



YOUR FIRST YEAR

A new student's guide
to program planning
and course selection

2020 - 2021 msvu.ca

Applied Human Nutrition

Welcome to the Mount!

You are at the start of an exciting educational journey. During your time at the Mount, you will make lifelong friends, meet engaging professors, grow your mind, and expand your career options. We are delighted and proud that you have joined our community and look forward to supporting you throughout your program!

This guide will help you choose your first-year courses, create your schedule, and familiarize you with university terminology. The academic choices you make now are important; therefore, we encourage you to read this information carefully.

First Year Registration Checklist

Step 1 Seek academic advising

An academic advisor will help you pick your courses and plan your degree. It is important to review the information in this guide before arriving on campus. You will then be prepared to discuss your interests with an advisor and finalize your course selections.

Step 2 Choose your courses

Follow the worksheet on page four of this guide to assist you with your course selection.

Step 3 Create your class schedule

Course Load: Students may register for a maximum of 5 courses per semester. To be considered a full-time student, you must register for a minimum of 3 courses per semester.

1. From MSVU.ca select MyMount> Log In > Registration Centre
2. Choose the term you are planning (ex. fall 2020 or winter 2021), and then browse or search for the courses you would like to take.
3. You will decide when you would like to take your courses, provided there is more than one section offered for the courses in which you are interested. For example, if you select English 1170 in the fall semester, there will be multiple sections offered at differing times. Courses that are 0.5 unit run for one semester (Sept-Dec or Jan-April) and the courses that are 1.0 unit run for the full year (Sept-April).
4. Be sure to select a couple of back-up courses or sections.

Step 4 Register for your courses

Register online via MyMount or in-person at the Registrar's Office service counter in Evaristus Hall, 2nd Floor.

Step 5 Pay your fees

The final step in the registration process is to pay your fees by the specified deadlines. This step secures your course registrations. Financial information including payment deadlines and fees is available on the MSVU website at <https://www.msvu.ca/en/home/future-students/money/tuition-fees/default.aspx>.

Mount Saint Vincent University Programs and Disciplines at a Glance

Known for our small classes and distinctive programs, we place a strong emphasis on teaching excellence. With one of the lowest student-to-faculty ratios in Canada, the Mount offers a wide variety of undergraduate programs. No matter what field of study you have chosen, you can expect an enriching learning experience.

<p>Bachelor of Arts (BA) & Bachelor of Science (BSc)</p> <p>Major Programs 20 Units (4 years) - A major is required for students enrolled in a 20-unit BA or BSc. Students will gain in-depth knowledge in one single discipline, by completing 8-10 units in their chosen major.</p> <p>Combined Major Programs 20 Units (4 years)- A combined major is an option for students enrolled in a 20 unit BA or BSc. Students will gain an in-depth knowledge of two disciplines, by completing 6-8 units in each of two disciplines.</p> <p>Honours Programs 20 units (4 years) - Available for students who wish to study a single discipline in-depth, usually with post-graduate study as a goal. An Honours program includes 10-12 units in the chosen discipline including an Honours thesis.</p> <p>General Studies 15 units (3 years) - This program offers a broad background in the humanities, sciences and social sciences. Students will select a concentration of 4 units.</p>			<p>Professional Programs</p> <p>Professional programs are degrees focused on a specific career or career path. Units vary depending on the program: 20-23 units (4+ years)</p> <p>Degrees available in:</p> <ul style="list-style-type: none"> • Applied Human Nutrition • Business Administration • Child and Youth Study • Public Relations • Tourism & Hospitality Management <p>Majors, Minors and Honours options may be available in your program of choice. Please consult the Academic Calendar for specific details.</p>
<p>Group A (Science & Math)</p> <p>Applied Human Nutrition <i>(those listed in the science Minor)</i> Applied Statistics (see <i>MATH</i>) Biology Chemistry Computer Science Mathematics Physics Psychology</p>	<p>Group B (Social Sciences)</p> <p>Canadian Studies(CANA) Communications Economics Family Studies & Gerontology Political studies Psychology Sociology/Anthropology Women's Studies(WOMS)</p>	<p>Group C (Humanities)</p> <p>Chinese Cultural Studies English French History Library Philosophy Religious Studies Spanish Writing (WRIT)</p>	
<p>*All BA and BSc programs require at least 1.0 unit in groups A, B and C. Psychology can count toward group A or B, but not both.</p>			

