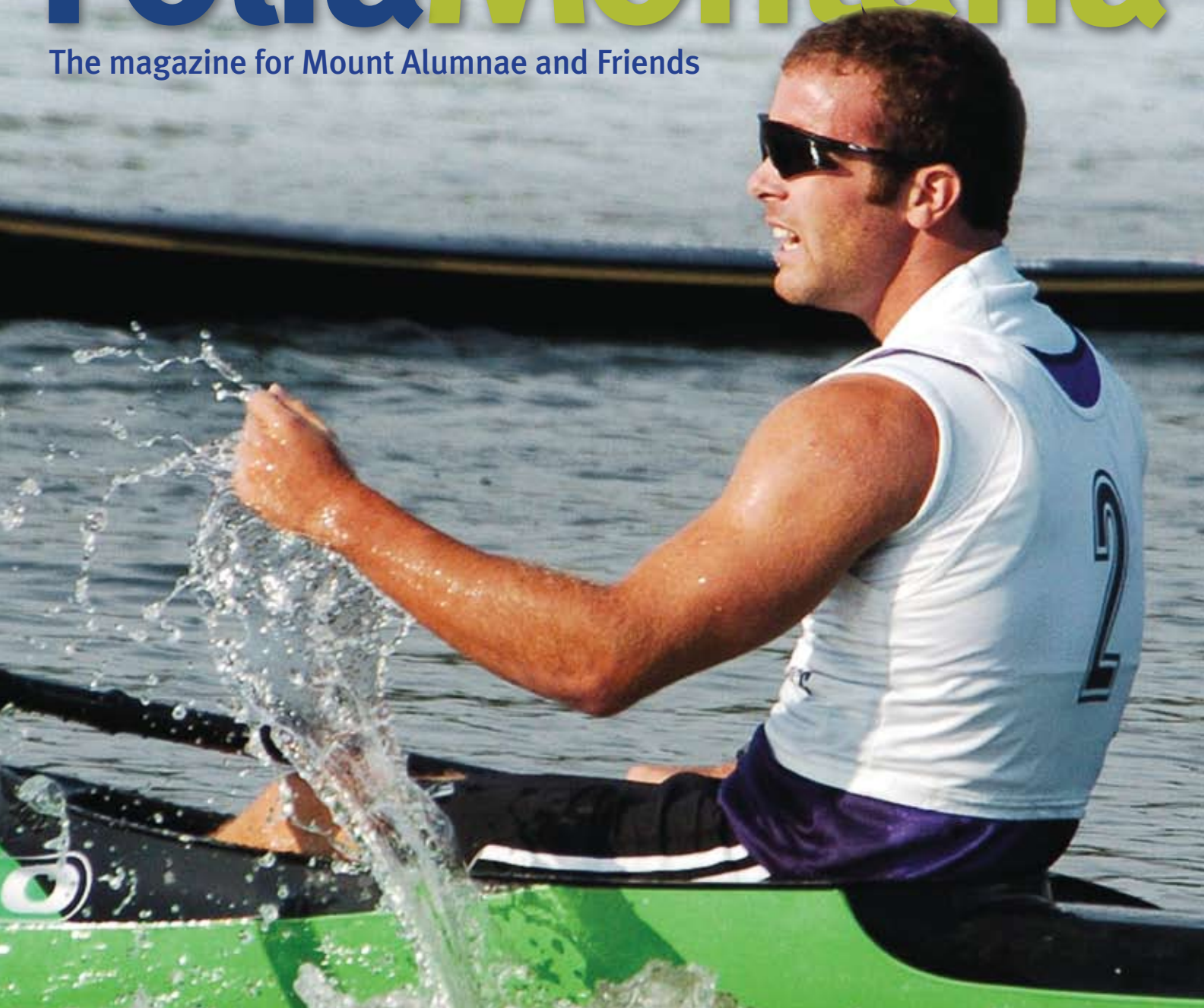


Fall 2009

# FoliaMontana

The magazine for Mount Alumnae and Friends



## Going the Distance

*Ryan Cochran Moves Forward with Distance Education*





Study where you want,  
when you want.

[msvu.ca/distance](https://msvu.ca/distance)



# Contents

**3** The Mount Welcomes Alexa McDonough

**7** Campaign Update

**8** Book Club

**10** Going the Distance

**18** Alumnae Weekend 2009

**22** Gatherings and Celebrations

**25** Class Notes

## Feature Story



### On the Cover

Champion paddler and Mount student Ryan Cochrane

## Receive *Folia* via Email

Would you like to receive *Folia Montana* in your in-box rather than your mail box? Would you prefer to flip the pages with a click of the mouse?

A digital edition of *Folia Montana* is now available using 'page-flipper' technology. Please contact us at [alumnae@msvu.ca](mailto:alumnae@msvu.ca) and next time *Folia* is published, we will send you an email with a link to the latest issue.

# FoliaMontana

The magazine for Mount Alumnae and Friends

### EDITOR

Donna Redmond Gates, BPR '95

### UNIVERSITY ADVANCEMENT

Associate Vice-President, Advancement:

Jone E. Mitchell, CFRE

Administrative Assistant: Erin Hemeon

Manager, Alumnae Relations: Shani Pearson

Program Coordinator, Alumnae Relations:

Beth Pyesmany Arsenault

Manager, Development: Lori Scott, BPR '86

Program Coordinator, Development:

Debbie McIntosh, BPR '95

Campaign Researcher/Communications

Coordinator: Lana Neil, BBA '06

Campaign Assistant: Michelle Innes

Information Analyst:

Michael Delaney, BAA(IT) '08

Records Clerk: Kathryn Baker

### CONTRIBUTORS

*Building Tomorrow Together*

MSVU Archives

MSVU Public Affairs

MSVU University Advancement

*Folia Montana* maintains and strengthens the connection among alumnae, friends and the University through coverage of newsworthy accomplishments, discussion of campus issues, information on Alumnae Association activities, and the sharing of class notes. It appears twice a year. The digital edition is posted on the University's website at [www.msvu.ca/alumnae](http://www.msvu.ca/alumnae).

### PRODUCED BY

Alumnae Relations, University Advancement

Mount Saint Vincent University

### DESIGN AND PRODUCTION

Cathy Little

### DIGITAL IMAGING, PREPRESS FILM & PRINTING

Transcontinental Printing

### CONTACT US

Alumnae Relations,

University Advancement

Advancement House

Mount Saint Vincent University

Halifax NS B3M 2J6

T: 902.457.6470

T: 1.888.MSV.ALUM (1.888.678.2586)

(Toll Free in Canada/USA/Bermuda only)

F: 902.445.3962

E: [alumnae@msvu.ca](mailto:alumnae@msvu.ca)

W: [www.msvu.ca/alumnae](http://www.msvu.ca/alumnae)

Publication Agreement Number 40063269



# EDITOR'S NOTE



## President's Message

Alexa McDonough, MSW, DHumL  
Interim President and Vice-Chancellor

On August 27, I was privileged to assume the role of Mount Saint Vincent University's Interim President and Vice-Chancellor. Kathryn Laurin, after leading the Mount through a vigorous three-year strategic planning process, and the launch of our *Building Tomorrow Together* capital campaign, has relocated to the west coast to take up the presidency of Camosun College in Victoria. We are grateful for Kathryn's capable leadership during her years at the Mount, and I know you join me in expressing warmest wishes for every success and fulfillment in her new role.

I am honoured to follow in the footsteps of the outstanding women who have served as Mount presidents throughout the history of this inspirational institution. In my early weeks on campus, I have been encouraged by the commitment, positive energy, and talent exhibited by students, staff, faculty, administrators, and community volunteers who make up the Mount community.

As a Mount alumna, I look forward to working with you. Through solid team work, I am confident we can overcome the challenges we face in this period of economic uncertainty, and deliver on our commitment to create the best possible learning experience for our students who have placed their trust and confidence in us to help them fulfill their hopes and dreams for the future.

Alexa McDonough, MSW, DHumL

A new academic year and a new look for *Folia Montana*. We are really proud of our evolving design and hope you are too. The new cover design demonstrates just how *Folia* is progressing. It's our aim to be informative, entertaining and beautifully done – all with the goal of keeping you connected.

And, keep an eye out for the Mount's new website at [www.msvu.ca](http://www.msvu.ca). The post-secondary market is so competitive, especially in this economy. This is such a critical tool for the recruitment of perspective students, the retention of current students and another source of pride for our alumnae.

Donna Redmond Gates, BPR '95

## SEND LETTERS TO THE EDITOR

We welcome feedback on any aspect of *Folia Montana*, comments on issues that pertain to Mount alumnae, or your experience at the Mount. Letters to the editor may be edited.

Please direct correspondence to:  
Editor, *Folia Montana*  
c/o Alumnae Relations  
Advancement House  
Mount Saint Vincent University  
Halifax NS B3M 2J6  
F: 902.445.3962  
E: [alumnae@msvu.ca](mailto:alumnae@msvu.ca)

### CORRECTION

In the Spring 2009 issue, Helen Domshy was incorrectly identified as a BSc '61 alumna. This should have read BSc '67. Our apologies for this error.

