



Department of History
20.0 unit Bachelor of Arts (Honours)
Calendar Year: 2025-2026

Name:
Student ID#:
Advisor:
Date:

Important Notes

If you wish to do an honours degree, you must apply in writing to the department chair. Application may be made after the completion of 10.0 units of study, but must be made before completion of 15.0 units. See the Undergraduate Academic Calendar for more information.

Within your course work, you must complete a minimum of 1.0 unit from each of the following groups, exclusive of your honours subject:

A: Sciences and Mathematics

NUTR (science minor), Applied Statistics (see MATH), BIOL, CHEM, CMPS, MATH, PHYS, PSYC*

B: Social Sciences

CANA, COMM, ECON, FSGN, POLS, PSYC*, SOAN, WOMS

C: Humanities (Not including HIST)

CHIN, CULS, ENGL, FREN, LIBR, PHIL, RELS, SPAN, WRIT

* PSYC may count towards Group A or B, but not both.

You may count up to 4.0 units of professional study towards your degree. Professional study subjects include:

BUSI, CHYS*, INTE, NUTR (acceptable courses under professional minor in Academic Calendar), PBRL, THMT

*Practica may not be counted for credit towards the degree (i.e. CHYS 2251, 3351, 3352, 4451)

If your minor is in professional studies, you can include only 1.0 unit of professional courses as electives.

You may take up to an additional 2.0 units of HIST as general electives.

Up to half of your honours, minor, and overall credit requirements may be met via transfer credit (including Letter of Permission (LOP) courses). Courses with a "P" grade are GPA neutral.

You must obtain a minimum GPA of 3.0 and a grade of C- in at least 10.0 units of required honours courses.

You must obtain a minimum of B- in the honours thesis.

You must obtain a minimum GPA of 2.0 in your minor.

You must obtain an overall GPA of 3.0 or above in all courses counted for the degree beyond the first 5.0 units.

First-class honours will be awarded to students who maintain a GPA of 3.5 or above in 10.0 units in the honours subject and no grade below a B- in all courses counted for the degree beyond the first 5.0 units taken.

You are strongly encouraged to seek out academic advising throughout your time at the Mount; however, you are ultimately responsible for meeting all degree requirements as listed in the academic calendar.

Comprehensive Check

Honours units remaining:	of 10.0
Honours GPA:	(min 3.0)
Minor units remaining:	of 3.0
Minor GPA:	(min 2.0)
Elective units remaining:	of 7.0
Overall GPA:	(min 3.0)

Courses Required for History Honours (10.0 units)

1.0 unit of HIST at 1000 level, selected from:

- o HIST 1102 and 1103,
- o HIST 1121 and 1122,
- o HIST 1131 and 1132;

*or permission of the department to substitute 1.0 u at the 2000 level or above

Course ID	Unit	Grade	Notes/Plans
	0.5 unit		
	0.5 unit		

4.0 units of HIST at 2000 level:

Course ID	Unit	Grade	Notes/Plans
	0.5 unit		
	0.5 unit		
	0.5 unit		
	0.5 unit		

*No more than 8.0 u may be taken in any single area of study (Europe, North America, World)

Do you have ...
-10.0 units required for honours completed?
Yes No Remaining:

- A GPA of 3.0 and at least a C- in 10.0 units of required honours courses?
Yes No GPA:

-Minimum of B- in honours thesis?
Yes No

Continued...4.0 units of HIST at 2000 level:

Course ID	Unit	Grade	Notes/Plans
	0.5 unit		
	0.5 unit		
	0.5 unit		
	0.5 unit		

2.0 units of HIST at 3000 level or above:

Course ID	Unit	Grade	Notes/Plans
	0.5 unit		
	0.5 unit		
	0.5 unit		
	0.5 unit		

Course ID	Unit	Grade	Notes/Plans
HIST 3390	0.5 unit		
HIST 3391	0.5 unit		
HIST 4480	0.5 unit		
HIST 4481	0.5 unit		
HIST 4499	1.0 unit		

Minor requirements (3.0 units)

Course ID	Unit	Grade	Notes/Plans
	0.5 unit		
	0.5 unit		
	0.5 unit		
	0.5 unit		
	0.5 unit		

Complete three units as specified by the minor department (usually in English or Spanish. Refer to the Academic Calendar for specific minor requirements.

Do you have ...
3.0 units of your minor completed?
Yes No Remaining:

A GPA of 2.0 or more in your minor?
Yes No GPA:

General electives (7.0 units)

Course ID	Unit	Grade	Notes/Plans
	0.5 unit		
	0.5 unit		
	0.5 unit		
	0.5 unit		
	0.5 unit		
	0.5 unit		
	0.5 unit		

Do you have ...

7.0 units of general electives completed? Yes No Remaining:

1.0 unit of each Group A, B and C credit? Yes No Remaining: Group A Group B Group C

A cumulative GPA of 3.0 or higher beyond the first 5.0 units? Yes No GPA: