



Hampton Inn & Homewood Suites- MSV Quarantine Plan
1960 Brunswick Street, Halifax, NS

Hampton Inn: \$90.00 per night including 3 hot meals, premium wifi, fridge, security safe, outdoor space, gaming access, discount bakery options, fitness access. *Not including taxes

\$69.00 per night, no meals, not including taxes- same amenities as above.

Homewood Suites: \$109.00 per night including 3 hot meals, all suites with full kitchen, wifi, security safe, outdoor space, gaming access, discount bakery options, fitness access. *Not including taxes.

\$89.00 per night, no meals, not including taxes- same amenities as above.

*occupancy is for one person. \$35.00 additional per person *both hotels are connected, dual pad property.
**meal plan rate for children 10 and under is \$20 per day

How to book the Hampton Inn:

Booking Link:

<https://www.hilton.com/en/book/reservation/deeplink/?&ctyhocn=YHZDXHX&corporateCode=0003286454&flexibleDates=true>

Hotel: Hampton Inn by Hilton Halifax/Downtown

Company Name: MSVU

How to book the Homewood Suites:

Booking Link:

<https://www.hilton.com/en/book/reservation/deeplink/?&ctyhocn=YHZDWHW&corporateCode=0003286454&flexibleDates=true>

Hotel: Homewood Suites by Hilton Halifax-Downtown

Company Name: MSVU



Hotel Isolation Details:

You will remain in your room for the duration of your 14-day isolation stay except for the following scheduled activities listed below. Upon arrival we would require your credit card number and we will need to see your ID/Passport along with your student ID #. We will provide you with a temporary key (expire in 1 hour). We have Covid-19 signage all throughout the hotel, lobby, elevators re: social distancing displayed until you get to your room. You are expected to wear your mask every time you are out of your guestroom during your scheduled appointments and follow all mandatory protocol.

Outdoor "cool fresh air break":

The use of our hidden gem of a secluded outdoor terrace will be ideal for you to step outside of your guestroom (mask on) and take in some fresh air with a beautiful view of the Citadel Fortress in our backyard.

- You are permitted to take this break once a day for one hour, **or** twice a day for 30 minutes.
- You will need to call or email the front desk and book your scheduled time to ensure all safety guidelines are met.
- At the time of your scheduled outdoor break, you will call the front desk to complete the daily COVID-19 assessment questionnaire.
- Once completed, you will be permitted to attend your scheduled break and to pick up a temporary card that will get you get back into your room.

Are you a smoker?

- In place of the daily one-hour break, smokers may choose to book the smoking terrace for six (6) - 10 minute slots a day.
- The same process (above) applies.

Linen & Amenities:

A change of linen will be provided once a week (unless you request additional linen-which by calling the housekeeping department). All linen will be collected by the guest, bagged and left outside your guestroom door. All fresh linen will also be bagged and left outside the guestroom door for you (the guest) to pickup. All linen will be taken down to the laundry area and cleaned by the NS Health Authorities recommendations. Tissue paper, toilet paper, coffee pods, paper towel, etc. refresh would also be left in a separate bag outside of the guestroom door. Additional supplies will be provided in the room prior to arrival as well. (Staff are always just a phone call away if something is needed.)

Garbage/Recycling:

Extra garbage bags and recycling bags are provided in the room prior to arrival. All garbage/recycling to be bagged separately and left outside the guestroom door for a designated hotel staff member to pick up on a daily basis throughout the day. Additional garbage bags are available if more are needed and we would leave these outside the guestroom door.



Premium WIFI:

We will provide you with our premium wifi as we are now your home away from home. During this time we want to make you a little more comfortable and to be able to continue your studies.

Groceries & Personal Products:

In Homewood Suites, a complimentary grocery service will be provided twice a week. If interested, you should call down to the front desk and provide them with their grocery list. All items are bagged per guest and we will leave the items outside your door. Note: all groceries items will be charged accordingly to the room.

