

What Can I Do with My Degree In...

Bachelor of Applied Human Nutrition?



Know What's Expected

Applied human nutrition explores the physical, social and psychological impact of the food we eat. If you major in Applied Human Nutrition, employers will expect that you have exposure to conducting research to improve the nutritional value of food and have a desire to counsel or consult individuals on their food choices. French may also be an asset in some positions.

Transferable Skills

- Analysis and interpretation of information and the ability to critically evaluate it
- Written and spoken communication skills
- Knowledge of current trends
- Strong interpersonal skills
- Ability to listen, clarify, question, and respond comprehensively
- Ability to present persuasive arguments

What Employers Want to See

Contributions you make to your community reflect well on you as an individual. Employers are looking for students who are dedicated, hard working, and show a commitment to their interests. By getting involved on-campus (for societies visit mountstudents.ca) or off-campus early in your degree, you will not only show credibility in your area of interest but also a willingness to work towards goals.

You can also build your Mount Co-Curricular Record (CCR) with these activities at msvu.ca/CCR and present this official document to future employers.

Necessary Employment Skills

- Leadership
- Researching and writing skills
- Organization
- Project Management

Where Can You Work?

A Bachelor of Applied Human Nutrition offers a specialized background in the health sciences. Graduates from Applied Human Nutrition programs may find careers in clinical, community or research dietetics, public health or food service administration.

An Applied Human Nutrition degree is also a great stepping stone for further education. Visit the Bachelor of Applied Human Nutrition webpage for more information.

Possible Job Titles

- Clinical Dietitian
- Clinical Nutritionist
- Health Protection & Promotion
- Long-Term Care Nutritionist
- Food Research Analyst
- Food Service Director
- Health Care Management
- Nutrition Educator
- Product Development Specialist
- Research Dietitian

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Where Can I Volunteer?

Volunteering provides a great opportunity to get involved in your field of study and make some great connections. Here are a few options for you to consider:

- School Breakfast Programs
- Community Gardens
- Libraries
- Local Non-Profit Organizations
- Student Societies
- Students Union

Potential Volunteer Organizations

- Canadian Diabetes Association
- Heart and Stroke Foundation of Canada
- IWK Health Centre

Visit msvu.ca/ccr for more local organizations.

Online Job Resources

Many organizations will promote their job opportunities online. Visit the job page at careerconnects.msvu.ca.

Professional Associations

Professional associations are a great way to network within your field of study. Not only do these organizations help get you connected, they also help keep you well-informed. Many also have discounted student membership rates.

- The Nova Scotia Dietetic Association

www.nsdassoc.ca

- Canadian Institute of Food, Science and Technology

www.cifst.ca

- Institute of Food Technologists

www.ift.org

- Canadian Nutrition Society

www.cns-scn.ca

- Dieticians of Canada

www.dieticians.ca

MSVU Career Services

At the Mount, we offer a variety of career related services, workshops, resources and opportunities for students. Whether you need help making a career decision, are looking for a job, or are wondering what you can do with your degree, we can help you plan a realistic career path and perform a successful job search.

Visit [Career Connects](#) to book an appointment with a Career Counsellor, schedule a resume critique with a Career Assistant, or just explore our resources!

Career Services

Mount Saint Vincent University
McCain Centre, 3rd Floor

166 Bedford Hwy | Halifax, NS | B3M 2J6

Book Appointments via
careerconnects.msvu.ca

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