



MSVU Fall 2026 Orientation: Crowback Throwback Orientation Schedule

Tuesday, September 1

Online Orientation

- Low-sensory
- Captioning available through Teams
- Slides, recordings, and/or transcripts made available afterwards

Time: 10 a.m. – 4 p.m. (Atlantic Daylight Time)

Location: Microsoft Teams

Get a head start and learn what you need to know about being a student at MSVU in our early arrival online orientation series. These webinars will help prepare you for life at MSVU and ensure you are ready for your classes on Wednesday, September 3. Stop by for any session that interests you!

Online Orientation Schedule

10 a.m. – 11 a.m.: Fees & Finances

Get to know your payment and fees before you arrive! This webinar will help you learn all the fees, your payment options, and the deadline. This session will focus mainly on international students' needs but all are welcome.

[Teams link for Fees & Finances](#)

11:15 a.m. – 12 p.m.: MSVU Students' Union

MSVU Students' Union is here to support students in a variety of ways. Meet MSVUSU President Mika Paul and learn what the Union can do for you!

[Teams link for MSVU Students' Union](#)

12:15 p.m. – 1 p.m.: What to Expect in your First Week of Classes

Excited to start classes at MSVU but feeling a little nervous about what to expect? Join the Mount Mentors as they walk you through what to expect during your first week of classes and discuss how you can prepare for the semester.

[Teams link for What to Expect in your First Week of Classes](#)

1:15 p.m. – 2 p.m.: The Library, Wherever You Are

Whether you're learning from home, studying between commitments, or rarely on campus, the Library is here to support you. Join MSVU librarian Denyse Rodrigues to discover online resources, research help services, and document delivery options designed to help you succeed from anywhere.

[Teams link for The Library, Wherever You Are](#)

2:15 p.m. – 2:45 p.m.: What You Need to Know About Educational Technology

Learn about all of the electronic technology you need to be a successful student at MSVU. Topics include: myMount, Office 365, Moodle, Blackboard Collaborate and more!

[Teams link for What You Need to Know About Educational Technology](#)

3 p.m. – 4 p.m.: Ask Me Anything

Mount Mentors are here to answer all your questions – even the ones you didn't know you had! Stop by to ask questions or submit them ahead of time and we'll answer during the session.

[Teams link for Ask Me Anything](#)

Friday, September 4

International Student Day

- Low- to mid-sensory
- Captioning available
- Wheelchair accessible

Time: 10 a.m. – 5 p.m.

Location: International Education Centre classroom, Seton Annex 102

We are so excited to welcome you to Halifax and to your new MSVU community! No matter where you come from in the world, International Student Day of Orientation is a great way to prepare yourself for university life in Canada as well as meet other students from around the world.

During the Orientation, you will learn about:

- Campus resources and student services
- Immigration information for international students
- Academic expectations and student support
- Health insurance and wellness resources
- Tips for a successful transition to life at MSVU and in Halifax

Please remember to register in advance.

[Register for International Day](#)

Sunday, September 6: Residence Day

Residence Move-in Day

- Mid- to high-sensory
- Contact residence@msvu.ca for information on accessible rooms

Time: 9:30 a.m. – 4:30 p.m.

Location: Rosaria Parking Lot + Residences

Welcome to Residence at MSVU! Residence and other university staff and leaders will welcome you onto campus! Music, snacks and leaders will be all over residences to welcome you and help you get settled into your room.

Meal Plan Drop-in Hours

- Wheelchair accessible

Time: 10 a.m. – 2 p.m.

Location: Chartwells Office, 3rd floor Rosaria

Your chance to sign up for your meal plan with Chartwells. Whether you are a residence or commuter student, they have the right plan for you! Get your Student ID first during the [Library's open hours](#), then visit Chartwells in their office next to the Bookstore.

Parents/Supporters Discussion

- Low-sensory
- Wheelchair accessible

Time: 12:30 p.m. – 1:30 p.m.

Location: The Rook Campus Pub

This is the time that parents can meet with Residence Life Staff (plus others) and have their questions answered as they bring their students to Residence!

Residence Area Meet & Greet

- Mid-sensory

Time: 4:30 p.m. – 5:30 p.m.

Location: Residence Common Areas

Students will meet with the others in their areas and their RA to go over expectations and opportunities on campus. It's a great way to meet the people you will be living with for the next year and find people to connect with!

Residence Welcome Dinner

- Mid- to high-sensory
- Wheelchair accessible

Time: 5:30 p.m. – 7:30 p.m.

Location: Rosaria Dining Hall

Welcome Dinner for Residence Students. Enjoy your first exploration of the amazing food that is offered on campus and meet more of the students living in residence.

Games Night

- Mid-sensory

Time: 7:30 p.m. – 10 p.m.

Location: The lawn between Evaristus and Rosaria

Games night for residence students! Come for your first night of residence to meet new people, play some games, get some snacks and settle in for a fun-filled orientation week!

Monday, September 7: Welcome to MSVU!

Student Parent Social

- Mid- to high-sensory
- Wheelchair accessible

Time: 10 a.m. – 12 p.m.

Location: Athletics & Recreation Gymnasium, 2nd floor Rosaria

An event for MSVU students who are parents. Bring your kids, connect with other student parents at MSVU, and learn about the different supports available on campus for student parents. There will be games, ice cream, and so much more! It's fun for the whole family. The Fountain Play Centre staff will be available the rest of the day so you can join in on Orientation Day afterwards.

[Register for the Student Parent Social](#)

Meal Plan Drop-in Hours

- Wheelchair accessible

Time: 10 a.m. – 12 p.m.

Location: Chartwells Office, 3rd floor Rosaria

Your chance to sign up for your meal plan with Chartwells. Whether you are a residence or commuter student, they have the right plan for you! Get your Student ID first during the [Library's open hours](#), then visit Chartwells in their office next to the Bookstore.