Bachelor of Science in Applied Human Nutrition

First Year Course Selection Worksheet

- Use the tables below to plan your course selections for the fall and winter semesters.
- Refer to the chart on page three for a list of Science and Arts disciplines (groups A, B & C), and professional studies disciplines.
- Select your courses from the “Courses Open to First Year Students” list on the following pages.
- Remember that a course could be offered at different times; therefore, students in the same program often have different class schedules.

Note: Transfer students must take NUTR 1106 in the fall so they can take NUTR 2211 in the winter semester.

Fall Semester	Winter Semester
<ol style="list-style-type: none"> 1. NUTR 1102 Foods I, plus lab (NUTR 102L) 2. NUTR 1010 Introduction to the Profession or NUTR 1106* Introduction to Nutrition 3. CHEM 1011 General Chemistry I, plus lab (CHEM 111L) 4. Arts or Science elective: _____ (An elective is an optional course not required for your program of study. Refer to page three for a list of Arts and Science disciplines -Groups A, B, & C) 5. BUSI, THMT, ECON: _____ <p>Back-up choices: _____</p> <p>_____</p> <p>*Transfer students must take NUTR 1106 in fall to be eligible to take NUTR 2211 in Winter</p>	<ol style="list-style-type: none"> 1. NUTR 1103 Foods II, plus lab (NUTR 103L) 2. NUTR 1106 Introduction to Nutrition or NUTR 1010 Introduction to the Profession (whichever course you did not take in the fall) 3. CHEM 1012 General Chemistry II, plus lab (CHEM 112L) 4. Arts or Science elective: * _____ 5. Arts or Science elective _____ <p>Back-up choices: _____</p> <p>_____</p> <p><i>*Transfer students must take NUTR 2211 (in lieu of an Arts or Science Elective) in the Winter semester to allow you to have prerequisites for 3000 level courses.</i></p>

Notes and future plans: _____

Courses Open to First Year Students (2020 -2021)

Important Notes:

- Courses marked with an asterisk (*) have a prerequisite (either first semester or concurrent), or require permission of the instructor. Check the 2020-2021 Undergraduate Academic Calendar for further information.
- 1.0 unit courses will begin in the fall semester and will continue through the winter semester. If you choose a 1.0 unit course, remember that you will be in the course for the entire academic year, September to April.

APPLIED HUMAN NUTRITION

NUTR 1010	Introduction to the Profession/half unit (<i>prerequisite: Admission to BSc AHN</i>)
NUTR 1102	Foods I/half unit* (lab required) (<i>prerequisite: Grade XII Chemistry or CHEM 1005</i>)
NUTR 1103	Foods II/half unit* (lab required) (<i>prerequisite: Grade XII Chemistry or CHEM 1005</i>)
NUTR 1106	Introduction to Nutrition/half unit* (<i>prerequisite: Grade XII Biology</i>)
NUTR 2240	Nutrition, Health and Safety for the Developing Child and Adolescent/ half unit
NUTR 2260	Cultural Context of Dietetics/half unit (<i>Currently NUTR 2260 is for International students and requires departmental approval.</i>)
NUTR 2261	Cultural Competence of Dietetics/half unit* (<i>prerequisite: NUTR 2260. Currently NUTR 2261 is for International students and requires departmental approval.</i>)

BIOLOGY

BIOL 1114	Human Reproduction, Growth & Maturation/half unit (<i>not a credit towards a major in Biology</i>)
BIOL 1152	Introductory Biology I/half unit (lab required)
BIOL 1153	Introductory Biology II/half unit (lab required)* (<i>prerequisite: BIOL 1152</i>)