## The Mount Welcomes

# Alexa McDonough

Earlier this fall, the Mount community was thrilled when Alexa McDonough, DHumL '09, joined the University as its Interim President and Vice-Chancellor. She will hold this position until August 2010. The Mount had previously recognized McDonough with an Honorary Degree at the Spring 2009 convocation.

Well known in the Maritimes as well as on the national stage, McDonough began her career in the field of social planning for the City of Halifax. There, she was deeply affected by the events of the demolition of Africville and the relocation of its residents. McDonough raised her voice in support of the displaced community, an early indication of her great concern for social justice. From there she moved


to a position as a professor at the Maritime School of Social Work, and later worked as a social policy researcher.

In 1979, McDonough made the life-changing decision to enter the political world. She sought and won the leadership of the Nova Scotia New Democratic Party in 1980, and was elected to the Nova Scotia legislature the following year. She would lead her party for the next fourteen years. She was instrumental in fighting for, and winning, the first ban on extra billing in Canada. McDonough also championed worker health, safety improvements, human rights protections and pay equity.

She moved to the national political scene in 1995, becoming the Leader of the New Democratic Party of Canada, and the first woman to lead a recognized political party in Canada. She was elected as the Member of

Parliament for Halifax in 1997 and became the first woman to win four consecutive terms.

Throughout her political career, she actively encouraged women to enter public life, including her support for the Women In House program organized by Mount Political Studies students. For those various efforts, she has received numerous national awards for her work on peace, human rights and social justice.

As the Mount's interim president, McDonough will work closely with members of the senior administration team, supporting them in their efforts around the overall management of the University. She will also lead the ongoing implementation of the University's Strategic Plan, *Destination 2012*, and play an integral role in the Mount's Capital Campaign, *Building Tomorrow Together*. 

# Destination 2012

## Putting the Plan into Action



*Jeff Hollett, Associate Vice-President, Student Experience*

As part of *Destination 2012*, the Mount's strategic plan, a new role has been created — Associate Vice-President, Student Experience. Jeff Hollett assumed the role in July of 2009 and is committed to improving the overall student experience at the Mount as well as enrolment management.

Hollett was previously Assistant Vice-President Student Services at Mount Allison University. There, he was responsible for International activities and for admissions and recruitment. Hollett has also held similar roles at Unitec New Zealand and Murdoch University in Australia. Hollett brings passion and commitment to the new position of Associate Vice-President, Student Experience. He is known for getting results and places high priority on the interests of students.

"A constant in all healthy post-secondary institutions is the desire to strengthen its student selection, engagement and retention programming," said Hollett. "Leading institutions redefine themselves by continuously refining their approaches in these areas."

This summer, Hollett led a committee aimed at stepping up recruitment efforts for the month of August. Working closely with the Students' Union, Admissions, the Registrar's Office, University Advancement, Distance Learning and Public Affairs, a number of initiatives were executed to target students who might have thought it was too late to enroll. The "It's Never Too Late" campaign saw a direct increase in admissions inquiries in the weeks it was rolled out.

## NEW NANCY'S CHAIR APPOINTED



Dr. Rita Deverell, CM has been appointed as the 12<sup>th</sup> Nancy's Chair in Women's Studies. Dr. Deverell assumed the two-year position in July of 2009. Her distinguished career has included work as an academic, broadcaster, television producer/director, journalist, arts administrator and theatre artist. Dr. Deverell holds a BA in Philosophy from Adelphi University, an MA in History of Religions from Columbia University and an EdD in Curriculum from OISE at the University of Toronto. She was the first woman to lead a journalism program in Canada in her role as Director of the School of Journalism at the University of Regina in the 1980s. She recently completed her term as head of news and current affairs at the Aboriginal People's Network and is a founding member of Vision TV, the world's first multi-faith and multicultural network.

Dr. Deverell was recognized in 2005 with an Order of Canada for her pioneering work in journalism. She is the author of several screenplays for which she also served as producer and director. She has held visiting professorships at the University of Western Ontario and New York University.

The Nancy's Chair in Women's Studies, was established at Mount Saint Vincent University in the mid-1980s. Endowed by well-known Toronto-based feminist and philanthropist Senator Nancy Ruth, DHumL '89, the Chair raises awareness of women's issues by bringing to campus distinguished scholars in women's studies and activists who have contributed to the advancement of women.

The presence of the Chair adds substantially to the intellectual strength of women's studies at the Mount and in the Atlantic region. Duties associated with the Chair include teaching, research, and delivering public presentations on campus and around the Atlantic provinces.



## A University and a Community

The Mount is a small university with a global outlook. Our unique sense of community and personalized approach to education sets us apart from other universities in the region.

Find out more here.



Not sure where to start? Tell us who you are.



### Future Student

- International student info
- High school student info
- Transfer student info



### Current Student

- Graduate student info
- Distance Education courses
- Awards & Scholarships



### Community Member

- Tuition
- Athletics & Recreation
- Students' Union



### MEDIA RELEASE Open Summer Institutes 2009

Since 1989, the Faculty of Education at Mount Saint Vincent University has provided opportunities through the Summer Institutes offerings.



### STUDENT PROFILE | VIEW ALL PROFILES Mount Grad appointed Brisbane Student Ambassador

Mount alumnae Maria McDougall's degree in Tourism and Hospitality Management with a concentration in Tourism Development and her love for travel have led her to the Australian city of Brisbane.



### STUDENT PROFILE | VIEW ALL PROFILES Third win for the Mount's student branch of the CAFF

For the third year in a row, Mount students have come up on top at the National Canadian Association of Foodservice Professionals (CAFF) Conference held in Calgary in June.



### EVENTS | IMPORTANT DATES

October 12, 2009  
**Thanksgiving Holiday**  
Important Dates for Students

More events >

Campus Tour [View all videos >](#)

Student Guide [View the 00/10 guide >](#)



#### More resources:

- Tuition fees
- Accommodations
- Financial aid
- Books

#### See in Halifax:

- Transportation
- Bars & restaurants
- Historic sites
- Maps



### Building Tomorrow Together

The Mount has adopted a new vision: to become the national leader in creating the best university experience for all members of our community and in developing thoughtful engaged citizens.



### Athletics & Recreation

The Mount Fitness Centre is not just here for the faculty and students of Mount Saint Vincent University, we're here for the entire community.



### Art Gallery

Opened in 1971, the Art Gallery exists as a resource to the Mount, communities served by the University, artists and art publics everywhere.

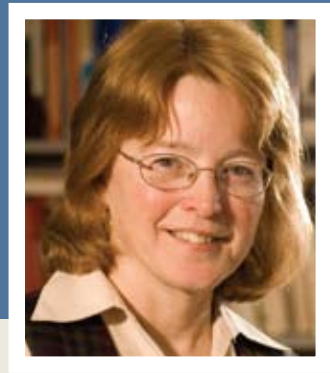


- Intranet
- Contact Us
- Sitemap
- Privacy Policy
- Disclaimer
- Student Webmail
- Moodle
- Web Advisor
- Groupwise
- Remote Access

Later this year, the Mount will launch a new look for our web site. At the top of the page will be an alumnae section with a drop down list making it easy to update your contact information, find details about alumnae events and view our photo gallery. Also on the new home page is a 'Donate Now' button. This makes supporting the Mount even easier. Click on the Donate Now button, make your gift and a charitable receipt will be issued to your email address within minutes. It's fast and secure.

The web continues to be one of the most important marketing tools for student attraction and retention so it is critical that our web presence should be dynamic, informative and even entertaining. This refresh was a huge effort that involved each department and many faculty and staff.

# Mount Professor Receives Prestigious Award for her Contribution to Co-operative Studies



Dr. Leslie Brown, Professor, Department of Sociology & Anthropology, and former board member of the Canadian Association for Studies in Co-operation (CASC), was recently presented with the Merit Award for Exemplary Contributions to Co-operative Studies in Ottawa. CASC is a not-for-profit, volunteer based association, which focuses on local and international studies of all facets of co-operation and co-operative organizations. Her focus on teaching and student training, as well as her contribution to the advancement of knowledge through publications and research, has greatly benefited CASC.

“It was a complete and wonderful surprise,” she said. “I greatly admire those who have received the award in the past, and it is an honour to join in their company.”

A member of CASC since 1985, she has played an important role in introducing new members to the organization, has been active on the scholarship committee, and was involved in most of the annual conferences.

Dr. Brown’s research has focused on organizational democracy, social cohesion, community development, and co-operative identity. Most recently she has been involved in researching the ways co-operatives and credit unions conduct social and ethical accounting, auditing and reporting. In addition, Dr. Brown researches the ways social reporting can be used by co-operatives to further their ability to meet their social and environmental commitments.

## MOUNT NAMES WOMEN’S BASKETBALL COACH



Mark Forward, BBA ’93, has been named Athletics Officer and Head Coach of the Mount Mystics Women’s Basketball team. He has held the position of Assistant Coach with the Mount’s men’s program for the past nine years. In 1991, he was named the University’s first CCAA All Canadian as a student.

Before coaching full-time, Forward had a successful career as Operations Manager at both IKON Business Solutions and Honeywell Building Solutions. He is certified with the National Coaching Certification Program and was Head Coach at Daltech from 1993 to 2000.