Orientation Day

- Mid- to high-sensory
- Wheelchair accessible

Time: 11:30 a.m. – 5 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

Welcome to MSVU Fall 2026 Orientation: Crowback Throwback! Registration starts at 11:30 a.m. when we will assign you to Orientation leader and team. Get ready to bring the energy and the teamwork! Join us for a day of epic team-building games featuring Tug of War, Obstacle Courses, Flip Cup Relays, and more. Whether you're racing to the finish or flipping your way to victory, it's all about collaboration, competition, and tons of laughs. Bring your game face and comfortable shoes—and maybe a change of clothes—and let's see which team takes the crown!

Detailed schedule:

- 11:30 a.m. - 12 p.m.: Orientation Registration (Rosaria main entrance)
- 12 p.m. - 1 p.m.: MSVUSU barbecue lunch (The Rook Campus Pub (quiet option: The Crow's Nest))

- 1 p.m. – 1:30 p.m.: Presidents' Welcome and Land Acknowledgement
- 1:30 p.m. – 5 p.m.: Team-Building Games (Rosaria MPR & outdoors)
- 5 p.m. - 7 p.m.: Orientation Welcome Dinner (Rosaria Dining Hall)
- 7 p.m. - 10 p.m.: Carnival Night

Supporting Your MSVU Student

- Low- to mid-sensory
- Wheelchair accessible

Time: 12 p.m. – 1 p.m.

Location: Don MacNeil Room (Rosaria 401)

Are you a parent, guardian, or supporter of a new MSVU student? Learn more about what to expect and how you can support your MSVU student during their first year.

Orientation Welcome Dinner

- Mid- to high-sensory
- Wheelchair accessible

Time: 5 p.m. – 7 p.m.

Location: Rosaria Dining Hall

A welcome to new and returning students with a special dinner from Chartwell's. Don't have a meal plan? We've got you covered!

Carnival Night

- High-sensory
- Wheelchair accessible

Time: 7 p.m. – 10 p.m.

Location: Rosaria Parking Lot (rain plan: Rosaria Multi-Purpose Room)

Step right up for a night of carnival fun! Enjoy games, snacks, and classic carnival vibes as way to kick off an exciting Orientation!

Smudging

- Low-sensory

Staff from MSVU's Indigenous Student Centre will be on campus offering quiet smudging stations throughout Orientation. Ask your Orientation leaders about their locations.

Crows' Nest Quiet Area

- Low-sensory
- Wheelchair accessible

Time: 24/7

Location: Crows' Nest, Rosaria main floor

You can always take a break at the Crows' Nest Quiet Area! It's open 24/7 to all students.

Fountain Play Centre for ages 0-5

- Wheelchair accessible

Time: By appointment between 8 a.m. – 8 p.m.

Location: Fountain Play Centre, 1st floor Rosaria

Need childcare while you attend orientation events? The MSVUSU Fountain Play Centre is here for you. Email suplayce@msvu.ca to book your childcare for up to age 5. Availability is first come first served so please book early.

Tuesday, September 8: Academic Day

Women's Soccer Tryout

- High-sensory

Time: 7 a.m. – 8:30 a.m.

Location: Mainland Commons Field #1

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Women's Soccer Tryout](#)

Men's Soccer Tryout

- High-sensory

Time: 7 a.m. – 8:30 a.m.

Location: Mainland Commons Field #2

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Men's Soccer Tryout](#)

B.Ed. Orientation

- Low- to mid-sensory
- Wheelchair accessible
- Captioning available

Time: 8:45 a.m. – 1 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

Join the B.Ed. department to learn more about your program and MSVU. Please note that the B.Ed. Orientation is mandatory for all new B.Ed. students.

Same-Day Academic Advising

- Low-sensory
- Wheelchair accessible if meeting in person
- Captioning available on Teams if meeting online

Time: 9 a.m. – 4 p.m.

Location: Centre for Academic Advising & Student Success, Seton 303

Reserve your same-day appointment with an advisor for help with courses selection or scheduling. Visit Seton 303, email advising@msvu.ca, or call 902 457 6657 to select your appointment time. Reach out early, limited appointments are available each day.

Math Placement Test

- Low-sensory
- Wheelchair accessible

Time: 10 a.m. – 12 p.m.

Location: Seton 329/331

We have three sessions to take the Math Placement Test: Tuesday, September 8, 10 a.m. – 12 p.m. (in person seton 329/331); Tuesday, September 8, 7 p.m. – 9 p.m. (online); or Friday, September 11, 7 – 9 p.m. (online).

Students who plan on taking MATH 1102, MATH 1113 and MATH 2500 (Pre-Calculus I, Calculus I, Stats Models and Data Analysis) must take a math placement test prior to registration. The following exceptions apply:

- If you have completed MATH 0027 (or a verified transfer credit equivalent) with a grade of C in the last 3 years you are able to register in MATH 1102 without taking the placement test.
- If you have completed MATH 1103 (or a verified transfer credit equivalent) you are able to register in MATH 1113 without taking the placement test.

Register for the placement test by emailing MSVUmath@msvu.ca at least 24 hours ahead of time. Practice questions and test information can be found on the Mathematics & Statistics Department website msvu.ca/mathematics. Any course registration inquiries can be sent to MSVUmath@msvu.ca.

[Register for the Math Placement Test](#)

Becoming a Mystic: Student Panel

- Low-sensory
- Wheelchair accessible

Time: 11 a.m. – 12 p.m.

Location: McCain 105 & 106

Learn the tips and tricks about being an MSVU student from upper-year MSVU students. This essential MSVU introduction is your chance to ask questions, find out everything you ever wanted to know about classes, what to expect, and how to get involved.

Academic Welcome Lunch

- Low- to mid-sensory
- Wheelchair accessible

Time: 12 p.m. – 1 p.m.

Location: McCain Atrium

Join the incoming class of 2026 for lunch and a special welcome from our VP Academic, Dr. Lori Francis. Be sure to have your class schedules with you to receive a program-based tour of your classrooms.

Campus Tours by Program

- Low- to mid-sensory
- Route taken is wheelchair accessible

Time: 1 p.m. – 2 p.m.

Location: Campus-wide, starting at McCain Atrium

Take a guided tour of MSVU with others in your program. If you require any accessibility accommodations or would prefer a one-on-one tour with a staff member from Accessibility Services, please contact accessibilityservices@msvu.ca.

Meal Plan Drop-in Hours

- Wheelchair accessible

Time: 2 p.m. – 4 p.m.

Location: Chartwells Office, 3rd floor Rosaria

Your chance to sign up for your meal plan with Chartwells. Whether you are a residence or commuter student, they have the right plan for you! Get your Student ID first during the [Library's open hours](#), then visit Chartwells in their office next to the Bookstore.

Meet Your Department

- Low- to mid-sensory
- Wheelchair accessible

Time: 2 p.m. – 3 p.m.

Location for Arts & Sciences: Seton Auditorium B/C

Location for Professional Studies: McCain 105/106

An official academic welcome from the Deans and faculty. Get to know your professors and learn more about what to expect in your degree.

Approaches to Generative AI at MSVU

- Low- to mid-sensory
- Wheelchair accessible

Time: 3 p.m. – 3:30 p.m.

Location for Arts & Sciences: Seton Auditorium B/C

Location for Professional Studies: McCain 105/106

Explore how to approach generative AI during your studies at MSVU in a fun interactive session.

Lawn Games

- Low- to mid-sensory

Time: 3:30 p.m. – 5 p.m.

Location: Seton Lawn

Enjoy some lawn games, kick a soccer ball around, or just hang out on the grass with your new friends! Hosted by your Mount Mentors.

Cross Country Tryout

- Mid-sensory

Time: 5:15 p.m.

Location: Meet in the Rosaria Lobby

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Cross Country Tryout](#)

Graduate Student Orientation

- Low- to mid-sensory
- Wheelchair accessible
- Hybrid option available (captioning available through Teams)

Time: 6 p.m. – 8 p.m.

Location: McCain 105/106 TBC

Join the Graduate Studies faculty and Dean of Graduate Studies as they welcome you to MSVU's graduate family! After you learn important information about being a graduate student at MSVU you'll have a chance to engage and network with your professors and other graduate students.

If you would like to attend virtually, please request the Teams link by emailing graduate@msvu.ca.

Math Placement Test

- Low-sensory

Time: 7 p.m. – 9 p.m.

Location: Online

We have three sessions to take the Math Placement Test: Tuesday, September 8, 10 a.m. – 12 p.m. (in person seton 329/331); Tuesday, September 8, 7 p.m. – 9 p.m. (online); or Friday, September 11, 7 – 9 p.m. (online).

Students who plan on taking MATH 1102, MATH 1113 and MATH 2500 (Pre-Calculus I, Calculus I, Stats Models and Data Analysis) must take a math placement test prior to registration. The following exceptions apply:

- If you have completed MATH 0027 (or a verified transfer credit equivalent) with a grade of C in the last 3 years you are able to register in MATH 1102 without taking the placement test.

- If you have completed MATH 1103 (or a verified transfer credit equivalent) you are able to register in MATH 1113 without taking the placement test.

Register for the placement test by emailing MSVUmath@msvu.ca at least 24 hours ahead of time. Practice questions and test information can be found on the Mathematics & Statistics Department website msvu.ca/mathematics. Any course registration inquiries can be sent to MSVUmath@msvu.ca.

[Register for the Math Placement Test](#)

Sex, Healthy Relationships, & Sex Toy BINGO

- Mid- to high-sensory
- Wheelchair accessible

Time: 7 p.m. – 10 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

A candid talk about sex, consent, and communication. Your chance to ask Venus Envy your questions about hooking up! Venus Envy is an award-winning, education-based sex shop, and bookstore. We've been around since 1998 selling sex toys, debunking myths, and offering the sex education we never got in high school. Join the MSVUSU for a fun-filled evening of BINGO and trivia, for the chance to win some sensational sex toy prizes!

Smudging

- Low-sensory

Staff from MSVU's Indigenous Student Centre will be on campus offering quiet smudging stations throughout Orientation. Ask your Orientation leaders about their locations.

Crows' Nest Quiet Area

- Low-sensory
- Wheelchair accessible

Time: 24/7

Location: Crows' Nest, 1st floor Rosaria

You can always take a break at the Crows' Nest Quiet Area! It's open 24/7 to all students.

Fountain Play Centre for ages 0-5

- Wheelchair accessible

Time: By appointment between 8 a.m. – 8 p.m.

Location: Fountain Play Centre, 1st floor Rosaria

Need childcare while you attend orientation events? The MSVUSU Fountain Play Centre is here for you. Email suplayce@msvu.ca to book your childcare for up to age 5. Availability is first come first served so please book early.

Wednesday, September 9: First Day of Class

Ask Me Anything

- Low-sensory
- Wheelchair accessible

Time: 9 a.m. – 3 p.m.

Locations: Seton Café, Library Learning Commons, McCain Atrium, Rosaria Terrace, Evaristus Main Entrance

New to MSVU? Keep an eye out for the “Ask Me Anything” signs to ask any general questions and learn how to find your classes on campus.

Same-Day Academic Advising

- Low-sensory
- Wheelchair accessible if meeting in person
- Captioning available on Teams if meeting online

Time: 9 a.m. – 4 p.m.

Location: Centre for Academic Advising & Student Success, Seton 303

Reserve your same-day appointment with an advisor for help with courses selection or scheduling. Visit Seton 303, email advising@msvu.ca, or call 902 457 6657 to select your appointment time. Reach out early; limited appointments are available each day.

