

Mount Saint Vincent University  
Writing Resource Centre

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**Handout Topic: *Which or That?***

*Which* and *that* are often confused when used as relative pronouns introducing adjective clauses (although both may be used in other ways also). For example, in the following sentence, would you use *which* or *that* to fill in the blank?

**e.g.** The office \_\_\_\_\_ is next to the elevator is mine.

If you mean to specify (perhaps among several other offices) which office is yours, then you should use *that*. If, however, it is already clear from the context which office is yours, and the information you are adding about it being next to the elevator is simply extra information, you should use *which*.

The answer, then, really depends on what you mean to say, and so either *which* or *that* are possible in this example. But this is not always the case. As a rule, *which* should be used to introduce nonrestrictive clauses, and *that* should be used to introduce restrictive clauses. Grammar guides are starting to allow *which* to be used in both the restrictive and nonrestrictive sense (while still reserving *that* for restrictive cases), but for most academic writing, it is best to follow the traditional guidelines.

A nonrestrictive clause is essentially supplying non-essential information, while a restrictive clause is supplying information necessary to the meaning of the sentence.

**e.g. #1** The chair, which is my father's favourite, was found downstairs in the basement.

**e.g. #2** The chair that is my father's favourite was found downstairs in the basement.

The way the clauses in the above sentences are written changes the way the sentence is read. Because *which* clauses are nonrestrictive, we know that the information about the chair being the father's favourite in the first example (#1) is non-essential. When the clause is introduced by *that*, however, it becomes restrictive. This changes the meaning of the sentence and indicates that it is necessary to specify which chair is being referred to (perhaps there were other chairs found downstairs as well). The second example suggests we could not identify the chair being referred to without knowing it was the father's favourite; the first example is simply providing more information about the chair.

Notice that nonrestrictive clauses beginning with *which* are set off with a pair of commas (or a single comma if the clause appears at the end of the sentence).

**e.g.** The study rooms, which were locked at night, saw a lot of use during the exam period.

**Exercises:** Use a *which* (plus commas if necessary) or *that* in the blanks below.

1. A copy of the *APA Manual of Style* can be found in the Writing Resource Centre, \_\_\_\_\_ is located at Evaristus 219E.
2. The car repairs \_\_\_\_\_ were essential cost me over \$350.
3. The teams \_\_\_\_\_ won their final game were awarded medals
4. Many of the textbooks \_\_\_\_\_ could not be reused were thrown into the trash.
5. The Winter Olympics \_\_\_\_\_ occur every four years were a huge success in 2006.