



Co-operative education (co-op) allows you to complete three, four month work terms in your field of study. Before graduation, you will gain one year of relevant work experience. Work terms are paid with non-profit, corporate and/or government organizations.

During each co-op term, you will work for a minimum of 13 weeks/35 hours per week. Co-op terms allow you to apply the theoretical concepts you learned in class to practical career-related situations. Many co-op positions are located outside of the Halifax-metro area, so you may have the opportunity to explore other parts of the country during your co-op work terms.

### TYPICAL WORK TERM SEQUENCING

	SEPTEMBER — DECEMBER	JANUARY — APRIL	MAY — AUGUST
Year 1	Academic 1	Academic 2	<b>Co-op 1</b>
Year 2	Academic 3	Academic 4	<b>Co-op 2</b>
Year 3	Academic 5	Academic 6	<b>Co-op 3</b>
Year 4	Academic 7	Academic 8	

### GRAD SURVEY RESULTS

- More than 85% of recent co-op grads are employed in their field of study
- 97% said they felt prepared for the workforce after completing co-op and were satisfied with the program
- 90% said co-op was effective in helping secure full-time employment
- Over 50% of recent co-op grads made a starting salary of at least \$35,000



My final two work terms were in a hotel setting where I continued employment throughout the school year. Through co-op, I can say that I have almost six years experience in the industry compared to none when I first started at the Mount”

~Tiffany Thibeau, BTHM, 2012

### TYPICAL TOURISM CO-OP POSITIONS

- Guest Service Agent
- Room Attendant
- Banquet Server
- Reservations Agent
- Food & Beverage Server
- Bell Person

### BENEFITS OF CO-OP

- One year of relevant work experience
- Gain job-search, resume writing and interviewing skills
- Industry contacts with potential employers
- Personal and professional confidence
- Competitive edge when looking for a full-time job
- Co-op earnings offset tuition fees
- Opportunity to travel to other provinces
- Ability to “test drive” different industry sectors