BUSINESS

BUSI 1112	Introduction to Business Administration/half unit
BUSI 2011	Introduction to Entrepreneurship/half unit
BUSI 2012	Work and Career in the Modern Global Environment/half unit
BUSI 2060	Personal Finance/half unit
BUSI 2202/THMT 2202	Communications Management/half unit
BUSI 2214	Organizational Behaviour: Individuals in Organizations/half unit
BUSI 2215	Organizational Behaviour: Groups, Structure and Culture/half unit
BUSI 2221	Introductory Accounting I/half unit
BUSI 2222	Introductory Accounting II/half unit* (<i>prerequisite: BUSI 2221</i>)
BUSI 2230	Principles of Marketing/half unit
BUSI 2250	Business Ethics/half unit
BUSI 2601	Introduction to the Nonprofit Sector/half unit

CANADIAN STUDIES

CANA 1001/POLS 1001	Government, Law, and Leaders/half unit
CANA 1002/POLS 1002	State, Democracy, and Change in the Global Era/half unit
CANA 1102/POLS 1102	Citizenship, Identity, and Diversity in Canada/half unit
CANA 2201/POLS 2201	Law, Government, and Politics in Canada/half unit
CANA 2202/POLS 2202	People, Power, and Politics in Canada/half unit
CANA 2211/CULS 2211	Canadian Popular Culture/half unit

CHEMISTRY

CHEM 1003	Chemistry of Everyday Life/half unit
CHEM 1005	Chemical Concepts/half unit (lab/tutorial required)* (<i>prerequisite: Grade XI or XII academic Math or Math 0020 with a grade of C or higher</i>)
CHEM 1011	General Chemistry I/half unit (lab required)* (<i>prerequisite: Grade XII Chemistry and Grade XI and XII academic Math</i>)
CHEM 1012	General Chemistry II/half unit (lab required)* (<i>prerequisite: CHEM 1011</i>)

CHILD AND YOUTH STUDY

CHYS 1110	Introduction to Child and Youth Care/half unit
CHYS 1120	Essentials of Child and Youth Care Practice/half unit <i>*open only to students enrolled in the BA (CHYS) degree</i>

CHYS 1130 Theoretical Frameworks in Child and Youth Study/half unit

COMMUNICATION STUDIES/PUBLIC RELATIONS

The following courses with an asterisk (*) are only open to BPR students.

COMM 1015 Introduction to Communication Technology/half unit
 COMM 1501 Foundations of Science Communication/half unit
 COMM 2013/PBRL 2013 Communication: Theory and Practice/half unit
 COMM 2025 Introduction to Social Media/half unit **(prerequisite: 0.5 unit of COMM or PBRL)*
 COMM 2101 Relational Communication/half unit
 COMM 2211/PBRL 2211 Introduction to Public Speaking/half unit
 *PBRL 1010 Foundations of Public Relations/half unit
 *PBRL 2012 Writing: Theory & Practice/half unit

COMPUTER SCIENCE

CMPS 1024/INTE 1024 Information Technology Fundamentals/half unit
 CMPS 1155 Introduction to Computer Programming I/half unit **(prerequisite: Grade XI or XII academic math)*
 CMPS 1161/INTE 1161 Introduction to Media Computing/half unit *(prerequisite: Grade XI or XII academic math)*
 CMPS 2255 Introduction to Computer Programming II/half unit **(prerequisite: CMPS 1155)*

CULTURAL STUDIES

CULS 1101 Cultural Studies: An Introduction/half unit
 CULS 2201 Cultural Studies: Critical Debates/half unit
 CULS 2202 Music and Culture/half unit
 CULS 2203 History of Rock and Roll/half unit
 CULS 2205 Art in Halifax Now/half unit
 CULS 2211/CANA 2211 Canadian Popular Culture/half unit
 CULS 2293 Understanding Movies/half unit
 CULS 2294 Film Genres/half unit
 CULS 2297 Animated Film/half unit