# Food for thought

For the third year in a row, Mount students have come out on top of the National Canadian Association of Foodservice Professionals (CAFP) Conference, held in Calgary in June of 2009.

The prestigious Student Branch of the Year Award is given annually to the branch that excels in certain areas. The criteria include: student body membership recruitment, educational meetings, published articles, humanitarian projects, publicity, special awards and co-operation with professional branches. There are 17 student branches across Canada vying for this award each year.

The Mount Student Branch boasts 90 members, all from the Applied Human Nutrition program. This past year, the students initiated many projects including developing a calendar with recipes promoting seasonal and locally grown foods, co-coordinating a guest speaker series and volunteering for the Ronald McDonald House/IWK Health Centre’s program Home for Dinner.





# Campaign Update



Capital Campaign Cabinet: (back row) Andrew Doyle, Greg Grice, Jeremy Neilson, Mike Foran; (front row) Gwen Haliburton, Alexa McDonough, Jane M. Smith, Michele Peveril, Janet MacMillan, Deanne MacLeod, The Hon. Myra A. Freeman, CM, ONS

"I am thrilled to be a part of the Mount Saint Vincent University family as it writes the next chapter in its distinguished history. As an educator, I can attest to the role the Mount plays in developing students who are leaders, independent thinkers and engaged citizens. The campaign, *Building Tomorrow Together*, is an investment in our students and our future."

*The Honourable Myra A. Freeman CM, ONS, DHumL '04  
Honorary Campaign Chair*

"Mount Saint Vincent University's commitment to producing great citizens is my primary reason for being involved in the Capital Campaign. My business succeeds because we have great people, not just great output, and the Mount's commitment to delivering people who know how to make a difference in our world is a cause more than worthy of support and will truly see us *Building Tomorrow Together*."

*Andrew Doyle, BPR '97  
President, Partner, Extreme Group  
Donor Recognition Chair*

"The traditional values of the Mount are ones in which I believe. The commitment to academic excellence, coupled with unique opportunities for the advancement of women are just two of the values which have encouraged me to continue as a long time friend and supporter. I am so proud to be part of the largest fund raising campaign ever at the Mount."

*Gwen Haliburton  
Honorary Alumna  
Campaign Advisor*

## Campaign Achievements

- \$50,000 pledge, a combination of two pledges from the Alumnae Association
- \$734,000, a combination of two pledges from students
- First student study abroad endowed awards
- First leadership endowed scholarship
- Largest gift ever from an individual
- Largest gift ever from a corporation
- Largest gift ever from a foundation and,
- First ever **\$1,000,000** gift!

## How to Give...

Your contribution will open the doors of the new Teaching, Learning and Research Centre, help more students realize their academic dreams through: scholarships, bursaries and awards; student research assistantships, enhanced technology and library acquisitions; and create the first Endowed Chair in Learning Disabilities in Canada.

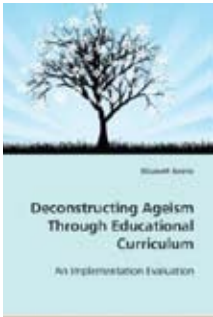
When making a donation to the *Building Tomorrow Together* campaign you can give an unrestricted gift which allows the University to direct the funds toward the areas of most need or you may designate the funds specifically toward one of our Campaign Goals.

Donate online at [www.msvu.ca](http://www.msvu.ca)  
Or contact the Department of University Advancement  
T: 902.457.6470  
F: 902.445.3962  
University Advancement  
Advancement House  
Mount Saint Vincent University  
Halifax, NS B3M 2J6

Make a gift to the Mount today  
and assist us in creating  
the best university experience  
for all members of our community.

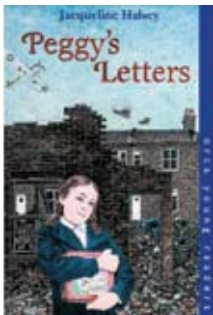
# Book Club

## Faculty and Alumnae Books



***Deconstructing Ageism Through Educational Curriculum: An Implementation Evaluation,* (VDM Verlag Dr. Müller) by Elizabeth Burton, MAFSG '02**

This educational text is suited for those studying both education and gerontology and is based on Burton's graduate thesis. The text examines a school-based curriculum designed to educate grades 3, 6 and 9 students about aging, ageism and intergenerational relations. The work discusses ageism, intergenerational programs, and how to conduct an implementation evaluation.



***Peggy's Letters,* (Orca Book Publishers) by Jacqueline Halsey, BA '94**

In the final months of World War II, ten-year-old Peggy shelters with her mother and baby brother in a London butcher's shop during an air raid. They survive, but their home and everything in it are lost, including Peggy's most treasured possession, a biscuit tin of letters from her father. Their lives change dramatically and Peggy makes friends with a boy named Spud who has a passion for scavenging bombsites, leading to more than one surprising discovery.



***A Travel in Time to Grand Pré,* (St. Clair Publications) by Michele Doucette, BCS '85, MEd '00**

This is a historically informative adventure, tying the history of the descendants of Yeshua to modern day Nova Scotia. Madeleine Sinclair feels disconnected with the era of her birth, yet aware of herself in another time period. Traveling back to 1754, she comes to learn, live and experience the lives of the French Acadian people, meeting Michel LeBlanc. Through the warm, loving and helpful guidance of fellow time traveler, Madame Pêche, she comes to understand the predetermined course of her Sinclair bloodline, beginning with Rollo the Viking, father of William Longsword, a line that is shown to be linked to the Merovingians, the Cathars and the Knights Templar (protectors of the Holy Grail).



***The Terrible Horrible Smelly Pirate,* (Nimbus Publishing) by Jacqueline Halsey, BA '94, and co-authored with Carrie Muller**

A fun, read-aloud pirate story that will be a favourite with educators. Set in the misty waters around Halifax Harbour, this fun read-aloud pirate story follows the adventures of a terrible, horrible, smelly pirate named Sydney and his friend Parrot Polly. After answering a riddle set by a tricky mermaid the rascals dig for treasure by the old lighthouse on McNab's Island.



***The Gran Plan,* (Scholastic Education 2006) by Jacqueline Halsey, BA '94**

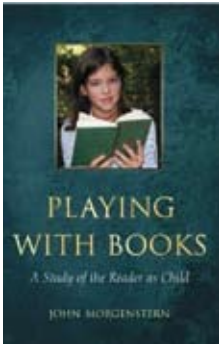
This book placed third in the 2003 Atlantic Writing Competition/ Joyce Barkhouse award for Children's Literature. Subsequently, it was published by Scholastic in the fall of 2006 as part of their Literacy Place for the Early Years, School Reading Program.



***The Cinematic Jane Austen: Essays on the Filmic Sensibility of the Novels* (McFarland Publishers) by Dr. David Monaghan,**

**Professor Emeritus, Department of English, with Ariane Hudelet and John Wiltshire**

The publishers describe the book in this way: "Jane Austen's novels are loved because they possess a comedic power that is often conveyed through the singular voice of the narrators. Film adaptations, however, have often been unsatisfactory because they lack or awkwardly render features, particularly the voice of the narrators. This work argues for a fresh approach that begins with a reading of the novels that emphasizes their auditory and visual dimensions. Building on their examination of Austen's inherently cinematic features, the authors then develop productive new readings of the films."



*Playing with Books: A Study of the Reader as Child* (McFarland Publishers) by Dr. John Morgenstern, Associate Professor, Department of English

This book is simultaneously a history of children's literature, an analysis of the modern conception of childhood, a study of the stylistics of children's literature, and a rhetorical examination of children's novels. These diverse strands together form a single thesis exploring the nature of children's play and what it reveals about children's biological nature and the nature of their literature.



*Another 'Pointe' of View: The Life & Times of a Ballet Mom* (Dreamcatcher Publishing) by P.J. Parsons, Professor, Department of Public Relations

PJ Parsons tells her story as a ballet mom and how the journey through the landscape of the elite ballet world – always as an outsider – began. When she left her son all those miles from home at Canada's National Ballet School at the age of eleven, she was unprepared for this journey that eventually taught her important lessons about preparing a child for his own path.



*Reluctant Bedfellows: Feminism, Activism and Prostitution in the Philippines* (Kumarian Press) by Dr. Meredith Ralston, Chair, Department of Women's Studies, and Dr. Edna Keeble

The authors followed the history of prostitution in former military outpost Angeles City, the women and foreign men who live by the trade and the varied organizations attempting to deal with prostitution. *Reluctant Bedfellows: Feminism, Activism and Prostitution in the Philippines* is a follow-up to a five-year development project.

## Come Back to Campus

Consider the Mount for your event and business needs. The Department of Business Services can assist you with the following:

- Facility rentals  
(meetings and special events)
- Summer accommodation
- On and off-site catering
- Printing services
- Gifts and specialty items
- Grad rings

*Discounts available on some items and services.*

Call for details:  
**902.457.6364**  
[jill.hurlbert@msvu.ca](mailto:jill.hurlbert@msvu.ca)



# Going *the* Distance

*Mount Saint Vincent University exists to transform lives through education.*

*From Destination 2012, The Strategic Plan of Mount Saint Vincent University*

Our University prides itself on its commitment to accessibility, high-quality programs and flexible learning approaches. While our campus is vibrant, we know we must extend our reach beyond its grounds.

