



Quarantine Plan

Instructions:

To participate in MSVU's Quarantine Plan, you must complete this form and submit it, along with the supporting confirmation documents to international@MSVU.ca

Before completing the form:

1. Choose and book the location for your Quarantine Period.
2. Book your transportation to the location for your Quarantine Period.

Email your completed form, along with your confirmation documents to international@MSVU.ca

Important! Do not forget to attach:

1. *Booking confirmation for the location of your Quarantine;*
2. *Booking confirmation for your transportation;*

Once your form has been reviewed, we will sign it and return it to you to present at the port of entry as your quarantine plan.

MSVU On-Campus Residence:

(ONLY for students who will be living on campus for the winter semester)

If you are planning to live on campus for the winter semester, you will be provided with Quarantine space on campus as part of your residence package at no extra cost.

MSVU Off-Campus Hotel:

(for students who will be living off-campus)

MSVU has made arrangements with the Homewood and the Hampton Hotels. Please see the attached document for details. These properties will allow:

- An affordable meal plan option
- Outdoor time
- In-room activities and recreation
- Laundry
- Grocery delivery
- Premium Wi-Fi
- Snacks/Pastries/Cafe delivery to your room

Transportation Options:

- Halifax Airport Taxi Cab <https://halifaxairporthtaxicab.com/index.php>
- Halifax Airport Limo Taxis <http://www.halifaxairporthlimotaxis.com/index.php>



Hampton Inn & Homewood Suites- MSV Quarantine Plan - 1960 Brunswick Street

Hampton Inn: \$90.00 per night including 3 hot meals, premium wifi, fridge, security safe, outdoor space, gaming access, discount bakery options, fitness access. *Not including taxes

\$69.00 per night, no meals, not including taxes- same amenities as above.

Homewood Suites: \$109.00 per night including 3 hot meals, all suites with full kitchen, wifi, security safe, outdoor space, gaming access, discount bakery options, fitness access. *Not including taxes.

\$89.00 per night, no meals, not including taxes- same amenities as above.

*occupancy is for one person. \$35.00 additional per person *both hotels are connected, dual pad property.

**meal plan rate for children 10 and under is \$20 per day

Hotel Isolation Details:

You will remain in your room for the duration of your 14-day isolation stay except for the following scheduled activities listed below. Upon arrival we would require your credit card number and we will need to see your ID/Passport along with your student ID #. We will provide you with a temporary key (expire in 1 hour). We have Covid-19 signage all throughout the hotel, lobby, elevators re: social distancing displayed until you get to your room. You are expected to wear your mask every time you are out of your guestroom during your scheduled appointments and follow all mandatory protocol.

Outdoor "cool fresh air break":

The use of our hidden gem of a secluded outdoor terrace will be ideal for you to step outside of your guestroom (mask on) and take in some fresh air with a beautiful view of the Citadel Fortress in our backyard.

- You are permitted to take this break once a day for one hour, **or** twice a day for 30 minutes.
- You will need to call or email the front desk and book your scheduled time to ensure all safety guidelines are met.
- At the time of your scheduled outdoor break, you will call the front desk to complete the daily COVID-19 assessment questionnaire.
- Once completed, you will be permitted to attend your scheduled break and to pick up a temporary card that will get you get back into your room.



Are you a smoker?

- In place of the daily one-hour break, smokers may choose to book the smoking terrace for six (6) - 10 minute slots a day.
- The same process (above) applies.

Linen & Amenities:

A change of linen will be provided once a week (unless you request additional linen-which by calling the housekeeping department). All linen will be collected by the guest, bagged and left outside your guestroom door. All fresh linen will also be bagged and left outside the guestroom door for you (the guest) to pickup. All linen will be taken down to the laundry area and cleaned by the NS Health Authorities recommendations. Tissue paper, toilet paper, coffee pods, paper towel, etc. refresh would also be left in a separate bag outside of the guestroom door. Additional supplies will be provided in the room prior to arrival as well. (Staff are always just a phone call away if something is needed.)

Garbage/Recycling:

Extra garbage bags and recycling bags are provided in the room prior to arrival. All garbage/recycling to be bagged separately and left outside the guestroom door for a designated hotel staff member to pick up on a daily basis throughout the day. Additional garbage bags are available if more are needed and we would leave these outside the guestroom door.

Premium WIFI:

We will provide you with our premium wifi as we are now your home away from home. During this time we want to make you a little more comfortable and to be able to continue your studies.

Groceries & Personal Products:

Twice weekly a complimentary grocery service will be provided. If interested, you should call down to the front desk and provide them with their grocery list. All items are bagged per guest and we will leave the items outside your door. Note: all groceries items will be charged accordingly to the room.

Breakfast/Lunch/Dinner:

All meals will be delivered to the guestroom and left outside the guestroom door. We have designated mealtimes which will be discussed upon your arrival. Our staff member will knock on the door to let you know when we have dropped off the meal, they will step back and wait for you to pick up our meal. If you have allergies, please disclose upon arrival or send an email ahead of time so we can accommodate accordingly.



Snack Cart/Menu Card:

To assist you with your isolation we have a fabulous suite shop that consists of many tempting items including, chips, chocolate, ice cream, and many other goodies. We have two options to assist. You can order off the snack cart that we take on to the floors so you can choose, or you can fill out the snack menu card select your items and leave the card on the door for staff to pick up and deliver to the rooms. All items purchased will be charged to the guestroom.

Gaming/Model Building anyone?

Located on site at the hotel. The Deck Box has room delivery for video games, D&D, Pokémon, Magic Gathering, Warhammer, etc. Don't see it on their website- call or email them and they most likely have it. Need a connection to the in-room TV let them know.

www.thedekboxhalifax.com

@thedekboxhalifax

Freshly Baked Pastry/Latte craving?

Little Eden- the earth friendly café & bakery. 10% off and room delivery from the cozy warm café downstairs. Give them a call at 902-717-2144.

Special Requests:

The staff at the Hampton Inn & Homewood Suites are here to assist you with your isolation stay. Whereas everyone may need something a little different, special or just unique- we ask that you "try us". Maybe you have decided to take up yoga in the 14 days you are staying with us and need a yoga mat- ask us- I'm sure we can help you out. Or maybe you need to print a document you are working on – email it to the front desk- they will print it and deliver it to your room.

How to book the Hampton Inn:

Booking Link:

<https://www.hilton.com/en/book/reservation/deeplink/?&ctyhocn=YHZDXHX&corporateCode=0003286454&flexibleDates=true>

Hotel: Hampton Inn by Hilton Halifax/Downtown

Company Name: MSVU

How to book the Homewood Suites:

Booking Link:

<https://www.hilton.com/en/book/reservation/deeplink/?&ctyhocn=YHZDWHW&corporateCode=0003286454&flexibleDates=true>

Hotel: Homewood Suites by Hilton Halifax-Downtown

Company Name: MSVU



MSVU Quarantine Plan

PERSONAL INFORMATION:

Full Name: _____ | MSVU Student Number: _____

Passport number: _____ | Date of birth (yyyy/mm/dd): _____

Country of origin: _____

Home address: _____

ARRIVAL INFORMATION:

Arrival date: _____ | Port of entry into Canada: _____

Airline name: _____ | Flight #: _____

QUARANTINE LOCATION:

These seven locations have been evaluated by MSVU as being appropriate for quarantine purposes, as they provide:

- 3 meals / day, delivered to my room OR grocery that will be delivered to my hotel
- Access to needed toiletries, linen, cleaning supplies etc.
- Laundry service
- Single occupancy room with bathroom

Please indicate your quarantine location.

_____ **MSVU Residence** 166 Bedford Highway, Bedford, NS B3M 2J6

_____ **Hampton Inn by Hilton** 1960 Brunswick St, Halifax, NS B3J 2G7

_____ **Homewood Suites by Hilton** 1960 Brunswick St, Halifax B3J 2G7

**Please attach the booking confirmation to this form to have your quarantine plan approved by MSVU.*



TRANSPORTATION TO QUARANTINE LOCATION

Please arrange transportation with Halifax Airport Taxi Service. Both of the following companies offer flat rates to and from the airport and adhere to Covid-19 safety protocol. *Initial the booking company you used.*

_____ Halifax Airport Taxi Cab

_____ Halifax Airport Limo Taxi

**Please attach your taxi booking confirmation to this form to have your quarantine plan approved by MSVU*

HEALTH INSURANCE:

Initial to confirm you have health insurance.

_____ I have arranged health insurance that includes COVID-19 expenses from the moment I enter Canada.

COMMITMENT TO THIS PLAN:

I, _____, confirm that I will follow all criteria provided in this document, as well as all requirements provided by the Government of Canada and the province of Nova Scotia, for a full 14 days. I understand the importance of the quarantine procedure upon arrival in Canada and any violation of the mandatory quarantine requirement can result in a:

_____ \$750,000 fine;

_____ up to 6-months of imprisonment;

_____ and 1-year inadmissibility to Canada.

(Confirm that you understand each penalty by writing your initials.)

Signature: _____ Date: _____

MSVU CONFIRMATION

I confirm that the student has signed up for the quarantine plan that Mount Saint Vincent University has pre-planned to meet the obligations of the Public Health Service of Canada.

Signature: _____ Date: _____

Printed name: _____ Position: _____

Phone (24/7): _____ Email: _____