

Online Workshops for Health Care Professionals on Family and Friend Caregivers



The **Nova Scotia Centre on Aging** is pleased to announce two new online workshops. These workshops are intended to help health care professionals be better equipped to support family and friend caregivers.

“I wasn’t aware of that!” Examining the realities of family and friend caregivers and our approaches to working with them

This workshop assists health care professionals to better understand the realities of family and friend caregivers. Participants will assess their values and beliefs with regard to family caregiving, examine caregiving issues, and leave with insight about how to modify their practice to better support caregivers.

Mastering the C.A.R.E. Tool

The workshop provides health care professionals with the theoretical and practical tools needed to consider integrating caregiver assessment into daily practice. Participants will become familiar with the C.A.R.E. Tool, a tool designed to support practitioners’ understanding of the realities and experiences of family and friend caregivers.

Workshops are facilitated by an expert in family and friend caregivers, Nancy Guberman. Ms. Guberman is a retired professor of Social work at the Université du Québec à Montréal. She has been involved in research in caregiving for more than 25 years and is internationally recognized as a leader on the subject. Each workshop is approximately 8 hours and incorporates both “real” time and self-directed components. Each workshop is a distinct learning opportunity and participation in one is not dependant on the other. A Registration fee will be charged. Access to an up-to-date computer is required.

Registration is ongoing for each workshop until sufficient numbers are achieved to offer the workshop.

For more information contact:

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