

Academic Survival: Top 10 Tips for a Successful Year

1. Take a few days to get settled in

- Make sure you have registered for all your classes – both fall and winter terms.
- Visit [MyMount](#) and get familiar with it – it will be your new best friend.
- Know your way around campus. Find your classrooms today.

2. Get organized

- Use a wall calendar, day-planner, cell phone or our handy term calendar to stay on track.
- Plan to Study at least 2 hours for every hour you are in class.
- Limit paid employment to less than 12 hours/week. Keep your studies as your full time job.

3. Go to class

- You are paying \$13.60 per hour of lecture – don't waste your money!
- Send a message to your Professor that school is important to you – sit front row center and be present.

4. Register for free study skills workshops through counselling services

- See our calendar of workshops.
- Participate in the Supplemental Instruction Program: Introductory Accounting I & II, Introductory Chemistry I & II, Organic Chemistry I & II, Math 2208/2209 (statistics), Introductory Psychology.

5. Make friends with the library and the librarians

- Make an appointment for a research information session.

6. Get writing support from the [Writing Resource Centre](#)

7. Get advice from an Academic Advisor

8. Get involved on campus

- Visit the Students' Union Information Desks in Rosaria and Seton
- Visit [Mountstudents.ca](#) for information on services, events, employment opportunities, etc.
- Join a student society
- Go to a Mystics game

9. Use the health and wellness services available on campus for FREE!

- Free gym memberships and fitness classes. Visit athletics today.
- Free job finding support and [career counselling](#) as well as [personal counselling](#) services.

- [Health Services](#) right on campus with Physiotherapy and Massage services.
- Financial advice, budget planning and student loan support from [Financial Aid Office](#)

10. Have FUN!

- University is meant to be a positive journey in your life. Try to achieve balance between good work ethics and fun. Success is not always about grades and learning doesn't always take place in the classroom.