find compatible work environments.

# The results can help you

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- Choose a career field or specific job
- Explore educational options
- Identify potentially satisfying work environments
- Become more aware about the ways you like to work and study
- Generate ideas for volunteer and extracurricular activities

# Taking the Strong Interest Inventory

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- **Respond as ‘just you’** – not the person or professional you want to be or who friends and family may perceive you to be
- Respond intuitively – pick your answers fairly quickly and go with your gut instinct. There really is no right or wrong
- Assessment takes about 20 minutes online. \*Contact Kyla [kyla.friel@msvu.ca](mailto:kyla.friel@msvu.ca) for support, if needed



# Career Services

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Use CAREER CONNECTS [careerconnects.msvu.ca](https://careerconnects.msvu.ca) to book your appointment or call 902-457-6139:

- One-on-one Strong Interest Test interpretation
- Career counselling
- Cover letter, resume, LinkedIn, or online portfolio feedback
- Interview coaching

\*Did you know? Career Connects also displays on campus and off campus jobs and your Co-curricular Record