Accessibility Services Welcome Session

- Hybrid event
- Wheelchair accessible
- Captioning available through Microsoft Teams
- ASL interpretation available on request: email accessibility@msvu.ca

Time: 10:30 a.m. – 12 p.m.

Location: Accessibility Services Testing Centre, EMF 139, and Microsoft Teams

Are you a new MSVU student with a disability? Are you wondering how your accommodations work? Questions about what you have access to in the online learning environment? Come discuss and learn all about Accessibility Services at MSVU!

[Teams link for Accessibility Services Welcome Session](#)

Meal Plan Drop-in Hours

- Wheelchair accessible

Time: 2 p.m. – 4 p.m.

Location: Chartwells Office, 3rd floor Rosaria

Your chance to sign up for your meal plan with Chartwells. Whether you are a residence or commuter student, they have the right plan for you! Get your Student ID first during the [Library's open hours](#), then visit Chartwells in their office next to the Bookstore.

Drop-in Campus Tour

- Low-sensory
- Tour route is wheelchair accessible

Time: 3 p.m. – 4 p.m.

Location: Meet in McCain Atrium

If you never had a campus tour, or if you want a refresher at the start of the semester, we've got you covered! Meet us in the McCain Atrium for a drop-in tour, no registration required.

Mature & Transfer Student Social

- Mid-sensory
- Wheelchair accessible

Time: 6 p.m. – 8 p.m.

Location: The Rook Campus Pub

Drop by to meet other transfer, 2+2, and mature students. Enjoy some beverages and food, ask questions, and join in on various games and activities!

Crows' Nest Quiet Area

- Low-sensory
- Wheelchair accessible

Time: 24/7

Location: Crows' Nest, 1st floor Rosaria

You can always take a break at the Crows' Nest Quiet Area! It's open 24/7 to all students.

Fountain Play Centre for ages 0-5

- Wheelchair accessible

Time: By appointment between 8 a.m. – 8 p.m.

Location: Fountain Play Centre, 1st floor Rosaria

Need childcare while you attend orientation events or classes? The MSVUSU Fountain Play Centre is here for you. Email suplayce@msvu.ca to book your childcare for up to age 5. Availability is first come first served so please book early.

Thursday, September 10

MenB and HPV Vaccination Clinic

- Low-sensory
- Wheelchair accessible

Time: 9 a.m. – 1 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

The Nova Scotia Public Health Mobile Unit will be hosting a vaccination clinic for Meningococcal B (MenB) and Human Papillomavirus (HPV). Eligibility criteria for the vaccination will be assessed at the time of the visit. No prior registration or appointment needed. Please bring your provincial healthcare card to assess for coverage.

Ask Me Anything

- Low-sensory
- Wheelchair accessible

Time: 9 a.m. – 3 p.m.

Locations: Seton Café, Library Learning Commons, McCain Atrium, Rosaria Terrace, Evaristus Main Entrance

New to MSVU? Keep an eye out for the “Ask Me Anything” signs to ask any general questions and learn how to find your classes on campus.

Same-Day Academic Advising

- Low-sensory
- Wheelchair accessible if meeting in person
- Captioning available on Teams if meeting online

Time: 9 a.m. – 4 p.m.

Location: Centre for Academic Advising & Student Success, Seton 303

Reserve your same-day appointment with an advisor for help with courses selection or scheduling. Visit Seton 303, email advising@msvu.ca, or call 902 457 6657 to select your appointment time. Reach out early; limited appointments are available each day.

Drop-in Campus Tour

- Low-sensory
- Wheelchair accessible

Time: 10:30 a.m. – 11:30 a.m.

Location: Meet in McCain Atrium

If you never had a campus tour, or if you want a refresher at the start of the semester, we’ve got you covered! Meet us in the McCain Atrium for a drop-in tour, no registration required.

Societies & Volunteer Day

- Mid-sensory
- Wheelchair accessible

Time: 11:30 a.m. – 1:30 p.m.

Location: McCain Atrium and Link

Looking to gain valuable experience for future career goals or education program applications? Attend the Societies and Volunteer Day and sign up on-the-spot to volunteer with MSVU societies on campus or community organizations off campus. It’s a great way to build your resume and get involved!

Nutrition Networking Social

- Mid-sensory
- Wheelchair accessible

Time: 2 p.m. – 3:30 p.m.

Location: The Rook Campus Pub

Welcome to the Applied Human Nutrition Department! New and returning AHN students are invited to the Rook to meet other students, faculty and nutrition professionals and learn about all of the opportunities available to you as a nutrition student.

Crafternoons: Drawing Marathon

- Low-sensory
- Wheelchair accessible

Time: 2 p.m. – 4 p.m.

Location: MSVU Library printer area

A drawing workshop facilitated by artist Celina Eceiza. Drop-in: no registration required. Presented in collaboration with the MSVU Art Gallery and MSVU Library & Archives.

Meal Plan Drop-in Hours

- Wheelchair accessible

Time: 2 p.m. – 4 p.m.

Location: Chartwells Office, 3rd floor Rosaria

Your chance to sign up for your meal plan with Chartwells. Whether you are a residence or commuter student, they have the right plan for you! Get your Student ID first during the [Library's open hours](#), then visit Chartwells in their office next to the Bookstore.

How to Hook Up

- Mid-sensory
- Wheelchair accessible

Time: 6:30 p.m. – 8 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

Hooking up - it's not always as easy as it seems in the movies! There's often clunkiness and a lot more communication, and that's okay! This workshop will explore the thrilling and beautifully messy world of hookup culture. We'll talk dating, flirting, communication, rejection, and what to do if and when you get to the physical piece. Hosted by Venus Envy.

Outdoor Movie Night

- Low-sensory
- Wheelchair accessible

Time: 8 p.m. – 10 p.m.

