

## Sustainable Business Tour



### We joined Adam Bower at the [Grand Banker.](#)

Adam Bower's career in the food and beverage industry has come full circle and he couldn't be happier. The owner of The Grand Banker Bar and Grill and Brigantine Inn in Lunenburg worked there from 1998 to 2002 as busboy, server and eventually assistant manager, while attending Mount Saint Vincent University. That early foray in the restaurant business convinced Bower that food service was the industry for him. "When Alan (Creaser) gave me my first job at "the Banker" I realized that I wanted to own a restaurant in

Lunenburg someday. But you just don't know if an opportunity likes this will ever present itself."

After graduating from Mount Saint Vincent with a Bachelor of Tourism & Hospitality Management degree, Bower headed west to be a manager at the prestigious Fairmount Jasper Park Lodge Luxury Resort in Alberta. After four years out west, the call of the Atlantic brought him back to Nova Scotia, as Food & Beverage Manager at the Delta Hotels in downtown Halifax. After almost ten years working in the demanding but rewarding environment of a large hotel, and a shorter stint in a managerial role at The Halifax Club, an opportunity to purchase the landmark Lunenburg restaurant presented itself. Adam credits The Grand Banker's owner and his former employer, Alan Creaser, for the mentorship he provided through the entire process of becoming a business owner. When asked if he had some trepidation about the move from manager to owner, Bower said: "Because I already had a great understanding of the business, having worked there for years, I wasn't nervous at all. I was just happy to be coming back to the community I grew up in and excited to bring my experiences to my home town."

In 2017, the Grand Banker was awarded the "Restaurant of the Year" by Taste of Nova Scotia. Adam has also most recently successfully opened Lunenburg's first craft brewing; Shipwright Brewing Company, with plans already for expansion. He employs over 25 year round staff, which tops over 40 team members in the summer months. Adam is also a CAPS (Canadian Association of Professional Sommeliers) trained sommelier, and sits on many industry boards, including Taste of Nova Scotia, and the Restaurant Industry of Nova Scotia.

Adam is a hands-on owner, with a passion for his hometown, local Nova Scotia products and the relationships with producers, and continuing to create unique offerings and experiences for his community.