



Frost Week

MSVU Winter 2024 Orientation Schedule

We've partnered with the Mount Saint Vincent University Students' Union to deliver a program full of fun and informative social events and sessions. Join us for a chance to meet other students and connect with people in your program and across campus. Events are open to all new and returning MSVU students! Find the full schedule below. All times are in Atlantic Daylight Time (ADT).

Please note that all events are subject to change.

January 2-15

Same-Day Academic Advising, Monday to Friday

9:00 a.m. – 3:00 p.m.

Seton 303 or Online

Need help with course selection and registration for Winter 2024 courses? To accommodate the January 15 add/drop deadline for Winter 2024 courses, the Academic Advisors will be holding same-day appointments from January 2 to January 15 (excluding weekends). To secure a same-day appointment, visit the Office Assistant in SAC 303, phone 902 457 6657, or email advising@msvu.ca. Appointments are booked in the order they're requested and must be booked on the same day as the appointment so reach out early!

Wednesday, January 3

Residence Early Move-in

9:30 a.m. – 5:30 p.m.

If you have secured a room in residence and are arriving early to campus to attend Frost Week Orientation, please click on the link to arrange for early move-in.

[Early Move-in Request Form](#)

Thursday, January 4

What You Need to Know about MSVU: Online Orientation

10:00 a.m. – 4:00 p.m.

Online only

Get a head start and learn what you need to know about being a student at MSVU in our early

arrival online orientation series. These webinars will help prepare you for life at MSVU and ensure you are ready for your classes on Monday, January 8. Stop by for any session that interests you.

Online orientation schedule:

1. 10:00 – 11:00 a.m.: Fees & Finances

Get to know your payment and fees before you arrive! This webinar will help you learn all the fees, your payment options, and the deadline. This session will focus mainly on international students' needs but all are welcome.

[Fees & Finances Teams Link](#)

2. 11:15 a.m. – 12:00 p.m.: MSVU Students' Union

MSVU Students' Union is here to support students in a variety of ways. Meeting MSVU SU President Union President Katarina Allen and learn what the Union can do for you!

[MSVU Students' Union Teams Link](#)

3. 12:15 – 1:00 p.m.: What to Expect in Your First Week of Classes

Excited to start classes at MSVU but feeling a little nervous about what to expect? Join the Mount Mentors as they walk you through what to expect during your first week of classes and discuss how you can prepare for the semester.

[What to Expect in Your First Week of Classes Teams Link](#)

4. 1:15 – 2:00 p.m.: 5 Tips for Success in the Canadian Classroom

Learn how to set yourself up for success for a successful first semester with five helpful tips!

[5 Tips for Success in the Canadian Classroom Teams Link](#)

5. 2:15 – 2:45 p.m.: What You Need to Know About Educational Technology

Learn about all of the electronic technology you need to be a successful student at MSVU. Topics include: myMount, Office 365, Moodle, Blackboard Collaborate and more!

[What You Need to Know About Educational Technology Teams Link](#)

6. 3:00 – 4:00 p.m.: Ask Me Anything

Mount Mentors are here to answer all your questions - even the ones you didn't know you had! Stop by to ask questions or submit them ahead of time and we'll answer during the session.

[Ask Me Anything Teams Link](#)

Friday, January 5: Winter Orientation Day

New International Student Orientation

9:30 a.m. – 12:30 p.m.

Rosaria Multi-Purpose Room (MPR)

Staff from the International Education Centre are looking forward to welcoming you to MSVU. New International Student Orientation (NISO) is a great way to prepare yourself for university life in Canada as well as meet other students from across the world. NISO will continue after 12:30 with New Student Orientation. **Registration is required to attend NISO.**

[Register for New International Student Orientation](#)

New Student Orientation

12:30 p.m. – 4:30 p.m.

Rosaria Multi-Purpose Room (MPR)

The Orientation fun continues with events open to all #newtoMSVU students. This is your chance to get to know your fellow Mystics, find your way around campus, learn tips and tricks about being a student at MSVU, and set yourself up for a successful first semester!

President's Welcome Lunch, 12:30 – 1:30 p.m.

Campus Tour, 1:45 – 2:45 p.m.

Presentation: Classroom Expectations, 3:00 – 3:30 p.m.

Trivia Challenge: 3:30 – 4:30 p.m.

Saturday, January 6: Residence Move-in Day

Residence Move-in

9:30 a.m. – 5:30 p.m.

Get settled back into your residence room or move in for the first time! Move-in day is happening all day Saturday starting at 9:30 a.m. [Apply for residence](#) if you haven't done so yet.

Movie Night

8:00 – 10:00 p.m.

Seton Auditorium B/C

After a long day moving in, relax at movie night in the Seton Auditorium. You bring the blankets, we'll bring the snacks!

Sunday, January 7

Frost Week Winter Carnival

2:00 – 4:00 p.m.

Rosaria Multi-Purpose Room (MPR)

MSVU's Students' Union and Residence Life team invite you to join them for a free afternoon of carnival fun. Come, meet new people, and enjoy bouncy castles, games, prizes, and carnival snacks!

Monday, January 8: First Day of Class

Ask Me Anything

9:00 a.m. – 2:30 p.m.

Campus-wide

New to MSVU? Keep an eye out for the "Ask Me Anything" signs to ask any general questions and

learn how to find your classes on campus.

Social Insurance Number (SIN) Clinic

9:00 a.m. – 4:00 p.m.

McCain 102

International students can stop by the Services Canada clinic to process their Social Insurance Number (SIN) applications. A SIN is required to work in Canada or to get benefits and services from government programs. **Registration is required to attend.**

[Register for the SIN Clinic](#)

Board Game Night

6:00 – 10:00 p.m.

Campus Pub (Rosaria)

Unwind after the first day of classes with a fun night of board games and good company!

Tuesday, January 9

Hemlock Ravine Hike

1:00 – 3:00 p.m.

Seton Lobby (taking Halifax Transit to Hemlock Ravine Park)

Take a break within Halifax as we explore the beautiful Hemlock Ravine Park Trails. We will be meeting in the Seton lobby at 1:00 p.m. to take the bus to Hemlock Ravine. You can also meet us at the heart shaped pond at 1:30 p.m.

BINGO Night

7:00 – 9:00 p.m.

Campus Pub (Rosaria)

Join Mount Campus Rec for an evening of BINGO with a chance to win some MSVU swag!

Wednesday, January 10

Student Services Fair

11:00 a.m. – 1:00 p.m.

McCain Atrium

Get to know the different services on campus and support that's available to you as an MSVU student. Stop by, connect, and participate for a chance to win some great prizes!

Speed Friending

7:00 – 9:00 p.m.

Campus Pub (Rosaria)

Speed Friending is exactly what it sounds like! This is a fun, low-pressure, easy way to meet other MSVU students. Here you can meet a lot of people quickly and form lasting friendships.

Thursday, January 11

Silent Disco

8:00 p.m. – 12:00 a.m.

Campus Pub (Rosaria)

Free Admission with Student ID! MSVU's Students' Union and Residence Life team invite you to join them for another fun ("silent") night this winter orientation! Just pop on your headphones, choose your channel and dance the night away!

Friday, January 12

Ice Skating at the Oval

7:00 – 8:00 p.m.

Emera Oval, 5775 Cogswell St.

Join the Orientation Committee for a free skate at the Emera Oval. This is a family-friendly event open to all members of the Mount community and their friends and family. Free skate rentals are available.

Please note that all skaters under 12 years of age must wear a CSA approved helmet.