

Claire MacIntyre

Claire MacIntyre is a graduate student in the Master of Arts Aging and Family Science program. She graduated from the Mount in spring, 2026 with a Bachelor of Science degree, majoring in biology and with a minor in neuroscience. Claire realized her passion to help older adults through her work with the recreation team at the Cove Guest Home in Sydney. Claire is interested in understanding what autonomy means to older adults as she believes it empowers them to maintain their own sense of identity and purpose. She aims to integrate both her science background and experience with older adults in her future professional role, possibly as a geriatrician. Claire's thesis project will explore how the stress and anxiety experienced by staff in long-term care influences the time and level of care they provide to residents, and how these factors may, in turn, affect their understanding and experience of resident autonomy.

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