To say that the post-secondary marketplace in Atlantic Canada – and across the country – is competitive is an understatement. With a declining population and more students finding balancing life's other demands increasingly difficult, recruitment and retention is tougher than ever.

Take Ryan Cochrane for example, a student and world-class athlete. This 26-year-old native of Windsor, Nova Scotia has been paddling since the age of seven. He recently competed in the 2009 Senior World Championships in Halifax where his team placed first in the semi finals and sixth overall.

In addition to his gruelling training schedule, Cochrane is also currently working toward completing his Bachelor of Science degree with a Major in Psychology through the Mount's Distance Education program. He is living and training in Ottawa.

"I am the kind of student who needs to attend class – even when I can't always be in Halifax," said Cochrane. "Distance learning allows me to stay connected to the Mount while I am training and competing."

In addition to his recent achievement at the 2009 Senior World Championships, some of Cochrane's other accomplishments include winning bronze in K2 500m, K2 200m and K4 200m races at the 2008 National Championships. In 2007, he won gold in the K2 500m race at the National Championships in Ottawa, breaking a long-standing record. Ryan also placed first in the K2 500m race at the 2006 National Sprint Championships in Regina, Saskatchewan. His next goal is to make it to the 2012 Olympics in London. Studying, training, sourcing sponsorship – it all adds up.

"The Mount's distance program is exactly what I need to keep paddling," he said.

“We just wanted to share with you the results from Ryan’s weekend of competition in Welland, Ontario. Ryan placed 1<sup>st</sup> in both K2 distances, the 500m and the 1000m. We just had to share this news with you as you have been such a big part of helping him to get to this point while still doing his studies. Thanks so much.”

- A note sent to the distance team from the Cochrane family



Hanaa Aboushahla, Courseware Administrator with DLCE

The Mount offers over 200 courses via distance education and had over 3,200 registrations during the 2008/2009 academic year.



Geraldine McKay, Shipping Agent

The Mount has been offering students distance courses and programs via several delivery modes for close to 30 years – one of the first in Atlantic Canada to do so – and is still recognized as a true leader in this field, offering more programs than any other university in the Maritimes. Students can choose from 200 courses, 10 complete undergraduate programs and four complete graduate programs.

“We hear from our students every day, regardless if they are actually on campus,” said Dr. Peter Mombourquette, Chair, Department of Business Administration & Tourism and Hospitality Management, a pioneering department in bringing distance to the Mount. “Students want and demand more – just as we want and demand more from them. To provide them with a flexible, top-quality education, the Mount must also provide our students with the best of today’s tools for lifelong learning.”

And how does the Mount reach students across the country and around the world? Well, it’s not just through the television anymore.

“Many people still think that television (the former local cable channel 33) is how we still deliver distance courses,” said Dr. Peggy Watts, Director, Distance Learning and Continuing Education. “While this was the cornerstone of the program when the Mount embarked on distance learning years ago, today our primary distance delivery vehicle is the web.” All distance courses, including those with televised lectures, use the online course management system, Moodle, for interaction. In addition, many online courses have weekly contact sessions to allow for classroom time discussions using teleconferencing, online chat, or a virtual classroom, via a program called Elluminate Live!

Television is still present at the Mount. That’s why you’ll often recognize a former prof as you are passing by Eastlink’s digital channel 333 or the A Network. Students can also borrow DVDs of source material, record the content themselves or download it online.

“We are seeing an increasing demand for the flexibility distance offers,” stated Watts. “Our numbers for fall of 2009 have exceeded last year’s registrations.”

The possibilities for distance education are endless. The Mount’s Master of Public Relations and the Master of Arts in Public Relations degrees are evolving to become 100 per cent available via distance for the 2010/2011 academic year.

“We know public relations practitioners are located around the world and we know they have demanding schedules as many of them are working in challenging roles,” said Dr. Amy Thurlow, BPR ’89, Chair, Department of Public Relations. “The flexibility and choice we will now be able to offer will make our programs – and the Mount – even more competitive.”



The Faculty of Education has enjoyed success in Jamaica for 10 years. Mount faculty visit Jamaica to deliver the MEd (Lifelong Learning) graduate program. There are Jamaican alumnae now teaching in this program in Jamaica. The Mount also confers a Bachelor of Education in Association with St. Joseph's Teachers College in Kingston, Jamaica.

*Q and A with Dr. Gwendoline James, MEd '01, Guidance Counselor and Lecturer, The Mico University College in Kingston, Jamaica. James is also the President, Jamaica Chapter, Mount Saint Vincent Alumnae Association.*

## Q

What did it mean to you personally to be able to take your MEd in Jamaica from Mount Saint Vincent University?

## A

I had done certificate studies in adult education and was actively involved in teaching adults using the adult learning methodologies. As I became more interested in the field of adult education as a course of study when the opportunity arose to access the program from the Mount, I felt a sense of academic fulfillment. This was because the program was the first in Jamaica and I was comfortable with the team of professors and facilitators along with my Jamaican colleagues, who enabled me to share my knowledge and skills with them in very creative ways. It was this experience that finally honed my leadership capabilities. I became extremely self confident knowing that I am a catholic and here was a university with such a foundation and a course of study that really matched my interest.

## Q

Can you describe how taking the MEd program fit into your life as an educator?

## A

The course content enabled me to develop a personal philosophy relative to my working with adult learners. As a result I have learnt to be more reflective in thought and I examine concepts ideas, etc. in a more critical manner. As an educator I constantly seem to question and revise my roles as I seek to motivate learners, use them as resources and consider their learning styles.

## Q

What is the impact of the Mount's Faculty of Education in Jamaica?

## A

First of all, their presence has contributed to the numbers of trained adult educators in particular, in the Jamaican society. It has also enabled students of the programs offered, to use adult and early childhood methodologies to facilitate and enhance learning at various levels in the society both formally and informally. Students' involvement in community activities initially through the practicum experience has facilitated their voices being heard as advocates in the promotion of continued lifelong learning projects. 🌱

The 14 current complete programs currently available via distance education:

### Undergraduate

- Certificate in Accounting
- Certificate in Business Administration
- Diploma in Business Administration
- Bachelor of Business Administration
- Bachelor of Arts (General Studies)
- Bachelor of Arts (Child and Youth Study)
- Certificate in Marketing
- Certificate in Tourism and Hospitality Management
- Diploma in Tourism and Hospitality Management
- Bachelor of Tourism and Hospitality Management

### Graduate

- Master of Education in Educational Psychology (concentration in the Education of Students who are Blind/Visually Impaired)
- Master of Education in Educational Psychology (concentration in the Education of Students who are Deaf/Hard of Hearing)
- Master of Arts in Public Relations
- Master of Public Relations

To learn more about Distance Education:

E: [distance@msvu.ca](mailto:distance@msvu.ca)

T: 1.800.665.3838

*To celebrate 10 years in Jamaica, the Jamaica alumnae chapter has planned a luncheon for December 4, 2009 at the Knutsford Court Hotel, Kingston, Jamaica. For information contact Gwen James at [regina\\_48@cwjamaica.com](mailto:regina_48@cwjamaica.com).*



## Mount Saint Vincent Alumnae Association Board of Directors 2009-2010

### EXECUTIVE

President: Sheldon Miller, BBA '99  
 Vice President: Deanne MacLeod, BBA '92  
 Past President: Lara Ryan, BPR '92  
 Secretary: Stephanie Hale, BOA '03  
 Treasurer: Jill Devanney, BSc '03, BBA '06

### MEMBERS AT LARGE

Tanya Baggio, BBA '95  
 Alison Delory, BPR '98  
 Jill Hurlbert, BTHM '93  
 Michael Kydd, BPR '07  
 Mary Lou LeRoy, BA '79, BSc '83  
 Gary Logan, BA '02  
 Kevin Sanford, BBA '03  
 Alison Stark, BBA '95  
 Lisa Whyntott, BOA '94  
 Caroline Wolfe Stewart, BScHE '90

### STUDENT REPRESENTATIVES

Jody Blimke, MSVU Students' Union

### ALUMNAE REPRESENTATIVES ON MOUNT BOARD OF GOVERNORS

Sheldon Miller, BBA '99  
 Deanne MacLeod, BBA '92  
 Caroline Wolfe Stewart, BScHE '90

### EX OFFICIO

Jone E. Mitchell, CFRE,  
 Associate Vice-President, Advancement  
 Shani Pearson, Manager, Alumnae Relations

## Mount Saint Vincent Alumnae Association

### VISION

We will be an association that is active and inclusive of all alumnae committed to the promotion of Mount Saint Vincent University and connected to students, alumnae and the community.

### MISSION STATEMENT

The MSVAA is a group of committed alumnae that pursue and strive to engage other members of the Mount community to stay connected and support the mission of the University.



# MSVAA President's Message

*Sheldon Miller, BBA '99*

I am excited to begin my term as President of the Mount Saint Vincent Alumnae Association. The Association encompasses Academy, College and University alumnae and it is my privilege to represent the more than 25,000 Mount alumnae.

The Mount is in the midst of implementing a strategic plan which focuses on quality, advancement of women, engagement and accessibility. These are principles that are central to the long, proud history of Mount Saint Vincent and to its very bright future. It's an exciting time to be involved.