ECONOMICS

ECON 1101 Introduction to Microeconomics/half unit **(prerequisite: Grade XII academic math)*
 ECON 1102 Introduction to Macroeconomics/half unit **(prerequisite: ECON 1101)*

ENGLISH

WRIT 1120 The Writing Process/half unit
 ENGL 1155 Introduction to Literature: Gender and Form/one-unit
 ENGL 1170 Introduction to Literature: Reading Literature/half unit
 ENGL 1171 Introduction to Literature: Historical Perspectives/half unit
NOTE: *Students may not take both ENGL 1155 and ENGL 1170/1171 for credit. ENGL 1170 should be taken before ENGL 1171. WRIT 1120 cannot be used toward the major or minor in English.*

FAMILY STUDIES

FSGN 1100 Introduction to Family Studies/half unit
 FSGN 2202/PHIL 2202 The Roots of Peace and Conflict/half unit
 FSGN 2212 Perspectives on Parent-Child Relations across the Life Course/ half unit
 FSGN 2312 Resilient Families/half unit
 FSGN 2315 Program Planning in Family Life Education/half unit

GERONTOLOGY

FSGN 1101 Introduction to Gerontology/half unit
 FSGN 2100 Healthy Aging/half unit

HISTORY

HIST 1121 Canoes and Colonialism: Canada to Confederation/half unit
 HIST 1122 Consolidation and Conflict: Canada from Confederation/half unit

HIST 1131	World History: Early Civilizations in Africa, Asia, Europe and the Americas/half unit
HIST 1132	World History: Colonization and Commodities/half unit
HIST 2207	History of Women to the Modern Day/half unit
HIST 2208	From Optimism to Destruction: Europe 1890-1933/half unit
HIST 2209	Catastrophe and Rebirth: Europe 1933-1989/half unit
HIST 2219/POLS 2219	Canadian Foreign Policy/half unit
HIST 2220	Reason & Light: The Enlightenment in Europe/half unit
HIST 2225	Canadian Environmental History/half unit
HIST 2231	History of the Atlantic Colonies Since Confederation/half unit
HIST 2303	Medieval Renaissances: The European Late Middle Ages/half unit
HIST 2391	History of Education in Canada/half unit
HIST 2282	History of Childhood: The North American Experience/half unit
HIST 2285	Love, Sexuality and the Body/half unit
HIST 2288	Russia & the Soviet Experiment/half unit
HIST 2300	A History of Ancient Egypt/half unit

INFORMATION TECHNOLOGY

INTE1024/CMPS 1024	Information Technology Fundamentals/half unit
INTE 2011	Introduction to Project Management/half unit
INTE 2295	Digital Media Management/half unit* (<i>prerequisite: CMPS 1024</i>)

LIBRARY

LIBR 2100	Introduction to Research in the Information Age/half unit
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MATHEMATICS

Students must take the Math placement test in order to take Pre-calculus (MATH 1102) or Calculus (MATH 1113). Students may register for either of these courses before taking the placement test; however, if students do not complete the placement test satisfactorily by the end of the first week of term they may be required to withdraw from the course. Students who will be taking MATH 2208 are advised to take a self-test online at <http://www.msvu.ca/mathematics>.

MATH 0027	Statistics and Math Preparation/half unit (non-credit)
MATH 1102	Pre-calculus I: Algebraic Functions/half unit
MATH 1103	Pre-calculus II: Transcendental Functions/half unit* (<i>prerequisite: MATH1102</i>)
MATH 1113	Introductory Calculus I/half unit
MATH 1114	Introductory Calculus II/half unit* (<i>prerequisite: MATH 1113</i>)
MATH 2208	Introduction to Statistics I/half unit* (lab required-MATH 208L or MATH 208D) (<i>prerequisite: Grade XI or XII academic Math or Math 0020 with a grade of C or higher</i>)
MATH 2209	Introduction to Statistics II/half unit* (lab required-MATH 209L or MATH 209D) (<i>prerequisite: MATH 2208</i>)

NOTE: *Students taking MATH 2208 and MATH 2209 via distance are required to register for a lab offered via distance. The distance labs are identified as MATH 208D and MATH 209D.*

MODERN LANGUAGES

CHINESE

CHIN 1101	Mandarin Chinese I/half unit
CHIN 1102	Mandarin Chinese II/half unit* (<i>prerequisite: CHIN 1101</i>)
CHIN 2288	Introduction to Chinese Culture/half unit

FRENCH:

Students must take a French placement test to determine which course they should take.

