

## What can I do with my degree in...Bachelor of Arts or Science, Psychology?

### Knowing What's Expected

If you possess the skills to systematically gather, analyze and interpret data, design and conduct experiments as well as work collaboratively to conduct research, you will enjoy the options that a Psychology Major affords.

Jobs in this field require the ability to perform a wide variety of analytical functions.

You will be required to identify criteria for assessing solutions, speak effectively to groups and individuals, and critically evaluate information against standards.

### Transferable skills

- ❖ Strong "people" skills
- ❖ Excellent interpersonal skills
- ❖ strong communication skills
- ❖ Compassion
- ❖ Research and analytical abilities,
- ❖ Planning and development
- ❖ Understanding of human behavior, ability to describe, understand, predict, and modify behavior

### Your Choices

With your insight into the human mind, you could do just about anything. Psychology is fundamental to nearly everything we do, and the degree is among the most versatile in the job market.

A Psychology Major opens the door to many areas. As a result, you may pursue occupations in health services, education, business and public administration.

Further education in some fields is a requirement.

### Careers for Psychology Majors

- ❖ Psychologist
- ❖ Crisis Worker
- ❖ Program Manager
- ❖ Residential Counselor
- ❖ Rehabilitation Aide
- ❖ Parent Counselor/Educator
- ❖ Clinical Director
- ❖ Community worker
- ❖ Employment counselor/Advisor
- ❖ Psychiatrist
- ❖ Research assistant
- ❖ Social worker
- ❖ Therapist
- ❖ Labor Relations Specialist
- ❖ Recreation Specialist
- ❖ Training Specialist
- ❖ Teacher/Professor
- ❖ Insurance Broker/Agent
- ❖ Marketing Representative

\*Graduate degree is needed to be a Psychologist

### Necessary Skills

- ❖ Leadership
- ❖ Facilitating
- ❖ Written and oral communication skills
- ❖ Problem solving

## What Employers Want

Contributions you make to your community reflect well on you as an individual. Employers are looking for students who are dedicated hard working, and show a commitment to their interests.

By getting involved in on-campus societies i.e. Psychology society (see-[www.mountstudents.ca](http://www.mountstudents.ca)) and volunteering Early, you will not only show credibility in your area of interest but also a willingness to work towards goals.

### Associations/Websites

Why join now? Professional associations are a great way to network within your field of study. Not only do these organizations help get you connected, they also help keep you well-informed. Many also have discounted student membership rates.

- ❖ Canadian Psychological Association  
<http://cpa.ca/>
- ❖ Association of Psychologists of Nova Scotia (APNS)  
[www.apns.ca](http://www.apns.ca)
- ❖ Canadian Counseling Association  
[www.ccacc.ca](http://www.ccacc.ca)
- ❖ Nova Scotia Association of Counseling Therapists  
[www.nsact.ca](http://www.nsact.ca)
- ❖ Ontario Psychological Association —  
[www.psych.on.ca](http://www.psych.on.ca)
- ❖ All Psychology Schools —  
[www.allpsychologyschools.com](http://www.allpsychologyschools.com)

## Available Reference Materials

### *What To Do With Your Degree*

- ❖ Psychology (Refer to yellow binder)
- ❖ Great Jobs for Psychology Majors

### *Occupation Information*

- ❖ Opportunities in Training and Development Careers
- ❖ [www.careercruising.com](http://www.careercruising.com)

### *Directories*

- ❖ Halifax Directory of Community Services
- ❖ Who's Hiring
- ❖ Business Directory for the Metropolitan
- ❖ Halifax Chamber of Commerce
- ❖ Canadian Career Directory

## Job Searching

### *Job Hunting Websites*

- ❖ [www.msvu.ca/careerplanning](http://www.msvu.ca/careerplanning)
- ❖ Career Beacon  
[www.careerbeacon.com](http://www.careerbeacon.com)
- ❖ Government of Canada  
<http://jobs.gc.ca>
- ❖ Nova Scotia Public Service Commission  
[www.gov.ns.ca/psc/services/employ](http://www.gov.ns.ca/psc/services/employ)
- ❖ Halifax Herald  
[www.jobspress.com](http://www.jobspress.com)
- ❖ Atlantic Canada Jobs & Employment  
[www.atlanticjobs.com](http://www.atlanticjobs.com)
- ❖ Canadian Security Intelligence Service (CSIS)  
[www.csis-scrs.gc.ca](http://www.csis-scrs.gc.ca)
- ❖ Charity Village  
[www.charityvillage.ca](http://www.charityvillage.ca)

### For More Information Visit:

[www.msvu.ca/careerplanning](http://www.msvu.ca/careerplanning)  
Career Planning Services  
Evaristus Hall, Room 218  
Mount Saint Vincent University  
Halifax, Nova Scotia, B3M 2J5  
Tel: 902.457.6567 Fax: 902.445.2201  
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