

Bachelor of Arts or Science in Psychology?



Know What's Expected

Psychology explores the human mind and its functions, along with behavior. If you major in Psychology, employers will expect that you are able to design and conduct experiments and work collaboratively to conduct research. You will be required to identify criteria for assessing solutions, speak effectively to groups and individuals, and critically evaluate information against standards. French may also be an asset in some positions.

Transferable Skills

- Analysis and interpretation of information and the ability to critically evaluate it
- Written and spoken communication skills
- Ability to work as part of a team
- Problem-solving skills
- Time management skills
- Compassion

What Employers Want to See

Contributions you make to your community reflect well on you as an individual. Employers are looking for students who are dedicated, hard working, and show a commitment to their interests. By getting involved on-campus (for societies visit mountstudents.ca) or off-campus early in your degree, you will not only show credibility in your area of interest but also a willingness to work towards goals.

You can also build your Mount Co-Curricular Record (CCR) with these activities at msvu.ca/CCR and present this official document to future employers.

Necessary Employment Skills

- Leadership
- Understanding of human behavior
- Ability to describe, understand, predict and modify behavior
- Planning and development
- Facilitation
- Problem solving

Where Can You Work?

A Psychology Major offers a broad background in the arts, humanities, sciences, and social sciences. Graduates from Psychology programs may find careers in health services, education, business and public administration.

A psychology degree is also a great stepping stone for further education. Visit the Bachelor of Arts or Science—Psychology webpage for more information.

Possible Job Titles

- Psychologist
- Crisis Worker
- Residential Counselor
- Rehabilitation Aide
- Parent Counselor/Educator
- Marketer
- Psychiatrist
- Social worker
- Therapist

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Volunteer Experience

Volunteering provides a great opportunity to get involved in your field of study and make some great connections. Here are a few options for you to consider:

- Schools
- Universities
- Local Non-Profit Organizations
- Libraries
- Student Societies
- Students Union

Potential Volunteer Organizations

- Veith House
- Phoenix Youth Program
- IWK Health Centre

Visit msvu.ca/ccr for more local organizations.

Online Job Resources

Many organizations will promote their job opportunities online. Visit the job page at careerconnects.msvu.ca.

Professional Associations

Professional associations are a great way to network within your field of study. Not only do these organizations help get you connected, they also help keep you well-informed. Many also have discounted student membership rates.

- American Psychological Association
www.apa.org
- Association of Psychologists of Nova Scotia (APNS)
www.apns.ca
- Canadian Counselling and Psychotherapy Association
www.ccpa_accp.ca
- Canadian Federation for the Humanities and Social Sciences
www.ideas-idees.ca
- Canadian Psychological Association
www.cpa.ca

MSVU Career Services

At the Mount, we offer a variety of career related services, workshops, resources and opportunities for students. Whether you need help making a career decision, are looking for a job, or are wondering what your can do with your degree, we can help you plan a realistic career path and perform a successful job search.


Visit [Career Connects](#) to book an appointment with a Career Counsellor, schedule a resume critique with a Career Assistant, or explore volunteer and job opportunities!

Career Services


Mount Saint Vincent University
McCain Centre, 3rd Floor

166 Bedford Hwy | Halifax, NS | B3M 2J6

Book Appointments via
careerconnects.msvu.ca

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