FREN 1101	Basic Practical French I/half unit
FREN 1102	Basic Practical French II/half unit
FREN 2201	Practical French I/half unit
FREN 2202	Practical French II/half unit
FREN 2205	Practical French III/half unit
FREN 2206	Practical French IV/half unit

FREN 2214	Intermediate Grammar & Composition I/half unit
FREN 2215	Intermediate Grammar & Composition II/half unit
FREN 2253	Introduction to French Literature I/half unit
FREN 2254	Introduction to French Literature II/half unit

SPANISH:

SPAN 1101	Beginning Spanish I/half unit
SPAN 1102	Beginning Spanish II/half unit* (<i>prerequisite: SPAN 1101 or equivalent</i>)

PHILOSOPHY

PHIL 1010	Introduction to Philosophy/half unit
PHIL 2202/FSGN 2202	The Roots of Peace and Conflict/half unit
PHIL 2201	Knowledge, Truth, and Opinion/half unit
PHIL 2209	Introduction to Ethics/half unit
PHIL 2210/POLS 2210	Theories of Human Nature/half unit
PHIL 2212	Freedom and Responsibility/half unit
PHIL 2217/RELS 2217	Reason and Religious Belief/half unit

PHYSICS

PHYS 1101	General Physics I/half unit* (lab required)* (<i>prerequisite: Math 1103 or high school precalculus Math and placement into MATH 1113</i>)
PHYS 1102	General Physics II/ half unit* (lab required)* (<i>prerequisite: PHYS 1101</i>)
PHYS 1120	Introduction to Astronomy I: The Sky and Planets/half unit
PHYS 1130	Introduction to Astronomy II: Stars and Galaxies/half unit

POLITICAL STUDIES

POLS 1001/CANA 1001	Government, Law, and Leaders/half unit
POLS 1002/CANA 1002	State, Democracy, and Change in the Global Era/half unit
POLS 1102/CANA 1102	Citizenship, Identity, and Diversity in Canada/half unit
POLS 2201/CANA 2201	Law, Government, and Politics in Canada/half unit
POLS 2202/CANA 2202	People, Power, and Politics in Canada/half unit
POLS 2203	Introduction to Public Policy and the Public Interest/half unit
POLS 2210/PHIL 2210	Theories of Human Nature/half unit
POLS 2219/HIST 2219	Canadian Foreign Policy/half unit
POLS 2223/WOMS 2223	Women and Politics/half unit
POLS 2244	Contemporary World Events and Issues/half unit

PSYCHOLOGY

PSYC 1110	Introduction to Psychology as a Natural Science/half unit
PSYC 1120	Introduction to Psychology as a Social Science/half unit

RELIGIOUS STUDIES

RELS 1020	Eastern Religious Traditions/half unit
RELS 1030	Western Religious Traditions/half unit
RELS 2201	Evil/half unit
RELS 2203	Love/half unit
RELS 2217/PHIL 2217	Reason & Religious Belief/half unit

SOCIOLOGY/ANTHROPOLOGY

SOAN 1502	Questioning Society/half unit
SOAN 2520	Family Marriage & Kinship/half unit * (<i>prerequisite: SOAN 1502</i>)
SOAN 2531	Making a Living/half unit * (<i>prerequisite: SOAN 1502</i>)
SOAN 2550	Diversity & Identity/half unit * (<i>prerequisite: SOAN 1502</i>)
SOAN 2570	Gender & Society/half unit * (<i>prerequisite: SOAN 1502</i>)
SOAN 2580	Deviance/half unit * (<i>prerequisite: SOAN 1502</i>)

TOURISM AND HOSPITALITY MANAGEMENT

Some courses in this department may only be open to those students enrolled in Business Administration or Tourism and Hospitality Management programs; please check the 2016-2017 Undergraduate Academic Calendar.