We recently hosted Alumnae Weekend 2009 which was an incredible success, due in great part to the tremendous work of our volunteer organizing committee and university staff. Over 300 attendees came out for events over the three days including a martini reception, 50<sup>th</sup> Class Lunch, Alumnae Weekend Dinner and Farewell Brunch. The Alumnae Association was pleased to co-host the Co-op Symposium, marking 30 years of co-operative education at the Mount. New events were added this year including the Athletics Department's Family Fun Day which was a hit with the kids. The Retro Vinnie's Pub Night was equally popular with the athletics alum who took in that event – both were great additions to the weekend and we look forward to building on them next year.

This summer we also hosted the 19<sup>th</sup> annual MSV Golf Classic. The Golf Classic has grown and evolved into the largest annual fundraiser for the Association. This year was our most

successful event to date with more than 110 golfers enjoying a day of fun and raising funds to support the goals and objectives of the Alumnae Association.

I'd also like to mention how excited Mount Saint Vincent and our alumnae are to welcome Alexa McDonough, DHumL '09 as our Interim President and Vice-Chancellor. We are very fortunate to have her and are pleased that she has agreed to be the guest speaker of the Annual Dinner for Mount Alumnae & Friends on **March 4, 2010**. We're looking forward to another successful event – stay tuned to our website for details on this and other upcoming events including the 3<sup>rd</sup> Annual Holiday Wine Tasting on **November 17, 2009**.

The Alumnae Association Board of Directors will continue to execute our strategic plan which makes building connections with, and between, alumnae our priority for the next two years. We will do this in traditional ways and we will also be challenging ourselves to continue to be innovative and try new things – new events, new mediums and new methods to connect with you, our alum.

Before I sign off, I'd like to challenge all of our alum to get engaged and be active in our activities and initiatives. Provide suggestions, attend events, give us feedback and encourage your fellow alum to do the same – your input is vital to us as we move the Association forward.

I look forward to working with you.

## PR Alumna named Chair of Mount Board of Governors

Catherine Woodman, BPR '84, President & CEO of the United Way of Halifax Region is the Mount's new Chair of the Board of Governors.

Woodman brings to this position a unique background in public relations, communications and human resource management in both the private and public sectors.

A graduate of the Mount's Public Relations program, she led the Public Relations team at the IWK for almost ten years. In 1994, Woodman was seconded by the Province of Nova Scotia and named Acting Chief of Protocol. Reporting to the Premier, her primary responsibility was coordination of the visit to Nova Scotia by Her Majesty, Queen Elizabeth II and His Royal Highness, The Duke of Edinburgh.

Following her term with the province, she accepted the position of Director of Corporate and Public Affairs at Maritime Life, a Halifax based and nationally recognized insurance company. In 1997, she

shifted her career focus and was appointed Vice President, Human Resources. Under Woodman's leadership, Maritime Life was consistently recognized as one of Canada's 50 Best Employers by *The Globe and Mail's Report on Business* magazine. In 2004, she was asked to lead the team recommending people, skills and expertise required for the new corporate structure as Maritime Life integrated with Manulife Financial. She joined the United Way in 2005.

Woodman is an active volunteer with a number of charitable organizations and professional associations. She is currently Chair of the Lieutenant Governor's Community Spirit Award and former board member of the IWK Health Centre, the Canadian Centre for Ethics in Public Affairs, the Arthritis Society and YWCA.

In addition to managing a busy and active family of three children, she runs marathons in her spare time. 🌿



Catherine Woodman, BPR '84, Chair of the Mount's Board of Governors, is pleased to welcome the representatives appointed to the Board by the Mount Saint Vincent Alumnae Association.

Alumnae representation to the Board of Governors is important to the University as our alumnae are integral to the future of the Mount.

Representing the Alumnae Association are: Sheldon Miller, BBA '99, Deanne MacLeod, BBA '92 and Caroline Wolfe Stewart, BSChEc '90.

Pictured l-r: Catherine Woodman, BPR '84, Alexa McDonough, DHumL '09, Sheldon Miller, BBA '99 and Caroline Wolfe Stewart, BSChEc '90

Presenting Sponsor



## Annual Dinner for Mount Alumnae & Friends

**Thursday, March 4, 2010**

5.30 for 6.00 pm  
MPR Room, Rosaria Student Centre  
Mount Saint Vincent University

GUEST SPEAKER:  
Alexa McDonough, MSW, DHumL '09  
Interim President and Vice-Chancellor

Tickets: \$45  
902.457.6433 or [alumnae@msvu.ca](mailto:alumnae@msvu.ca)



# Mount Alumnae Among Those Honoured at Nurses' Centennial



Last spring, the College of Registered Nurses held its Centennial Celebrations. The highlight of the day was the presentation of the prestigious Centennial Award of Distinction. This award was presented to 100 current and former registered nurses, 10 from each decade, for their significant contributions to the nursing profession.

There were several who had connections to the Mount. The following are some highlights from the careers and lives of those recognized during this special event. In addition, **Donna Denney, BScN '72** was recently named as the organization's new Executive Director.

## 1960-1970

**Sister Mary McCarthy**, had a very distinguished career in nursing education in Nova Scotia as well as in the United States. She developed the first integrated/generic program at Mount Saint Vincent University in 1965, the first ever master's program in nursing informatics, and served as a consultant with the National League of Nurses. Sister McCarthy was inducted into the Alpha Omega Chapter of the Sigma Theta Tau, cited in *Who's Who in American Nursing*.

**Brenda Montgomery, BScN '72** has had a tremendous impact on nursing through her roles in administration and education, as well as through her participation with the College. Throughout her career, she focused on improving clients' access to health care and students' access to the best education. Montgomery's dedication to the profession of nursing was exemplified in her professional work with the then Registered Nurses' Association of Nova Scotia, the Canadian Nurses Association, and the International Congress on Women's Health Issues. She assisted registered nurses to realize their worth and acted as their mentor.

**Marguerite Muise, BScN '65**, held key positions in nursing education and nursing regulation with both Mount Saint Vincent University and the College of Registered Nurses. As Coordinator of Registration at the College, from 1978 until her

retirement in 2004, she interpreted and administered the RN Act, regulations, by-laws and polices applicable to initial and annual registration and licensure; prepared provincial and national reports; and managed the registrant database. During her tenure at the College, Muise initiated many significant improvements to the processing of RNs' licence applications, including the introduction of online registration. Muise is a former member of the MSV Alumnae Association Board of Directors, is involved in the Mount's Capital Campaign, and is a member of the *Ex Libris* book club, a book club comprised of Mount alumnae.

## 1980-1990

**Ruby Blois, BScN '73**, has a reputation for innovation. Her focus while at the IWK was on nursing development. Her vision for nursing practice evolved into the creation of an environment that supported a full professional role for registered nurses: ensuring their expertise through the development of nursing research and shared governance. Blois established the Department of Nursing Research at the IWK, and among her many other achievements at the local, provincial and national levels were her involvement in leading the Children's Telehealth Network and development of the Nova Scotia Nurses' Telehealth Network. Blois served as Chair of the Mount's Board of Governors from 1996-2001.

From the time she graduated with a nursing diploma, and throughout her entire career, **Dr. Barbara Keddy, BScN '75**, demonstrated creative and innovative skills. She held a wide range of nursing roles, from staff nurse to a joint professorial appointments at Dalhousie University. Keddy's expertise in the development of quantitative and qualitative research methods courses, her advocacy and mentorship abilities, and her participation as the co-founder and first president of the Canadian Association of History of Nursing are but a few of her accomplishments in and contributions to the nursing profession. *Folia Montana* featured her book on Fibromyalgia in the Fall 2008 issue.

## 1990-2000

**Christine Power, BScN '77**, has been an exemplary leader throughout her nursing career. She is a fearless and innovative individual, with extensive experience and expertise in both strategic and operational leadership, academics, tertiary care and community health programs. A brave risk taker, she is often said to be at her best during upheaval and chaos. She is a passionate mentor to others and is recognized internationally for positively influencing patient and citizen engagement in the development of best approaches to health care – approaches that Power always ensures has the patient at its centre. Power is

## Nurses' Centennial *cont.*

currently President & CEO of the Capital Health Authority in Halifax.

**Carol Smillie, BEd '75**, has always set high standards for others as well as for herself. She is a committed professional, who willingly shares her knowledge and expertise with colleagues and students. As an active member of the Canadian Cancer Society, Smillie has gone the distance to enhance the provision of care within the Halifax community. Throughout her distinguished career, she has consistently contributed to the nursing profession in Nova Scotia and has made a strong and lasting impression on students, faculty, registered nurses and volunteers. Smillie is a former faculty member at the Mount.

After a distinguished career outside of Canada, **Dr. Patricia Sullivan, ACAD '64, BScN '69**, returned to Nova Scotia in 2007 to take on the role of Director of the Dalhousie University School of Nursing. She began her career as a pediatric nurse and has since built upon that focus to become a recognized expert in family relations and family counseling. She is also recognized provincially, nationally and internationally for her administrative and research expertise, designed to improve nursing practice and nursing education. 🌱



## FROM HALIFAX TO AUSTRALIA: Recent Mount grad appointed Brisbane Student Ambassador

Maria McDougall, BTHM '08, has wasted no time in translating her degree into the opportunity of a lifetime.

