

Who better to talk to about your co-op experience than someone who has already been through it?

The Mount Co-op Office is excited to launch the Co-op Peer Mentor Network. Peer Mentors are students who have graduated and have completed three co-op work terms. They are ambassadors of the program and happy to answer any questions you may have about the co-op process – from job applications to questions about being in the workplace. Are you looking to learn more about a particular organization? Or maybe you would like to get advice on your cover letter? Peer Mentors are here to support you.

The co-op experience is exciting but can also be nerve-wracking at times. In addition to the supports offered by co-op staff members, Peer Mentors have first-hand experience navigating the co-op world and can offer advice and guidance to you. If you are interested in connecting with a Co-op Peer Mentor, check out the Co-op Moodle site.

\*Important Note: Peer Mentors are not able to advise students on topics related to academic programming, sequencing, co-op tuition or workplace issues, such as harassment, discrimination or other serious offenses. Co-op students are advised to contact the Co-op Office at co-op@msvu.ca or by phone 902-457-6139 in these cases.