Location: Lawn between Evaristus and Rosaria (rain plan: Rosaria Multi-Purpose Room)

Get ready for a night of laughs, mystery, and nostalgia under the stars! Join the MSVUSU & Residence Life for an outdoor screening of Scooby-Doo (2002). Grab your friends, bring a blanket, and settle in for a cozy movie night. We'll have popcorn, snacks, and plenty of good vibes!

Crows' Nest Quiet Area

- Low-sensory
- Wheelchair accessible

Time: 24/7

Location: Crows' Nest, 1st floor Rosaria

You can always take a break at the Crows' Nest Quiet Area! It's open 24/7 to all students.

Fountain Play Centre for ages 0-5

- Wheelchair accessible

Time: By appointment between 8 a.m. – 8 p.m.

Location: Fountain Play Centre, 1st floor Rosaria

Need childcare while you attend orientation events or classes? The MSVUSU Fountain Play Centre is here for you. Email suplayce@msvu.ca to book your childcare for up to age 5. Availability is first come first served so please book early.

Friday, September 11

Same-Day Academic Advising

- Low-sensory
- Wheelchair accessible if meeting in person
- Captioning available on Teams if meeting online

Time: 9 a.m. – 4 p.m.

Location: Centre for Academic Advising & Student Success, Seton 303

Reserve your same-day appointment with an advisor for help with courses selection or scheduling. Visit Seton 303, email advising@msvu.ca, or call 902 457 6657 to select your appointment time. Reach out early; limited appointments are available each day.

Indigenous Student Orientation

- Low- to mid-sensory

Time: 10 a.m. – 3 p.m.

Location: Indigenous Student Centre, 46 Melody Drive, lower level

Pjila'si! New and returning Indigenous students are invited to participate in MSVU's Indigenous Student Orientation hosted by the Indigenous Student Centre. This event will give students a chance to:

- Get familiar with the MSVU Indigenous Student Centre – Kina'masuti Aqq Apognamasuti
- Meet other Indigenous students

- Chat with the Indigenous Student Centre Staff and Students' Union service managers
- Connect with on-campus supports
- Pick up their student ID
- Enjoy a free lunch!

Please note: This orientation is for Indigenous students only; formal self-identification is optional. We have used the term Indigenous to refer inclusively to members of First Nations, status and non-status, Métis, and Inuit peoples in Canada. If you have any questions, please contact kayla.bernard1@msvu.ca.

[Register for Indigenous Student Orientation](#)

Fiction as Art Writing

- Low-sensory

Time: 2 p.m. – 3 p.m.

Location: All Nations Church, 2535 Robie Street, Halifax

A reading/writing session featuring Cesar Aira, facilitated by Sylvie Fortin and Karin Cope. Drop-in: No registration required. Presented in collaboration with the MSVU Art Gallery and the Halifax Art Book Fair

Women's Basketball Tryout

- High-sensory

Time: 2 p.m. – 4 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Women's Basketball Tryout](#)

Women's Volleyball Tryout

- High-sensory

Time: 4 p.m. – 6 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Women's Volleyball Tryout](#)

Men's Basketball Tryout

- High-sensory

Time: 6 p.m. – 8 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Men's Basketball Tryout](#)

Plant Bingo

- Mid-sensory
- Wheelchair accessible

Time: 6 p.m. – 8 p.m.

Location: The Rook Campus Pub

Join the Garden Society for a fun game of bingo and get the chance to take home a new houseplant! Test your luck, have a good time, and see if you'll be the lucky winner of a little green friend for your room.

Math Placement Test

- Low-sensory

Time: 7 p.m. – 9 p.m.

Location: Online

We have three sessions to take the Math Placement Test: Tuesday, September 8, 10 a.m. – 12 p.m. (in person seton 329/331); Tuesday, September 8, 7 p.m. – 9 p.m. (online); or Friday, September 11, 7 – 9 p.m. (online).

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Register for the placement test by emailing MSVUmath@msvu.ca at least 24 hours ahead of time. Practice questions and test information can be found on the Mathematics & Statistics Department website msvu.ca/mathematics. Any course registration inquiries can be sent to MSVUmath@msvu.ca.

[Register for the Math Placement Test](#)

Laser Tag

- Mid- to high-sensory

Time: 8 p.m. – 11 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

Gear up, team up, and get ready for a night of action-packed laser tag!

Crows' Nest Quiet Area

- Low-sensory
- Wheelchair accessible

Time: 24/7

Location: Crows' Nest, 1st floor Rosaria

You can always take a break at the Crows' Nest Quiet Area! It's open 24/7 to all students.

Fountain Play Centre for ages 0-5

- Wheelchair accessible

Time: By appointment between 8 a.m. – 8 p.m.

Location: Fountain Play Centre, 1st floor Rosaria

Need childcare while you attend orientation events or classes? The MSVUSU Fountain Play Centre is here for you. Email suplayce@msvu.ca to book your childcare for up to age 5. Availability is first come first served so please book early.

Saturday, September 12

Women's Volleyball Tryout

- High-sensory

Time: 9 a.m. – 11 a.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Women's Volleyball Tryout](#)

MSVU Colour Chase

- Mid- to high-sensory

Time: 10 a.m. – 12 p.m.

Location: Start in Rosaria Lobby

Get ready for an exhilarating adventure with Colour Chase, an amazing race-style event that combines the thrill of competition with the vibrant fun of powdered paint! Teams will race against the clock and each other, navigating through a series of exciting challenges spread across various checkpoints.

As teams progress through the race, they'll collect different colors of powdered paint, creating a unique and colorful journey. The event will culminate in a grand finale where the teams will come together for a final, epic color explosion, celebrating their achievements in a burst of vibrant hues.

Open to all Mount Students. Wear a white t-shirt, sunglasses or goggles and a change of shoes for after the event.

Women's Basketball Tryout

- High-sensory

Time: 11 a.m. – 1 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Women's Basketball Tryout](#)

Men's Basketball Tryout

- High-sensory

Time: 1 p.m. – 3 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Men's Basketball Tryout](#)

Art Gallery Exhibition Opening: Celina Eceiza

- Low-sensory
- Wheelchair accessible

Time: 1 p.m. – 4 p.m.