THMT 1101	Introduction to Tourism and Hospitality/half unit
THMT 1116	Principles of Food Production and Service/half unit (lab required)
THMT 2201	Alternate Forms of Tourism/half unit*(<i>prerequisite: THMT1101</i>)
THMT 2202/BUSI 2202	Communications Management/ half unit
THMT 2216	Restaurant and Food Service Management/half unit (lab required)*(<i>prerequisite: THMT 1116</i>)
THMT 2244	Sustainable Tourism/half unit*(<i>prerequisite: THMT1101</i>)

WOMEN'S STUDIES

WOMS 1110	Focus on Women I/half unit
WOMS 1112	Focus on Women II/half unit
WOMS 1114	Introduction to Queer Studies/half unit
WOMS 2221	Women and Health/half unit
WOMS 2223/POLS 2223	Women and Politics/half unit
WOMS 2231	Women and Culture/half unit
WOMS 2570/SOAN 2570	Gender & Society/half unit *(<i>prerequisite: SOAN 1502</i>)

Placement Tests

Mathematics: If you wish to take MATH 1102 (Precalculus I) or MATH 1113 (Calculus I) you must take the Mathematics placement test. Grade 12 Mathematics is NOT a sufficient prerequisite for these courses. (The only exception to the placement test requirement is if you have prior university Mathematics credit.) If you are considering a major or minor in Mathematics, Chemistry, or Physics, we advise you to take the placement test, as you will require MATH 1113.

Many degree programs require MATH 2208 and Math 2209 (Statistics). While there is no placement test for Statistics, see the Undergraduate Academic Calendar regarding their prerequisites. We advise you to take a self-test online at <http://www.msvu.ca/mathematics>.

French: If you plan to take a French course, we recommend that you take a placement test. Contact the Language Lab at (902) 457-6247 in advance to schedule an appointment during the summer or take the test during Early Advising and Registration. If you are in doubt about which level of French you should take, please consult with a member of the Modern Languages Department.

Do you want to be a teacher? Prepare for the Education degree in advance.

If you are interested in applying to the Bachelor of Education program following your undergraduate degree, you need to complete specific admission requirements during your undergraduate program. The table below lists courses that you must complete to meet B.Ed. admission requirements. You will not apply to the B.Ed. program until the last year of your undergraduate degree; therefore, you do not need to take all of the courses required for admission to the B.Ed. program in your first year. You will be able to fit them into your degree throughout your time at the Mount.

Elementary Education Admission Requirements	Secondary Education Admissions Requirements
<ul style="list-style-type: none"> <input type="checkbox"/> 1.0 unit in English <input type="checkbox"/> 1.0 unit in a pure Science (Biology, Chemistry, Physics) <input type="checkbox"/> 1.0 unit in Social Studies (Preference for Canadian or local History) <input type="checkbox"/> 1.0 unit in Math <input type="checkbox"/> 0.5 unit in Developmental Psychology (PSYC 2221 or EDUC 3452) 	<ul style="list-style-type: none"> <input type="checkbox"/> 5.0 unit concentration in a 1st teachable subject (typically your major) <input type="checkbox"/> 3.0 unit concentration in a 2nd teachable subject (typically your minor) <p>Please note that your 1st teachable and your 2nd teachable for secondary education must not fall under the same category. For example, you cannot have Chemistry as a 1st teachable and Biology as a 2nd teachable; but you could have Chemistry as a 1st teachable and Math as a 2nd teachable.</p>
<p>Please see the Undergraduate Academic Calendar for more detailed information.</p>	

Frequently Asked Questions

How will I know which courses to take? This handbook will guide you through the steps of choosing your courses. You should also consult with your academic advisor before choosing courses.