"I grew up in Donaldson, PEI, and although I decided not to journey too far to obtain my bachelor degree, I learned everything there is to know about travel and tourism during my time at the Mount," said McDougall. "Now that I have a great background in this sector, heading abroad to gain first-hand experience about the tourism industry seemed like the right thing to do."

Her decision to voyage to Australia couldn't have been better. As one of 51,000 international students, McDougall has made a name for herself in the Brisbane community. In addition to taking her Masters of International Tourism Management at James Cook University, McDougall was appointed one of 21 official Brisbane Student Ambassadors on July 15, 2009.

"Out of the thousands of international students in the city, it's such an honour to have been chosen as an ambassador," stated McDougall. "I'm eager to show Canadians how great a city Brisbane is by documenting my trip

online. Most importantly, I want people to know that it's okay to take a risk and travel abroad; voyaging to the other side of the world has made me a much stronger and more informed person."

Coming from Canada, McDougall admits that the biggest perk of living in Brisbane is the weather. "It's always sunny, and even when the locals are bundled for winter, I can't help but sport my summer dresses," said McDougall.

Although McDougall's anticipated graduation date from James Cook University is November 2010, her curious mind and passion for exploration are sure to lead her to other culturally diverse parts of the world. "I'd love to fill each chapter of my life with a new destination," stated McDougall.

Upon completion of her studies, she hopes to obtain a position with a destination management organization. "I'm very interested in destination competitiveness and long term planning," said McDougall. "The world is a fascinating place, so the possibilities for the location of this ideal job are endless. I just need to keep taking the right risks." 🌱

# MURIEL DUCKWORTH



## *A life to Celebrate*

Muriel Duckworth, CM, ONS, DHumL '78, a Nova Scotian peace activist best known as one of the founding members of the national peace group Voice of Women, passed away August 22. She was 100.

Duckworth co-founded a variety of social action groups and played crucial roles in several humanitarian organizations, including Oxfam Canada, where she served on the board of directors in the 1970s. In 1983, Duckworth was made a companion of the Order of Canada and won the Lester B. Pearson Peace Medal in 1991. She was nominated in 2005 (among 1,000 women collectively) for a Nobel Peace Prize. She received the Order of Nova Scotia posthumously on October 8, 2009.

Duckworth was one of five children born in Austin, Quebec, to Anna Westover and Ezra Ball. In 1947, she and her late

husband, Jack, moved to Halifax. They were pacifists and their vocal opposition to the Second World War drew much ridicule at the time.

During the Vietnam War, she and other Voice of Women members were instrumental in arranging a tour to Canada for Vietnamese women directly affected by the war. In fact, she protested wars dating back to the Second World War.

She also performed as a member of the Raging Grannies — the funny, hat-wearing, shawl-sporting troupe of women who lend their voices to promote peace.

Donations recognizing Duckworth's tireless crusade for social justice and change can be made to the Muriel Duckworth Endowment Fund. To donate, please call 902.457.6470 or 1.888.678.2586 (toll free in Canada/USA/Bermuda) or donate online at [www.msvu.ca](http://www.msvu.ca).



## ANNUAL FUND

### *Make a Difference*

Join the momentum and support the Annual Fund today. Direct your gift to support scholarships, department enhancement funds or choose the President's Fund to meet the most pressing needs of the University. Give to the Mount's Annual Fund and help deserving students fulfill their dreams.

To make a gift go to <http://www.msvu.ca> and click the 'donate now' button, or contact us at:  
Department of University Advancement  
Advancement House  
Mount Saint Vincent University  
Halifax, NS B3M 2J6  
T: 902.457.6470  
T: 1.888.678.2586  
(toll free in Canada/USA/Bermuda)



# Alumnae Weekend 2009





**'Fiesty'** is a word that came up often during Alumnae Weekend 2009 as a descriptor for Mount alumnae. Spirits were high at all gatherings which ran from Friday, September 18 to Sunday, September 20, 2009.

There was something for all ages, with future alumnae running around the gym making noise with thunder sticks at Family Fun Day, grads toasting one another in Vinnie's at Martini Night, and memories being shared at the Alumnae Brunch. Lillian Elliott, BScSec '39, had the group in stitches, and in tears, at the Alumnae Weekend Dinner at MacAskill's.

The Academy Class of 1959 and the College Class of 1959 joined Alexa McDonough, Interim President and Vice-Chancellor, and Sheldon Miller, President of the MSV Alumnae Association, for the 50<sup>th</sup> Class Jubilee Lunch at the Meadows on Saturday. The 50<sup>th</sup> Class received a visit by a family of deer as they shared their stories about faculty, classes, extra-curricular activities and of being 'campused.'

Alumnae Weekend is an annual event organized by the MSV Alumnae Association to provide opportunities for alumnae to gather, reconnect and share their experiences. Special occasions were recognized at different events, including 30 years of co-operative education at the Mount and reunion years for Academy, College and University alumnae: 1999, 1994, 1984, 1969, 1959, 1954, 1949, 1944, and 1939.

## Mark the date for Alumnae Weekend 2010

September 24-26, 2010

The Alumnae Association is looking for volunteers to lead the activities for the following reunions years:

2000, 1995, 1985, 1970, 1960, 1955, 1950, 1945 and 1940.

Call 902. 457.6433 or email [alumnae@msvu.ca](mailto:alumnae@msvu.ca)



**GOLD SPONSOR**



**SILVER SPONSORS**



**GRAND GREEN SPONSORS**



**HOLE IN ONE**



**OFFICIAL BEER PROVIDER**



Great weather, generous sponsors, and spirited golfers made for a successful MSV Golf Classic on August 13, 2009. As golfers made their way around the course they enjoyed souvlaki from OPA! Greek Taverna and sushi from Hamachi House and they received gifts from McInnes Cooper, *Building Tomorrow Together* and the MSV Alumnae Association. Contests included closest to the hole with prizes provided by Atlantic Business Interiors and RBC. After enjoying an apple, golfers channeled their inner Tiger when tee off for a Hole-in-One for \$10,000, courtesy of TD Insurance Meloche Monnex.

With the support of many sponsors and prize providers, especially Gold Sponsor McInnes Cooper, the tournament raised over \$11,000. Bill Carr, guest auctioneer, entertained the crowd and had their hands in the air bidding on great prizes. A special thank you to the RBC Foundation for a \$1,000 donation made directly to the Mount Saint Vincent Alumnae Association Endowed Entrance Scholarship.

This annual tournament is the Alumnae Association's major fund raiser. Mark **August 12, 2010** on your calendars to join the Association for the 20<sup>th</sup> anniversary MSV Golf Classic.



The MSVAA would like to thank our sponsors and prize providers for their generous support of the MSV Golf Classic 2009.



## PRIZE PROVIDERS

3D datacomm  
 ABI  
 ABM Integrated Systems  
 Action Janitorial  
 Alcatel-Lucent  
 Ambassadors Gray Line  
 Apple Computer  
 ARAMARK Higher Education  
 Atlantica Hotel Halifax  
 Bell Aliant  
 Bowring  
 Braemar Pest Control  
 Brewdebaker's Tap & Grill  
*Building Tomorrow Together*  
 Capital Paper Products  
 John "Chappy" Chapman  
 Chester Playhouse  
 Citadel Halifax Hotel  
 Deloitte  
 Continental Sanitary Products Limited  
 Digby Pines Golf Resort & Spa  
 Ecolab  
 Enterprise Rent-A-Car  
 Ernst & Young  
 Fairmount Algonquin  
 Fox Harb'r  
 Golf Central

Grand & Toy  
 Granite Springs Golf Club  
 Great West Life Assurance Company  
 Green Waste Systems Inc.  
 Halifax Port Authority  
 Hamachi House  
 Helly Hansen Canada Ltd.  
 Heritage Gas  
 Kevin Hurd  
 HRM Visitor Services  
 Industrial Alliance  
 Instructor Aids Ltd.  
 Johnson Inc.  
 KCI Ketchum Canada Inc.  
 Kraft  
 Kruger Products  
 L.K. Yarns  
 Lung Association of Nova Scotia  
 Macdonald Chisholm Trask Insurance  
 Macquarie Equipment Finance Limited  
 Manulife Financial  
 Maritime Travel  
 McInnes Cooper  
 Medavie Blue Cross  
 Mer et Soliel Fine Wines and Spirits  
 Molson Canada  
 MSVU Alumnae Relations, University  
 Advancement

MSVU Athletics  
 MSVU Bookstore  
 MSVU Co-op Office  
 MSVU President's Office  
 NovaScotian Crystal  
 OPA! Greek Taverna  
 Pacrim Hospitality Services Inc.  
 Peggy's Cove/The Sou'wester Restaurant  
 and Gift Shop  
 Pepsi-Cola Canada  
 Pitney Bowes  
 RBC  
 Redwood Grill  
 Rogers Wireless  
 Royal Nova Scotia Yacht Squadron  
 Sierra Systems  
 Sobeys Store #644  
 SportChek  
 Stewart McKelvey  
 Swish Maintenance Limited  
 TD Insurance Meloche Monnex  
 Tempo Framing  
 The Chronicle Herald  
 Theriault Financial Inc.  
 Thornbloom Gifts  
 WBLI Chartered Accountants  
 Wine Horizons

# Alumnae Gatherings & Celebrations

## 1-Alumnae Pub Night

Alumnae in Toronto gathered at the Bedford Academy one fine summer evening in June.

## 2-Chester Alumnae Reception

In September, Mount alumnae gathered at the Chester Basin home of Dr. Elizabeth Parr-Johnston, CM, former president of the Mount (1991-96).

## 3-Atlantic University Pub Night

Mount alumnae turned out to raise a glass, and perhaps enjoy a donair, at Hooley's in Ottawa during the annual Atlantic University Pub Night in June.

## 4-Academy Class of 1967

Alumnae from the MSV Academy Class of 1967 gathered at Oak Island Resort and Spa for a weekend in August 2009. A Scavenger Hunt on the South Shore had the alumnae running from Mahone Bay to Blue Rocks and back to the Resort. Teachers from the Academy joined the women at a dinner marked with lots of laughter. More than one photo album and scrapbook from their Academy days brought back wonderful memories.

## 5-Varsity Soccer Alumnae

In September, alumnae from the men's varsity soccer squad reunited at Mainland Common for a game and then retired to Vinnie's to meet this year's team and enjoy pizza.







3



Photo: Jeffrey Meyer

4



5

# Display with Pride.



**Ordering your frame is easy.**  
Visit [www.msvu.ca/alumnae](http://www.msvu.ca/alumnae) to see the selection.  
Call **1.888.678.2586** (toll free in Canada/USA/Bermuda)  
or 902.457.6433  
Email: [alumnae@msvu.ca](mailto:alumnae@msvu.ca)

Frames shipped direct from manufacturer to Canada and abroad. Choose from five different styles with prices ranging from \$70-\$200. Mattes embossed with the Mount Saint Vincent University logo.  
*Frames sized for Degrees, Diplomas and Certificates.*



## Experience with the Mount Community Leads to Lifelong Learning

In 1998, Paula Hutchinson's, BA '04, MAEd '05 son Douglas was diagnosed with autism at the age of four. Hutchinson enrolled her son in the Mount's Early Intervention Program for Children with Autism at the Child Study Centre. The program provides a caring, inclusive learning environment for children as well as an invaluable teaching opportunity for Mount students in the Department of Child and Youth Study.

Prior to her son's diagnosis, Hutchinson worked in the community supporting families and youth with autism. "I thought I knew what families were experiencing," said Hutchinson, "but I quickly found out that I didn't know enough."

"The Mount was the best choice for me," recalled Hutchinson, "and I wanted to learn more about child development." She then made the decision to complete a Bachelor of Arts (Psychology), where she graduated with distinction in 2004. During this time, she focused on the field of child development and autism. The next step was to pursue her Masters in Arts in Education (Educational Psychology), where she received the Senate Medal of Distinction in 2005.

Her studies have placed her on the path of leading many important research projects that have real-world applications for families, medical professionals and the community.


She is currently a researcher with the Nova Scotia Partnership on Respite, Family Health and Well-being. Here, she is providing knowledge translation of research evidence on respite, care giving and home-based programs for children with autism as well as developmental and physical disabilities to an interdisciplinary team of professionals, parents and community members.

Respite is a crucial element to care for children with special needs – both for the child and care giver(s).

"It is more than a break," Hutchinson explained. "Certainly every parent needs one, but they also need a change in their lives. Parents want to know that while they are enjoying the respite their children are participating in activities that are beneficial, healthy and fun. It has to be an enriching experience for both."

With funding from the IWK Health Centre and Nova Scotia Health Research Foundations, Hutchinson has traveled with the Nova Scotia Partnership on Respite across Nova Scotia giving workshops and conducting research on respite. "It's so important for those parents who are not connected into the network to know there is help out there."

Hutchinson also sees her community-based research as a way to enhance and connect many of the existing services for children with complex needs. She hopes her research will serve as a bridge between health professionals and services available to families in their local communities. She and her partners have prepared a report which will be presented to the provincial government of Nova Scotia and are continually seeking funding to continue their work.

Hutchinson is still learning as she is completing her PhD at Dalhousie University where she is studying with Dr. Susan Bryson, a world renowned expert in autism research. She credits her time at the Mount for placing her on this journey. "The Mount allowed me to learn freely and really pursue what I was interested in. I developed as an academic, educator, and parent." 

# Class Notes

## 1967

**DR. NUALA P. KENNY, OC, BA '67, DHumL'92**  
Dr. Kenny received Dalhousie University's Alumni Achievement Award and was recognized at their Annual Dinner on October 2009.

## 1969

**JOAN GLODE, BA**  
Joan, a former member of the Mount's Board of Governors, received an Honorary Degree from Dalhousie University in recognition of her work on behalf of Aboriginal children and families and her unwavering support of the Dalhousie School of Social Work.

## 1980

**SUSAN SPELLMAN CANN, BCS**  
In April 2007, Susan became a Registered Psychologist in Alberta. This fall she plans on going to China as part of a Canadian Delegation of Counselors from across Canada. She writes, "this is a fantastic opportunity both personally and professionally and I so look forward to this opportunity. I have been in Alberta for 13 years and am grateful for my education and I still love going home to Nova Scotia each summer."

## 1981

**SANDRA MacLEOD, BPR**  
Sandra is Group Chief Executive of Echo, the global research company protecting brands and reputation for such household names as BP, Barclays and the BBC. She has been cited as among the '100 most influential people in PR', and is the first international Trustee of the Institute for Public Relations in the USA, a Companion of the Chartered Institute of Management, and on the Board of the Finance and Performance Review Committee of the International Business Leaders Forum (IBLF).

## 1984

**MARGARET McKEE, BPR**  
Dr. McKee received the Governor General's Gold Medal from Saint Mary's University at the May 2009 convocation. This prestigious medal is awarded to the graduate student who is the top candidate in the graduating class. Margaret was awarded a PhD.

## 1985

**GERARD BUCKLEY, BBA**  
Congratulations to Gerard, of Jaguar Capital, who graduated from the Rotman School of Management, 24<sup>th</sup> Toronto Directors Education Program, at the University of Toronto.

## 1988

**YVONNE PATRICIA COOPER, BPR**  
Yvonne retired from the Canadian Forces in May 2009 after serving 20 years, 17 as a Public Affairs Officer. She has begun her second career as the Communications Coordinator for the City of Kingston and County of Frontenac Children's Aid Society. Yvonne, her husband and their son are busy on their new farm in the Thousand Islands.

## 1990

**GISELLE BEAUCHAMP, CertBusi '90, BScHE '93**  
Having lived in Nova Scotia for over 30 years, Giselle is now relocating to Alberta to spend time with her two adult children, a grandson, and her fiancée from the Philippines. She hopes to continue her art work in pastels and watercolors.

## 1992

**LARA (MERRITT) RYAN, BPR**  
Lara has accepted an exciting new role as the Executive Director of the Canada Green Building Council – Atlantic Chapter. Lara is very excited to be able to continue her work around sustainability in this part-time role and she will also continue her work with clients on CSR strategies and other sustainability issues.

## Sisters of Charity Motherhouse



# MEMORABILIA

*Commemorative DVD \$20*

Highlighting the building's unique design and its varied uses over its lifetime of service in the community

*Pewter Ornament \$15*

Aitkens Pewter replica of the building exterior

*Italian Marble \$10*

A 3" slice of marble from within the building



For more information or to place an order, please contact the Sisters of Charity Communications Office  
Email: [communications@schalifax.ca](mailto:communications@schalifax.ca)  
Tel: 902 457-3549  
[www.schalifax.ca](http://www.schalifax.ca)

# Class Notes

## 1995

### **JANET SUTHERLAND TAM, BScHE**

Janet and her husband David are pleased to announce the birth of their second child, Sarah Catherine. Sarah was born on February 23, 2009 and is a welcome addition, especially for big brother Ryan Douglas.

## 1997

### **ROBERT BATHERSON, BPR**

Rob was profiled in the October 2009 issue of *Business Voice* following his recent appointment to the Halifax Chamber of Commerce Board of Directors. Rob, Senior Vice President of Colour, is a member of the Mount's Board of Governors.

## 2000

### **SHELLY (AUCOIN) BUTLER, BBA**

Shelly and her family recently relocated from Halifax to Saint John, New Brunswick where she works at Irving Oil.

## 2001

### **SCOTT MORRISON, BPR**

Scott was called to the Nova Scotia Bar Association on June 12, 2009.

## 2004

### **SUSAN COCHRANE, BAA (FSG)**

Susan is currently entering her fourth and final year of the Bachelor of Nursing Degree Program at UNB Fredericton. Susan is anticipating graduation and looking forward to working in the many fields nursing has to offer. Her long-term goal is to establish a career as a Director of Nursing in Long-Term Care Facility.

## 2006

### **JEFF BRITTON, MEd**

Congratulations to Jeff and Jenny (Walker) who were married on August 15, 2009 at Point Pleasant Park in Halifax. The couple currently reside in Wolfville, NS, and continue their humanitarian work as co-founders of the "Be the Change Project" raising funds to support the first secondary school in Lashaine Village in rural northern Tanzania. For more information visit <http://www.bethbetterchangeproject.ca>

## 2008

### **ALISHA HANNAM, BPR**

Alisha received one of only three national fellowships from TD Insurance Meloche Monnex. Established in 1999, the fellowships award \$25,000 to recent university or college graduates to gain a year of practical advancement experience at an educational institution. Alisha is Development Officer at the Nova Scotia Agricultural College, where she completed co-op terms.

## 2009

### **STACEY (HIGGINS) LAKE, BScAHN**

Stacey is currently a clinical dietician for Harborview Haven and Mahone Bay Home.

## New Alumnae Faces on Campus

Nicole Cretien, BTHM '05  
Secretary/Internal Liaison, Co-operative Education

Mark Forward, BBA '93  
Athletics Officer/Coach, Women's Basketball Team

Kelly Gallant, BPR '90  
Associate Vice-President, Marketing and Communications

Rebecca Green, MScAHN '08  
Department of Applied Human Nutrition

Mary Miffen, MASP '08  
Disability Counsellor

Patricia Monaghan, BCS '89  
Department of Child and Youth Study

Maureen Shebib, BA '77  
Fair Treatment/Employment Equity Advisor

Beverly Williams, BA '68, BEd '69  
Faculty of Education

## Retirements on Campus

Fran McIntyre, MEd '82  
Fair Treatment Advisor

Irene MacDonald  
Office of the Vice-President (Academic)

# NOTICE of MEETING

## Mount Saint Vincent Alumnae Association Annual General Meeting

June 15, 2010

6.00 pm

Information:

[www.msvu.ca](http://www.msvu.ca)

[alumnae@msvu.ca](mailto:alumnae@msvu.ca)

902.457.6340

# Class Notes

## Do you know the face?



Can you help identify the faces, when exactly the photo was taken, and what they were up to? Please let us know. Contact: Editor, *Folia Montana* at [alumnae@msvu.ca](mailto:alumnae@msvu.ca), or Mount Saint Vincent University, Halifax, NS B3M 2J6

## Mount Alumnae Celebrated

The National Canadian Public Relations Society celebrated outstanding achievements in public relations programming at the Annual National Conference Gala in Vancouver in June 2009. Mount alumnae were amongst those who celebrated with their peers.

### CPRS Awards of Excellence

Nadia Hinds, BPR '02:

Government Relations (Gold)

Marion MacKenzie, BPR '84:

Marketing Communications (Bronze)

Karen White, BPR '98:

Audio-Visual Projects (Silver)

Michelle Wright, BPR '07:

Internal Communications (Bronze)

### CPRS Lamp of Service

Karen McCarthy, BPR '91

## You knew the face



Thanks to our readers who provided clarification on last issue's *Do you know the face?*

Johanne (Zwicker) McKee, BScHEc '54 writes that the photograph was taken before a dance in the fall of 1950, or following the fire in 1951, not during WWII as stated.

The first person in the back row is Frances (Dunn) Tomsha, BScSec '55; the person in the far right of the back row is Stefanija (Stulkelj) Pavlin, BA '52 and the person on the far right is one of the "Martin" girls.

We also heard from Claire (Martin) Keindel, BScHEc '51 who wrote that the picture was taken in the 'Old' Mount before the fire in January 1951. In the picture, she indicated, back row, l to r: Rosemary (Martel) Brown, BScHEc '51, Edwina Fitzgerald, BA '50 and Stefanija (Stulkelj) Pavlin, BA '52. Front row, l to r: Gladys Dee, Lillian (Bates) Rainey, BA '51, DipEd '52, and herself, Claire (Martin) Keindel.

Our apologies for this error. If you can identify anyone else in the photos, we would appreciate hearing from you.



And, we are still receiving responses from our readers for last fall's *Do you know the face?* Sandra MacLeod, BPR '81 writes, "The fourth from the left is Shelley (Withers) Zwicker, BPR '81, MED '00. She was my first room-mate!"

# IN TOUCH

## ONLINE COMMUNITIES

Join our online communities on Facebook and LinkedIn. You will find Mount alumnae groups on both social networking sites. Find friends, hear about alumnae events and stay connected.

## FOLIA VIA EMAIL

Interested in the digital edition of receiving *Folia Montana* via email? Please contact alumnae@msvu.ca and the next time *Folia* is published, we will send you an email with a link to the latest issue.

## CLASSNOTES

Submissions can be sent emailed to [alumnae@msvu.ca](mailto:alumnae@msvu.ca)

## ADDRESS CHANGES

Call 902.457.6470, email [alumnae@msvu.ca](mailto:alumnae@msvu.ca) or update your contact information online at [www.msvu.ca/alumnae](http://www.msvu.ca/alumnae)

## CORRESPONDENCE

Alumnae Relations,  
University Advancement  
Advancement House  
Mount Saint Vincent University  
Halifax NS B3M 2J6  
F: 902.445.3962

*The Mount respects your privacy and we want you to know that it is important to us. We use your personal information only to deliver programs and services, and to keep you informed of Mount events and news. If you prefer not to be contacted by us in the future, please let us know by calling 902.457.6470 or 1.888.MSV.ALUM (toll free in Canada/USA/ Bermuda only) or via email at [alumnae@msvu.ca](mailto:alumnae@msvu.ca)*

## Mount Alum Represented in Nova Scotia Legislature

The June 2009 election in Nova Scotia saw Mount alumnae elected to the Legislative Assembly. Two Mount alumnae were appointed to Cabinet: **The Honourable Ramona Jennex, MEd '02** (Kings South), Minister of Service Nova Scotia and Municipal Relations, and **The Honourable Denise Peterson-Rafuse, BPR '86** (Chester-St. Margaret's), Minister of Community Services.

Congratulations also go to **Jim Boudreau, MEd '89** (Guysborough-Sheet Harbour); **The Honourable Karen Casey, BA, BEd '76** (Colchester North), PC Party Leader; **Clarrie MacKinnon, BA '93** (Pictou East), and **Dr. Gary Ramey, MAEd '78** (Lunenburg West).

## In memoriams

*The Mount Saint Vincent Alumnae Association has made a donation towards Alumnae Association scholarships and bursaries in memory of the following alumnae.*

### 1930s

Lenore F. Pelham, BA '37  
January 20, 2009

### 1950s

L. Karolyn Carr, ACAD '57  
July 24, 2009

Sr. Theresa Corcoran (Leo Claire), DipEd '51  
May 27, 2009

### 1970s

Muriel Duckworth, CM, ONS, DHumL '78  
August 22, 2009

Susan E. Kingston, BA '77, BEd '78  
April 30, 2009

Estelle Marie Mason, BEd '71  
June 27, 2009

### 1980s

Marie Cecelia Cluney, BA '82  
August 29, 2009

Roberta A. King, BEd '85  
August 29, 2009

Barbara Miller, CertGer '88  
December 22, 2008

### 2000s

Ashley Gallant, BScAHN '08  
July 31, 2009

### Mount Community

Dr. Pierre J. Payer  
Professor Emeritus in Philosophy  
August 25, 2009

Dr. Janina Konczacki  
retired Professor of History  
July 2009

## SHOPPING FOR MOUNT GEAR JUST GOT EASIER!



Launching soon is the bookstore's new e-store where alumnae, students, faculty and friends can purchase quality created merchandise online.

Even better, you can choose to personalize your purchase with either the Mount Alumnae or University logo.



Check out the e-shop at  
[www.msvu.ca/bookstore](http://www.msvu.ca/bookstore)  
to order your Mount gear.



# GROUP HOME AND AUTO INSURANCE

for members of the Mount Saint Vincent Alumnae Association



**PROTECTION  
MADE EASY...  
GROUP RATES  
MADE EASIER!**

As a member of the **Mount Saint Vincent Alumnae Association**, you can **SAVE** on your home and auto insurance through **preferred group rates**, while enjoying **high-quality insurance products** and **outstanding service**.

As the leading provider of group home and auto insurance, we offer a wide range of innovative products, so you are sure to get the coverage that is right for your particular needs...and the peace of mind that goes with it!

Request a quote and you could



[MelocheMonnex.com/msvu](http://MelocheMonnex.com/msvu)

**1 866 352 6187**

(Monday to Friday, 8 a.m. to 8 p.m. AST)

Insurance program endorsed by



The TD Insurance Meloche Monnex home and auto insurance program is underwritten by SECURITY NATIONAL INSURANCE COMPANY and distributed by Meloche Monnex Insurance and Financial Services Inc. in Québec and by Meloche Monnex Financial Services Inc. in the rest of Canada.

Due to provincial legislation, our auto insurance program is not offered in British Columbia, Manitoba or Saskatchewan.

\*No purchase required. Contest ends on January 16, 2010. Skill-testing question required. Odds of winning depend on number of entries received. Complete contest rules available at [MelocheMonnex.com](http://MelocheMonnex.com).

Meloche Monnex® is a trade-mark of Meloche Monnex Inc.

TD Insurance is a trade-mark of The Toronto-Dominion Bank, used under license.

## FoliaMontana

Fall 2009

Return undeliverable Canadian addresses to:

Advancement House  
Mount Saint Vincent University  
Halifax NS B3M 2J6 Canada