Location: MSVU Art Gallery

A Material called Earth, Volume 2: I will remember this body, by Celina Eceiza. Curated by Sylvie Fortin. All are welcome to attend. Light refreshments will be served.

Artist and Curator Talk/Tour with Celina Eceiza and Sylvie Fortin will be from 1:30 p.m. – 2:30 p.m.

Women's Basketball Tryout

- High-sensory

Time: 5 p.m. – 7 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Women's Basketball Tryout](#)

Sunday, September 13

Men's Basketball Tryout

- High-sensory

Time: 9 a.m. – 11 a.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Men's Basketball Tryout](#)

Women's Basketball Tryout

- High-sensory

Time: 11 a.m. – 1 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Women's Basketball Tryout](#)

Women's Volleyball Tryout

- High-sensory

Time: 1 p.m. – 3 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Women's Volleyball Tryout](#)

Women's Basketball Tryout

- High-sensory

Time: 3 p.m. – 5 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Tryouts for Mystics teams are open to full-time MSVU students. Complete a prospective recruit form at mountmystics.ca if you are interested.

[Signup form for Women's Basketball Tryout](#)

Monday, September 14

Same-Day Academic Advising

- Low-sensory
- Wheelchair accessible if meeting in person
- Captioning available on Teams if meeting online

Time: 9 a.m. – 4 p.m.

Location: Centre for Academic Advising & Student Success, Seton 303

Reserve your same-day appointment with an advisor for help with courses selection or scheduling. Visit Seton 303, email advising@msvu.ca, or call 902 457 6657 to select your appointment time. Reach out early; limited appointments are available each day.

Drop-in Campus Tour

- Low-sensory
- Wheelchair accessible

Time: 10:30 a.m. – 11:30 a.m.

Location: Meet in McCain Atrium

If you never had a campus tour, or if you want a refresher at the start of the semester, we've got you covered! Meet us in the McCain Atrium for a drop-in tour, no registration required.

Student Services Pop-Up

- Mid-sensory
- Wheelchair accessible

Time: 11:30 a.m. – 12:30 p.m.

Location: Seton Link, McCain Atrium, Rosaria Mezzanine

There are all kinds of services and supports you can access as a student. Come meet them to learn more about what they offer – and maybe you'll pick up some swag while you're at it!

Lab Coat Tie-Dye

- Low-sensory

Time: 2 p.m. – 5 p.m.

Location: The Rook Campus Pub

Join the Science Society for their first event of the year! All you need to bring is your labcoat and creativity, tie-dying supplies are provided!

Vincenzo Ravina – Actual Wizard (Magician)

- Mid-sensory
- Wheelchair accessible

Time: 7 p.m. – 8:30 p.m.

Location: Rosaria Multi-Purpose Room (MPR)

Prepare to be amazed! Step into a world of wonder with Vincenzo Ravina, the acclaimed actual wizard and magician known for his mind-bending illusions, offbeat humor, and interactive storytelling. Blending mystery with charm, Vincenzo will take you on a surreal journey filled with impossible moments, unexpected twists, and a touch of the bizarre. This is a show you won't want to miss!

Glow-in-the-Dark Capture the Flag

- Mid- to high-sensory

Time: 9 p.m. – 10:30 p.m.

Location: Rosaria Gymnasium

Get ready for an electrifying night of adventure and excitement! Join us for a thrilling Glow-in-the-Dark Capture the Flag event, where the classic game takes on a whole new dimension.

Whether you're a seasoned player or new to the game, this event promises to be a night of fun, laughter, and glowing memories. Don't miss out on the chance to shine bright and capture the flag!

Tuesday, September 15

Same-Day Academic Advising

- Low-sensory
- Wheelchair accessible if meeting in person
- Captioning available on Teams if meeting online

Time: 9 a.m. – 4 p.m.

Location: Centre for Academic Advising & Student Success, Seton 303

Reserve your same-day appointment with an advisor for help with courses selection or scheduling. Visit Seton 303, email advising@msvu.ca, or call 902 457 6657 to select your appointment time. Reach out early; limited appointments are available each day.

Tech Fair

- Low- to mid-sensory
- Wheelchair accessible

Time: 11 a.m. – 3 p.m.

Location: McCain Atrium

Learn about the various businesses and University services that make technology more accessible for students!

Student Services Pop-Up

- Mid-sensory
- Wheelchair accessible

Time: 11:30 a.m. – 12:30 p.m.

Location: Seton Link, McCain Link, Rosaria Mezzanine

There are all kinds of services and supports you can access as a student. Come meet them to learn more about what they offer – and maybe you'll pick up some swag while you're at it!

Library Tour

- Low-sensory
- Wheelchair accessible

Time: 12:30 p.m. – 1 p.m.

Location: Library circulation desk

Explore inside the Library! From study spots, to printing, to research help, and so much more, the Library has a lot to offer you as an MSVU student. Join MSVU librarian Denyse Rodrigues for an on-site tour of the Library, and learn about the resources, spaces, and supports available.

[Register for Library Tour](#)

Black Student Support Office Orientation

- Low- to mid-sensory
- Wheelchair accessible

Time: 2 p.m. – 3 p.m.

Location: Black Student Lounge, Seton 314

This event features networking opportunities, cultural activities, a panel with current students, social events and programs. This is more than a welcome to a space, it is the start toward belonging and success.

Drop-in Campus Tour

- Low-sensory
- Wheelchair accessible

Time: 3 p.m. – 4 p.m.

Location: Meet in McCain Atrium

If you never had a campus tour, or if you want a refresher at the start of the semester, we've got you covered! Meet us in the McCain Atrium for a drop-in tour, no registration required.