Breakfast/Lunch/Dinner:

All meals will be delivered to the guestroom and left outside the guestroom door. We have designated mealtimes which will be discussed upon your arrival. Our staff member will knock on the door to let you know when we have dropped off the meal, they will step back and wait for you to pick up our meal. If you have allergies, please disclose upon arrival or send an email ahead of time so we can accommodate accordingly.

Snack Cart/Menu Card:

To assist you with your isolation we have a fabulous suite shop that consists of many tempting items including, chips, chocolate, ice cream, and many other goodies. We have two options to assist. You can order off the snack cart that we take on to the floors so you can choose, or you can fill out the snack menu card select your items and leave the card on the door for staff to pick up and deliver to the rooms. All items purchased will be charged to the guestroom.

Gaming/Model Building anyone?

Do you play video games, D&D, Pokémon, Magic Gathering, Warhammer, etc? Hotel has an agreement with The Deck Box Halifax to deliver games and models to your room. Contact The Deck Box for more information and associated costs: www.thedeckboxhalifax.com

Freshly Baked Pastry/Latte craving?

Little Eden- the earth friendly café & bakery. 10% off and room delivery from the cozy warm café downstairs. Give them a call at 902-717-2144.

Special Requests:

The staff at the Hampton Inn & Homewood Suites are here to assist you with your isolation stay. Whereas everyone may need something a little different, special or just unique- we ask that you "try us". Maybe you have decided to take up yoga in the 14 days you are staying with us and need a yoga mat- ask us- I'm sure we can help you out. Or maybe you need to print a document you are working on – email it to the front desk- they will print it and deliver it to your room.



Sample Meal Plan Menu

SUNDAY:

- **Breakfast** = omelette / pancake + always offer whole or sliced fruit / yogurt / cereal / bread / coffee / tea / juice
- **Lunch** = stuffed peppers / potato / vegetable / yogurt or fruit- veg option available – choice of beverage including water
- **Dinner** = pesto chicken w rice / salad / dessert – choice of beverage including water

MONDAY:

- **Breakfast** = frittata / potato + always offer whole or sliced fruit / yogurt / cereal / bread / coffee / tea / juice
- **Lunch*** = beef penne / salad / bread roll / yogurt or fruit – veg option available – choice of beverage including water
- **Dinner** = chicken pot pie / salad / bread / yogurt or fruit – choice of beverage including water

TUESDAY:

- **Breakfast** = scrambled egg / waffle + always offer whole or sliced fruit / yogurt / cereal / bread / coffee / tea / juice
- **Lunch** = daily soup/ assorted sandwich / vegetables / yogurt or fruit – choice of beverage including water
- **Dinner** = pork loin / potato / vegetable / yogurt or fruit - veg option available – choice of beverage including water

WEDNESDAY:

- **Breakfast** = omelette / ham / potato + always offer whole or sliced fruit / yogurt / cereal / bread / coffee / tea / juice
- **Lunch** = meat lasagna / salad / yogurt or fruit - veg option available – choice of beverage **including** water
- **Dinner** = chicken stir fry/ rice / baked spring roll / dessert - veg option available – choice of beverage including water



THURSDAY:

- **Breakfast** = frittata / french toast + always offer whole or sliced fruit / yogurt / cereal / bread / coffee / tea / juice
- **Lunch** = chicken chilli / salad / bread roll / yogurt or fruit – choice of beverage including water
- **Dinner** = hamburger w fries / coleslaw / yogurt or fruit – choice of beverage including water

FRIDAY:

- **Breakfast** = scrambled egg / bacon / potato + always offer whole or sliced fruit / yogurt / cereal / bread / coffee / tea / juice
- **Lunch** = spaghetti and meat sauce / salad / yogurt or fruit – choice of beverage including water
- **Dinner** = roast beef or salmon / mashed potato / vegetable / yogurt or fruit - veg option available – choice of beverage including water

SATURDAY:

- **Breakfast** = omelette / pancake + always offer whole or sliced fruit / yogurt / cereal / bread / coffee / tea / juice
- **Lunch** = roasted chicken w rice / vegetables / yogurt or fruit – choice of beverage including water
- **Dinner** = BBQ pork ribs / potato / steamed broccoli / dessert* – choice of beverage including water