

A Conversation about Aging Well in the Face of Ageism

Monday, October 6
6:30-8:30 pm
Halifax Central Library,
Paul O'Regan Hall



Ageism is prevalent and harmful. Its implications touch health, social and economic domains for older adults and our communities. What does ageism look like? Why does ageism exist? How can we work to combat it in our lives, programs, and systems?

Join us for a **FREE** thought-provoking discussion on ageism as a barrier to aging well and what we can do about it.

Speakers:



Dr. Janice Keefe

Professor and Chair, Dept of Aging and Family Science
Lena Isabel Jodrey Chair in Gerontology and
Director, Nova Scotia Centre on Aging
Mount Saint Vincent University



Linda Carvery

Award winning vocalist, former
President NS Mass Choir and
community volunteer



Dr. Melissa Andrew

Professor of Medicine
Kathryn Allen Weldon Chair in Alzheimer's Research,
Dalhousie University
Geriatrician, QEII Health Sciences Centre



Donald MacIsaac

Board of Directors, CARP Nova Scotia

Moderator:



Jean Laroche

former CBC Reporter

This event is in recognition of United Nations' International Day of Older Persons (Oct 1), National Seniors Day in Canada (Oct 1) and Nova Scotia Seniors Week (Oct 2-9).

To register go to Eventbrite link below:

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Presented by:

Kathryn Allen Weldon Chair in Alzheimer's Research, Halifax Public Libraries and Nova Scotia Centre on Aging

