



Internship Education Program Student Information

This information has been compiled collaboratively with Applied Human Nutrition (AHN) students, the AHN Internship Education Program (IEP) and the MSVU Students' Union. It was developed to help students understand the competitive nature of the program and their options in completing the AHN program.

Internship options

While this information sheet focusses on the BScAHN (Dietetics) IEP, there are several routes available to students for a dietetic internship. Students in the BScAHN (Dietetics) may apply to the IEP. Alternately, students in their final year of study in the BScAHN (Dietetics) may apply for a post-degree dietetic internship. Students may also choose to pursue graduate studies in nutrition with a combined internship such as the Mount's MScAHN plus IEP or the MAHN plus IEP. Admission to these dietetic internship routes are competitive with limited enrolments.

Eligibility

Students must be enrolled full-time (three or more units of credit during the September to April academic year) at the Mount; must have completed a minimum of 10 units; must have achieved a GPA of 2.7 or higher in BScAHN (Dietetics) program required courses; achieved a passing grade in each of these courses; and a minimum grade of B- in the required NUTR courses including: NUTR 2204, NUTR 2211, NUTR 2324, NUTR 3313, NUTR 3315, NUTR 3325, NUTR 3326, NUTR 3407, NUTR 4400, NUTR 4406, NUTR 4408, NUTR 4409, NUTR 4414, NUTR 4417, and NUTR 4444.

- Prior to the Level I internship course, students will normally have completed NUTR 3313, 3315, 3325, 3326, 3407 and CHEM 3502; as well as the prerequisites for these courses. Transfer students may apply earlier depending on the number of courses transferred. Students are advised to read the information in the Undergraduate Academic Calendar and attend all internship information sessions to determine eligibility.
- Application to the IEP is highly competitive – while high academic standing is important, student engagement in professional/student associations/activities is very important. Also, students are advised to seek related work experiences in the summers preceding application.
- Applicants must provide proof of current Dietitians of Canada membership.¹
- Applicants must provide a Criminal Record Check including a vulnerable sector search completed within the last 6 months.¹
- Applicants must submit a completed Health Screening and Immunization record form signed by a health care practitioner.¹ The following immunizations are required:
 - Mantoux 5th PPD (2-step TB)
 - MMR (measles, mumps and rubella)
 - Varicella Zoster Chickenpox
 - Hepatitis A & B (Twinrix)
 - Tetanus/diphtheria/pertussis
 - Influenza – Seasonal (Recommended)

¹Applicants are responsible for any associated costs.

Internship Education Program Selection

Application packages are assessed using well-defined criteria (see below) by a selection committee consisting of the IEP Coordinator, AHN Department Chair or designate, a representative from the Dietetic community, and a graduate of the MSVU IEP.

Academics -----	20%
Faculty Reference -----	20%
External Confidential References (2) -----	20%
Resume (Related Experience, Skills) -----	20%
Cover Letter -----	10%
Written Challenge -----	10%

Application Timeline

<p>September (or earlier)</p> <ul style="list-style-type: none"> • Complete Immunization/Health screening form • Obtain criminal record check including a vulnerable sector search
<p>October</p> <ul style="list-style-type: none"> • Internship information session – IEP & DC match
<p>November</p> <ul style="list-style-type: none"> • Resume and cover letter information session • IEP application packages available from IEP office
<p>December</p> <ul style="list-style-type: none"> • IEP package deadline for submission 2:00 PM, December 15 • Faculty interviews conducted (if required). Faculty reference forms completed
<p>January</p> <ul style="list-style-type: none"> • Faculty interviews conducted (if required). Faculty reference forms completed • Applicants complete written challenge
<p>February</p> <ul style="list-style-type: none"> • Applicants receive letters with application results • Interns sign and submit Intern Terms and Conditions

Placement Matching (February/March)

Successful applicants will complete a Placement Application Form listing their top 4 placement choices. All placement options are posted on the IEP Bulletin Board, Evaristus, 3rd floor. At least one of the top 4 choices must be outside the Halifax Regional Municipality Commuting Area. Placement matching is an open competition process. Completion of the Placement Application Form does not guarantee placement at one of the four places identified nor the sequence of the internship. Interns will be notified when placement has been confirmed by Sponsor/Sponsoring organization. Upon confirmation of internship placement, interns must register for the corresponding course (see below). Tuition fees apply to each internship course. Current fees are available at <http://www.msvu.ca/en/home/beamountstudent/money/tuitionfees/detailedfeeinformation.aspx>

Internship Courses

Successful applicants will complete three internship courses.

NUTR 4501 Administrative Internship (Management Competencies)

- Experiences are provided in a variety of food service systems or business organizations

NUTR 4502 Clinical Internship (Nutrition Care Competencies)

- Experience is gained in planning, implementing, and evaluating nutrition care plans of patients/clients in settings such as long-term care, hospitals and Family Health Care Teams

NUTR 4503 Community Internship (Population & Public Health Competencies)

- Experience is gained in assessing needs, planning, implementing and evaluating population health plans in a variety of community settings such as public health, non-profit organizations, community & fitness centers, business sector, government departments

Internship Education Program Statistics 2015-2020

Year	Number of Undergraduate IEP Applicants	Number of Successful Undergraduate Applicants	Complete Undergraduate Application Success Rate	Number of Successful Graduate Student Applicants
2020	36	17	47%	2
2019	36	23	64%	5
2018	39	27	69%	9
2017	52	27	52%	5
2016	57	25	44%	2
2015	51	19	37%	1

IEP Sponsors

- Have appropriate, current accreditation/licensing and/or professional certification and relevant academic qualifications, have experience in their fields, practice according to the Nova Scotia Code of Ethics for Professional Dietitians, and support the MSVU IEP
- Provide adequate, relevant and diverse experiences/opportunities that facilitate the development of required competencies in an organized and orderly manner
- Have appropriate space, meeting areas and equipment available to support Intern(s) in the Internship Education Program