



TRAVEL TO CANADA AND QUARANTINE REGULATIONS

Before departure:

1. Take a COVID-19 molecular test (PCR test) 72 hours prior to your departure to Canada.
2. Reserve and pay for your 3-night federal quarantine in a [government-authorized hotels](#).
3. Enter proof of pre-paid hotel reservation through [ArriveCAN](#) before boarding your flight. Download the
4. Register for your [COVID-19 arrival test](#)
5. Apply to enter Nova Scotia by completing the [NS Safe Check-in Form](#).
6. For students living off-campus: Reserve your [Nova Scotia 11-night quarantine hotel](#).
7. For students who will live on-campus: [Apply for MSVU on-campus residence](#).
8. Book your taxi from the Halifax airport to your quarantine location.
 - Halifax Airport Taxi and Limousine Service: <https://www.halifaxairporttaxis.com/>
 - Halifax Airport Limo Taxis <http://www.halifaxairportlimotaxis.com/index.php>
9. Take a screenshot of your current course registration through the EllucianGo mobile app or on the [MyMount](#) website.
Note: if you are not studying within 4 weeks of your departure date to Canada, you will be denied entry into Nova Scotia.
10. Request for your [Confirmation of Enrolment Letter](#) from MSVU Registrar's Office.
11. Make sure that your medical exam is valid (*if applicable*).
Note: a medical exam is only valid for 12 months.

IMPORTANT: Before traveling you **MUST** read the following:

1. [MSVU International COVID-19 FAQ page](#).
2. [Preparing for your Travel to Canada](#)
3. [Arriving in Canada](#)
4. [Arriving in Nova Scotia](#)

Information on these pages will help you complete the MSVU Quarantine Plan and will prepare you for your travel to Canada.

To participate in MSVU's Quarantine Plan, you must complete this form and submit it, along with the supporting confirmation documents to international@MSVU.ca

We will only sign your MSVU Quarantine Plan after receiving the following documents:

1. Nova Scotia hotel or MSVU residence booking confirmation.
2. Taxi from Halifax airport to place of quarantine booking confirmation.
3. Proof of course registration.
4. Approval confirmation to enter Nova Scotia.
5. Completed MSVU Quarantine Plan. Please read and fill out the following pages very carefully to avoid delays.
Please submit your completed plan 5 days before you travel to Canada.

Once your form has been reviewed, we will sign it and return it to you to present at the port of entry as your quarantine plan.



MSVU Quarantine Plan

PERSONAL INFORMATION:

Full Name: _____ | MSVU Student Number: _____

Passport number: _____ | Date of birth (yyyy/mm/dd): _____

Country of origin: _____

Home address: _____

ARRIVAL INFORMATION:

Arrival date: _____ | Port of entry into Canada: _____

Airline name: _____ | Flight #: _____

QUARANTINE LOCATION:

These locations have been evaluated by MSVU as being appropriate for quarantine purposes, as they provide:

- 3 meals / day, delivered to my room OR grocery that will be delivered to my hotel
- Access to needed toiletries, linen, cleaning supplies etc.
- Laundry service
- Single occupancy room with bathroom

Please indicate your quarantine location.

_____ **Hampton Inn by Hilton** 1960 Brunswick St, Halifax, NS B3J 2G7

_____ **Homewood Suites by Hilton** 1960 Brunswick St, Halifax B3J 2G7

_____ **MSVU On-campus Residence** 166 Bedford Highway, Halifax, NS B3M 2J6

**Please attach the booking confirmation to this form to have your quarantine plan approved by MSVU.*

TRANSPORTATION TO QUARANTINE LOCATION

Please arrange transportation with Halifax Airport Taxi Service. Both of the following companies offer flat rates to and from the airport and adhere to Covid-19 safety protocol. *Initial the booking company you used.*

_____ Halifax Airport Taxi & Limousine Service

_____ Halifax Airport Limo Taxi

**Please attach your taxi booking confirmation to this form to have your quarantine plan approved by MSVU*

HEALTH INSURANCE:

Initial to confirm you have health insurance.

_____ I have arranged health insurance that includes COVID-19 expenses from the moment I enter Canada.



COVID-19 TEST:

Initial to confirm you understand.

_____ I will be scheduling a COVID-19 molecular test (PCR test) within 72 hours prior to my departure to Canada.

FEDERAL QUARANTINE:

Initial to confirm you understand.

_____ I understand that I have to take another COVID-19 test and complete a 3-day minimum quarantine period upon my arrival to Canada.

_____ I understand that is Federal requirement is in addition to the 14-day quarantine period required by the province of Nova Scotia.

ACCOMPANYING PEOPLE:

_____ I am travelling alone.

_____ I am traveling with family. Specify number of family members and list all of their names and birth dates.

_____ I am travelling with my Halifax roommate who will be quarantining with me. Specify their names.

COMMITMENT TO THIS PLAN:

I, _____, confirm that the information I provided and confirmed are truthful. I will follow all requirements prescribed by the Government of Canada and the province of Nova Scotia, for a full 14 days. I understand the importance of the quarantine procedure upon arrival in Canada and any violation of the mandatory quarantine requirement can result in a:

- _____ \$750,000 fine;
- _____ up to 6-months of imprisonment;
- _____ and 1-year inadmissibility to Canada.

(Confirm that you understand each penalty by writing your initials.)

Signature: _____ Date: _____

MSVU CONFIRMATION

I confirm that the student has signed up for the quarantine plan that Mount Saint Vincent University has pre-planned to meet the obligations of the Public Health Service of Canada.

Signature: _____ Date: _____



Printed name: _____ Position: _____

Phone (24/7): _____ Email: _____

Upon arrival in Canada:

1. Present all required documents.
2. Provide proof your negative COVID-19 molecular test (PCR test) taken within 72 hours prior to your departure to Canada.
3. Take a COVID-19 molecular test on arrival in Canada; collect your federal home test to be take on day 8 of your quarantine.
4. Stay in the government-authorized hotel while awaiting the results of the COVID-19 molecular test administered upon arrival.
5. Once you receive your negative results from the test administered upon arrival, proceed to Nova Scotia to complete the remainder of your 14-day quarantine in the MSVU approved hotel as agreed to in your quarantine plan.

Upon arrival in Nova Scotia:

1. Provide approval confirmation to enter Nova Scotia.
2. Take your prebooked taxi from the Halifax airport to your place of quarantine.
3. Stay in your room to complete the remainder of your quarantine period.
4. Complete your federal home test on day 8, following the instructions to send it to the federal testing agency.
5. Obtain your negative results from your federal home test.
6. Complete the remainder of your quarantine.

Note: You cannot leave quarantine until you have the results of your 8th day federal home test. If there is a delay in getting these federal results for any reason, you will be required to stay in quarantine until the results are received. We recommend that you take your 8th day home test promptly on the morning of your 8th day and follow the instructions to arrange to have the test picked up immediately.

For complete details on all testing requirements, please visit this [Government of Canada website](#).