Christian Fellowship Society Meet & Greet

- Low-sensory
- Wheelchair accessible

Time: 3:30 p.m. – 5 p.m.

Location: The Rook Campus Pub

Citadel Ghost Tours

- Mid-sensory

Time: 7:30 p.m. Meet at 6 p.m. in the Rosaria lobby to take the bus downtown together.

Location: Halifax Citadel Historic Site

Step into the shadows of Halifax's National Historic Site, Citadel Hill with a ghost tour. Join us as they lead you through shadowy corridors revealing tales of paranormal encounters and eerie legends that have haunted the hill for centuries. Brought to you by your Students' Union.

Pre-registration is required; limited spots are available.

[Register for the Citadel Ghost Tour](#)

Wednesday, September 16

Student Services Pop-Up

- Mid-sensory
- Wheelchair accessible

Time: 1 p.m. – 2 p.m.

Location: Seton Link, McCain Link, Rosaria Mezzanine

There are all kinds of services and supports you can access as a student. Come meet them to learn more about what they offer – and maybe you'll pick up some swag while you're at it!

Science Society General Meeting

- Low-sensory
- Wheelchair accessible

Time: 4:30 p.m. – 5:15 p.m.

Location: Evaristus 131 (classroom)

Come meet the Science society's executive team for their first general meeting and learn all about their involvement in the MSVU community!

Bob Ross Paint & Sip

- Low-sensory
- Wheelchair accessible

Time: 6 p.m. – 8 p.m.

Location: The Rook Campus Pub

Relax, let your creativity flow, and embrace those happy little accidents! All artists will receive a free drink ticket for a mocktail of their choice courtesy of the MSVU Students' Union! **First come first serve, limited spots available.**

Thursday, September 17

Student Services Pop-Up

- Mid-sensory
- Wheelchair accessible

Time: 1 p.m. – 2 p.m.

Location: Seton Link, McCain Link, Rosaria Mezzanine

There are all kinds of services and supports you can access as a student. Come meet them to learn more about what they offer – and maybe you'll pick up some swag while you're at it!

Waves of Change Bystander Intervention Training

- Low-sensory
- Wheelchair accessible

Time: 2 p.m. – 4:30 p.m.

Location: McCain 301

Waves of Change is an education program offered for free to MSVU students who can learn consent skills, bystander intervention skills, and the value of supporting survivors of sexual violence. This program draws on participants' existing skills, knowledge, and creativity to facilitate broader strategies for social change.

Craft n' Social Night

- Low-sensory
- Wheelchair accessible

Time: 4 p.m. – 6 p.m.

Location: Seton 407 (Faculty Lounge)

The Women and Gender Studies Society would like to welcome any new and returning students for a chance to catch up with your old friends, or to make some new friends. We will have crafts available to make bracelets, or you can feel free to bring in your own! This will be a fun night of crafting and socialization.

The Library Online

- Low-sensory
- Captioning available through Microsoft Teams

Time: 4:30 p.m. – 5:30 p.m.

Location: Online

Learn tips and tricks for using the Library's website and online services to get the most out of what is available to you as an MSVU student. Discover how to book study rooms, how to get personalized help with your research, how to find resources to help you in your classes (and more!) with MSVU librarian Denyse Rodrigues.

[Register for The Library Online](#)

Friday, September 18

International Orientation PLAYBACK

- Low-sensory
- Wheelchair accessible

Time: 9 a.m. – 5 p.m.

Location: International Education Centre classroom, Seton Annex 102

Join us for the International Student Orientation Playback, a second opportunity to access important information and resources to help you succeed at MSVU. **Please remember to register in advance.**

[Register for International Orientation PLAYBACK](#)

Monday, September 21

Boardgame Café

- Low-sensory
- Wheelchair accessible

Time: 10 a.m. – 1 p.m.

Location: The Rook Campus Pub

Enjoy a calm quiet space to sit down, study, and play a boardgame or two. Free snacks and coffee provided!

Mondays with Meagan: Digital Skills Workshop Series – Using Office 365 Products

- Low-sensory

Time: 3:30 p.m. – 4:30 p.m.

Location: TBD

Join Meagan as she shares some essential tips that will help you when using Microsoft Word, OneDrive, PowerPoint, and Microsoft Teams. Some examples of some of the things that will be covered are dealing with images, file management, adding notes to slides, and troubleshooting your microphone and speaker selection in a meeting. These tips should make using these products for your assignments easier!

[Register for Using Office 365 Products](#)

Drop-in Volleyball for MSVU Students

- High-sensory

Time: 9 p.m. – 10:30 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Join us for drop-in volleyball at the Mount! This is a great opportunity for MSVU students to play in a relaxed, friendly environment – no registration required. Whether you're a seasoned player or just want to try something new, everyone is welcome. **Important:** You must have a valid MFC student membership and scan your card at the MFC desk to attend. Grab your friends, come out, and enjoy some volleyball!

Tuesday, September 22

Finding Books & eBooks at the MSVU Library

- Low-sensory
- Captioning available through Microsoft Teams

Time: 4:30 p.m. – 5:30 p.m.

Location: Online

Learn how to effectively use the Novanet catalogue to search for and access Mount Library journal articles and eBooks.

[Register for Finding Books & eBooks at the MSVU Library](#)

Wednesday, September 23

Let's Chat: Orange Shirt Day

- Low-sensory
- Semi-wheelchair accessible; please contact kayla.bernard1@msvu.ca with accessibility concerns

Time: 12 p.m. – 1 p.m.

Location: Indigenous Student Centre, 46 Melody Drive (lower level)

Join us for a casual lunchtime conversation about Orange Shirt Day and the National Day for Truth and Reconciliation. Together, we'll explore the history and ongoing impacts of residential schools, the meaning behind Orange Shirt Day, and ways we can move from awareness to action.

This session is part of our monthly Let's Talk series, which creates space for Indigenous and non-Indigenous students, faculty, and staff to come together, explore Indigenous topics and issues, ask questions, share perspectives, and learn from one another. Each month will feature a different topic and conversation.

Bring your lunch, bring your curiosity, and join us for a respectful, judgment-free discussion. Questions are encouraged, even the ones you worry might be silly. We're here to learn together, build understanding, and engage in meaningful conversation. **No registration required.** Just bring yourself and a willingness to listen, learn, and engage. No silly questions, no judgment, just good conversation and learning together.

Waves of Change Bystander Intervention Training

- Low-sensory
- Wheelchair accessible

Time: 2 p.m. – 4:30 p.m.

Location: McCain 106

Waves of Change is an education program offered for free to MSVU students who can learn consent skills, bystander intervention skills, and the value of supporting survivors of sexual violence. This program draws on participants' existing skills, knowledge, and creativity to facilitate broader strategies for social change.

Finding Scholarly Articles

- Low-sensory
- Captioning available through Microsoft Teams

Time: 4:30 p.m. – 5:30 p.m.

Location: Online

This workshop will provide tips and tricks for effectively searching for and evaluating scholarly sources for your assignments.

[Register for Finding Scholarly Articles](#)

Thursday, September 24

Business & Tourism Society Bi-Annual Pizza Social

- Mid-sensory
- Wheelchair accessible

Time: 11:30 a.m. – 1:30 p.m.

Location: The Rook Campus Pub

Join us for free pizza and a chance to connect with MSVU Business and Tourism faculty, grow your network, and enjoy a casual lunch with peers.

Crow-aoke

- High-sensory
- Wheelchair accessible

Time: 7 p.m. – 10 p.m.

Location: The Rook Campus Pub

Get ready for a night of good music and good memories at Crow-aoke!

Drop-in Sports for MSVU Students: Volleyball & Badminton

- High-sensory

Time: 9 p.m. – 10:30 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Join us for Drop-In Sports at the Mount featuring half badminton and half volleyball! This is a great opportunity for MSVU students to stay active, have fun, and connect with others in a relaxed, friendly environment. No registration is required.

Whether you're an experienced player or just looking to try something new, all skill levels are welcome. **Important:** You must have a valid MFC student membership and scan your card at the MFC desk to participate.

Friday, September 25

Silent Disco

- Low- to mid-sensory (customizable!)
- Wheelchair accessible

Time: 8 p.m. – 12 a.m.

Location: The Rook Campus Pub

Ready to turn up the volume? Grab a pair of headphones and hit the dance floor at our Silent Disco! Switch between multiple DJ's and channels and enjoy a one-of-a-kind party experience that will have everyone moving to their own unique rhythm.

Saturday, September 26

Mystics Spirit Day: Soccer Home Opener

- High-sensory

Women's Game: 1 p.m.

Men's Game: 3:15 p.m.

Location: Mainland Commons Field #2

Come Support the Mount Mystics at the Varsity Soccer Home Opener! Aside from cheering on the Mystics, you can join in on the sideline action with lawn games, refreshments, contests, and much more! Enjoy a day filled with excitement and community spirit. Let's make this home opener to remember!

Sunday, September 27

Mystics Soccer Home Games

- High-sensory

Women's Game: 1 p.m.

Men's Game: 3:15 p.m.

Location: Mainland Commons Field #2

Cheer on the Mystics at the soccer home games! MSVU students get free admission to all Mystics regular season home games.

Monday, September 28

Thinking Critically About Generative AI

- Low-sensory
- Captioning available through Microsoft Teams

Time: 12:30 p.m. – 1:30 p.m.

Location: Online

If your professor allows the use of generative AI with your assignments this session is for you. Along with covering the guidelines for generative AI use at MSVU, this session will also provide tips for evaluating AI-generated content, show you how to cite content that is AI-generated, and more.

[Register for Thinking Critically About Generative AI](#)

Mondays with Meagan: Digital Skills Workshop Series – Finding & Creating Images for Assignments

- Low-sensory

Time: 3:30 p.m. – 4:30 p.m.

Location: TBD

In this session, Meagan will provide tips like how to find images for assignments that are in the public domain, how to properly use an image that is protected by copyright, and how to create your own images, using tools like Canva.

[Register for Finding & Creating Images for Assignments](#)

Volleyball Cup

- High-sensory

Time: 9 p.m. – 10:30 p.m.

Location: A. Garnet Brown Gym (Rosaria)

Get active this fall and compete in the Fall Volleyball Cup! Register as a team by selecting a team captain, or sign up as an individual and we'll place you on a team. Whether you're a seasoned player or new to the game, all MSVU students are welcome to participate. League schedules and game information will be shared on Friday, September 25.

[Register for Volleyball Cup](#)

Tuesday, September 29

Academic Integrity: Doing the Work, Showing the Work

- Low-sensory
- Captioning available through Microsoft Teams

Time: 4:30 p.m. – 5:30 p.m.

Location: Online

Academic integrity is more than avoiding plagiarism; it's about developing habits that support your learning and make your work transparent. This session explores practical strategies for documenting your research process, citing sources, acknowledging use of AI tools, and building strong scholarly practices that will support you throughout your degree.

[Register for Academic Integrity: Doing the Work, Showing the Work](#)

Thursday, October 1

Research Process Matters

- Low-sensory
- Captioning available through Microsoft Teams

Time: 12:30 p.m. – 1:30 p.m.

Location: Online

If you are working on a research assignment this term, this session is for you. Learn how to explain your research choices, strengthen your search strategies, and see whether your work is eligible for the MSVU Library Research Awards which includes a \$360 prize for well researched undergraduate papers.

[Register for Research Process Matters](#)

Friday, October 2

Live Music @ the Rook

- High-sensory
- Wheelchair accessible

Time: 8:30 p.m.

Location: The Rook Campus Pub

Experience an exciting night of live music at the Rook featuring acclaimed EMCA award-winning artist Asif Illyas!