Who is my academic advisor? The Centre for Academic Advising and Student Success (CAASS) is located in Seton 304 and is a great place to start the advising process. Staff in the CAASS will connect you with either a staff or faculty advisor. Contact the CAASS at advising@msvu.ca.

How many courses should I take in each semester? You can register for a maximum of 5 courses per semester (2.5 units). You can register for fewer courses, although it may take longer to complete your degree requirements.

What is the difference between a full-time student vs. a part-time student? A full-time student must be registered in 3 courses per semester for a minimum of 3.0 units per academic year. A part-time student must be registered in 1- 2 courses per semester.

What is MyMount? MyMount is the Mount's online registration program.

How do I get a user ID and password? After you have been accepted to the Mount, you will receive a username and password. Your Mount username and password will give you access to all online tools at MSVU including MyMount and Moodle.

When do I take the placement tests for Math and French? You can take the French placement test at Early Advising and Registration, over the summer, or during Orientation week in September. If you plan do the French Placement test outside of coordinated advising events, contact the department to set-up a test (see previous page for contact information). Math placement tests take place during Orientation week in September.

Can I take a course at the 2000 level if I am in my first year? Yes, as long as there is no prerequisite for the course, or if you happen to have the required prerequisite.

When do I choose my major and minor? You will need to choose a major and minor by the end of your first full year of study (before you register for your 6th unit of study).

Do I have to choose a major and minor? No, you may choose to complete a general studies degree which requires one concentration instead of a major and minor.

What is a timetable? The timetable is the schedule of courses offered each semester including the times, days, professor's name and location of the class. The timetable is not usually available in a printed format but is available on-line through MyMount.

What is the Undergraduate Academic Calendar? The undergraduate academic calendar is the document that describes academic programs, courses, degree requirements, financial information, scholarship information, etc.

Glossary

Advisor - a staff or faculty member who helps you plan your program and select your courses.

Concentration – Arts and Science: A concentration in Arts and Science consists of four units of study as defined by the department offering the program.

Concentration – Professional: Some professional degree programs require students to complete a concentration, a minimum of three units of coursework in a specific area within the professional program. See specific degree requirements in the Academic Calendar.

Credit - same as a unit; technically, the term a “credit” is not used at the Mount, but you will often hear the two terms used interchangeably.

Elective - an optional course or subject not required for your particular program of study.

Full-time student - a student taking three or more units of credit during the regular academic year (September to April).

GPA (grade point average) – The total of your grade points averaged over the number of units contributing points of 0.0 and greater (basically, the average of your grades).

Half-unit (0.5) - a course that runs for one term only.

Laboratory (Lab) - in addition to class time, some courses require labs. If you register for a course which requires a lab, you are required to register for the lab.

Major - a planned selection of courses in a particular subject; usually between 6 and 8 units of each discipline in a 20 unit combined major degree, or between 8 and 10 units in a 20 unit degree with one major. **(Combined majors are only available to BA and BSc students)**

Minor - a secondary area of study within a degree; usually three units of credit.

Part-time student - a student taking 2.5 or fewer units of credit during the regular academic year (September to April).

Placement test - a test to determine at which course level you should be placed to begin your studies. Placement tests are required for some Math courses. It is also required for students taking French.

Prerequisite - a course required before taking another course at a higher or upper level.

Unit – a term used for the Mount’s credit system: 0.5 unit is a course that runs for one term only and 1.0 units is a course that runs for the full academic year (September to April).

Contact the Centre for Academic Advising and Student Success

Phone: 457-6657

Email: advising@msvu.ca

Online: msvu.ca/caass

For additional advising support check out the first-year academic advising section on our website:

msvu.ca/advising

Fall Semester Planner					
TIME	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 am					
9:30					
10:00					
10:30					
11:00					
11:30					
12:00pm					
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9:00pm					

Winter Semester Planner

TIME	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am					
9:30					
10:00					
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11:00					
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12:00pm					
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Notes:

Notes: