

Due to COVID-19
All Fall 2020 workshops are Online
Fall 2020

Professional Development Workshops
For Early Childhood Educators

www.msvu.ca/earlychildhoodworkshops

*Child and Youth Study: Bachelor of Arts, Master of Arts, Early Childhood Administrator Certificate, Professional Development Workshops –
be part of something BIG!*

Intervention • Inclusion • Diversity. Our Children. Our Youth. Our Community.



Funding for these workshops is made possible through the
Early Childhood Development Agreement
coordinated by Early Childhood Development Services,
Nova Scotia Department of Education and Early Childhood Development



Mount Saint Vincent University
166 Bedford Highway
Halifax, NS, B3M 2J6
Child and Youth Study Department



Early Childhood Administrator - Continuing Education Course

**POSTPONED UNTIL
SEPTEMBER 2021
Due to COVID-19**

September — May

This program has been approved by the Early Years Branch of the Department of Education and Early Childhood Development as an option to complete Action 10 of the *Affordable, Quality Child Care: A Great Place to Grow June 2016* https://www.ednet.ns.ca/sites/default/files/affordable_child_care.pdf which requires all directors to have either a diploma or degree plus post-diploma training in leadership/management by 2021.

Hear what participants are saying about the program:

“The overall programme exceeded my expectations because of the level of professionalism that was attained throughout the course”

“I have rekindled my commitment to the field of early childhood education and development and have a renewed determination to make a difference”

“I became more confident in my profession and myself”

“This program has allowed me to see where I am able to take my career.”

“I have always been a hard worker but this course showed me that I was able to accomplish a lot more than I ever thought myself capable of...”

“The skills we learned were not only relevant to a career in child and youth but to any field.”

“I feel more confident in my ability to manage groups of people “

“I would recommend this programme to any early childhood educator who wishes to aspire to a Directors position... I believe all of us should be required to take the course...”

“The exercises and assignments are not overly difficult and they are relevant to the field, which makes it much easier to work through.”

“The amount of growth I experienced personally and professionally during the past year because of the

For more information Please visit our website;
<http://www.msvu.ca/administratorcourse>



Early Childhood Administrator - Continuing Education Course



Who: Early learning and childcare program administrators or educators.

What: Developing leadership skills, knowledge and competency in administering and managing early learning and childcare programs.

When: September - May (two days a month; Friday & Saturday, 9am-4pm)

Where: Mount Saint Vincent University.

Why: You will develop competence in leadership and management training. Through a mixture of lectures, presentations, guest speakers, discussions, workplace based assignments and individual and group work, participants will develop skills to

Modules Include:

Management & Leadership
Managerial Communication
Human Resource Management
ECE Policy Development
Financial Management
Marketing Child Care Programs
Advocacy & Professionalism
Strategic Planning
Risk Management
Curriculum Design Implementation & Evaluation
Computer Application

Tuition is **\$1,200 plus \$160 for course materials**. A Continuing Education Certificate will be awarded upon successful completion of the course. For more information, please contact:

Rhonda Rees
Professional Development Coordinator
Department of Child and Youth Study, Mount Saint Vincent University
(902) 457-6313 rhonda.rees@msvu.ca

<http://www.msvu.ca/administratorcourse>

This course qualifies for the Nova Scotia Department of Education and Early Childhood Development reimbursement Continuing Education Program.

Early Childhood Education Assistance & Continuing Education Programs

The Nova Scotia Department of Education and Early Childhood Development, Early Childhood Development Services, has a recruitment and retention strategy to encourage more individuals into the field, and to assist those already in the early child care sector to deliver quality licensed child care services in Nova Scotia.

They offer two programs to provide financial support; the Early Childhood Education Assistance program offers a debt reduction incentive, and the Continuing Education Program offers reimbursement for continuing education courses offered through the early childhood training institutions in Nova Scotia. For more information on these programs, please visit their website:

<http://www.ednet.ns.ca/earlyyears/pd/>

ALL REGISTRATION IS ONLINE

Please visit our website www.msvu.ca/earlychildhoodworkshops and follow the links to register for workshops.

CONFIRMATION & CANCELLATION POLICY:

Participation is not confirmed until payment is received. Confirmation receipt will be sent by email upon receipt of payment.

All fees are non-refundable but you may allow an alternate person to attend in your absence.

Please allow 48 hours advance notice if making a substitution, otherwise a \$10.00 administration fee is required for a revised certificate of attendance.

CERTIFICATES:

A Certificate of Attendance (including number of workshops contact hours) is given out for all workshops or workshop series.

Participants must attend the full scheduled workshop session in order to receive a certificate.

For all online workshops, PD certificates will be emailed out to participants.

PARKING: All campus parking is "paid" parking from Monday to Friday, including evenings. Please visit our website below for pricing and parking regulations.

<http://www.msvu.ca/en/home/aboutus/safety-security/parking/default.aspx>

MEALS:

A light lunch is included with all full day on campus workshops

Workshop information & online registration is on our website:
www.msvu.ca/earlychildhoodworkshops

Capable, Confident and Curious – Nova Scotia’s Early Learning Curriculum Framework workshops

*There is no charge for the Nova Scotia’s Early Learning Curriculum Framework workshops.
A light lunch is included*

Registration is open to support the delivery of our Nova Scotia Early Learning Curriculum Framework to centre Leaders & Staff.

For more information on, & to register for upcoming workshops please visit our **workshop page**.

Please Note: *We strongly recommend that someone from your centre has taken the “Program Leaders Session” before program staff can register for these sessions.*

Please visit the Early Years Professional Development Committee website www.eypdc.ca for more information on these sessions & to register at any of the locations across Nova Scotia.

Mount Saint Vincent University will be offering the following sessions here on campus:

****We recommend that individuals complete the modules in sequence whenever possible. ****

**Due to COVID-19,
Nova Scotia Curriculum Framework Training sessions are
POSTPONED UNTIL FURTHER NOTICE
Sessions will be posted when available
Please check back to www.eypdc.ca OR [www.msvu.ca/
earlychildhoodworkshops](http://www.msvu.ca/earlychildhoodworkshops)**

www.msvu.ca/earlychildhoodworkshops

Curriculum Resource Centre / Lending Library

Our Curriculum Resource Centre (CRC) is located in Seton Academic Centre and serves primarily Education and Child and Youth Study students at the Mount. In addition to a wide selection of books (including many indigenous titles, picture books and young adult novels), journals, DVDs and resource kits, students are also able to borrow a variety of audio visual equipment including iPads, Chromebooks, laptops, MP3 recorders and digital cameras/video cameras. A selection of paper, markers, foamies, paint, clay, folders, and glue guns are available for use. Access to laser printers, a photocopier, a laminator, binder and a die cut machine are available for a small fee to cover materials.

The CRC is now accessible to early childhood educators and the community, who are able to visit or borrow materials once they have approved access via the Mount main library. All resources except for audio visual equipment can be borrowed by the community.

Food and drinks are allowed, and the CRC has Wi-Fi, a charging station for electronic devices and earbuds available for purchase.

Please visit our link for more information <http://libguides.msvu.ca/crc>

Fall 2020 Workshops at a Glance

Due to COVID-19 All Fall 2020 workshops are online!

*What equipment do I need to take an online workshop?

1. A laptop computer, desktop computer, smartphone, or tablet.
2. An internet connection.
3. Speakers, a microphone, and a webcam either built-in or attached to your computer or mobile device.

*Failure to ensure you have the necessary equipment before registering for online workshops will not qualify for a refund. All fees are non-refundable but you may allow an alternate person to attend in your absence. Please allow 48 hours advance notice if making a substitution, otherwise a \$10.00 administration fee is required for a revised certificate of attendance.

Workshop links will be emailed out several days prior to your session! Please contact Rhonda.rees@msvu.ca if you do not receive a link to your workshop!

Making Sense of Our World! 4 PD hours *Presenter: Liz Hicks* Tuesday September 22nd 7pm-9pm and Tuesday September 29th, 2020 7pm-9pm **ONLINE**

Understanding Mental Health During Covid-19: 6 PD hours *Presenters: Colin Morrison & Karen Carey* Saturday October 3, 2020 9 am-12 pm **AND** Tuesday October 6, 2020 6:30-9:30 pm **ONLINE**

Embracing Culture & Diversity in the Early Childhood Classroom 6 PD hours over 3 evenings
Presenter: Kathy Black Wednesdays; October 7, Oct 14, **AND** Oct 21, 2020 7pm – 9pm **all nights ONLINE**

Promoting Positive Behaviour Using Effective Positive Strategies 6 PD hours *Presenters: Debbie Thompson & Heather Hiscock* Saturdays; October 24 **AND** October 31, 2020 9 am-12 pm **ONLINE**

Working with Parents 2 PD hours *Presenter: Amy Sullivan* Wednesday November 4, 2020 6 pm—8:00 pm **ONLINE**

Building and Bridging Relationships: A Guide to Communicating, Connecting, and Collaborating with Parents and Caregivers 6 PD hours *Presenters: Colin Morrison & Karen Carey* Saturday November 14, 2020 9am - 12pm **AND** Wednesday November 18, 2020 6:30-9:30 pm **ONLINE**

Tell Me a story... 4 PD hours *Presenter: Liz Hicks* Tuesday November 17th 7pm-9pm **AND** Tuesday November 24th, 2020 7pm-9pm **ONLINE**

Enhancing Risky Play in the Early Years – Getting Comfortable and Knowing the Benefits 3 PD hours
Presenters: Lisa Harrietha-Benson & Jennifer Solomon Saturday November 21, 2019 10am– 1pm **ONLINE**

Making Sense of Our World!

Date: Tuesday September 22nd **AND** Tuesday September 29th, 2020 **Time:** 7pm-9pm both days **Cost:** \$50
Total PD hours: 4 hours **Location:** **ONLINE** both dates **Presenter:** Liz Hicks

Description: Literacy and numeracy skills are critical to make sense of the world around us. Learning to read is not just about being able to read words. It is necessary for us to be able to read but more importantly to understand what we are reading. In a rich language environment child want to know what words mean, how to de-code symbols known as letters, etc. and understand the variety of signs, and loved books they see and hear daily.

The same applies to numeracy. When we talk about numeracy concepts we think about more than just number. We think about the broad areas of measurement, about spatial knowledge and the many different aspects of number. Children see adults using math daily... and it fascinates them.

In these workshops we will explore both worlds – literacy and numeracy. Sharing ideas, activities, and inspirations to use both indoors and outdoors.

Presenter Biography: *Liz Hicks* has over 31 years working within the early childhood field, as an elementary school teacher, administrator of & teacher in a part –day program for 23 years, 5.5 years as an inclusion facilitator for Partnerships for Inclusion, part time faculty with NSCECE, & she is also a private consultant working with various Centres in H.R.M providing professional development in a variety of topics, environmental & inclusion rating scales, & program coordination. Her passion is to help educators (& administrators) find & develop their potential, so they can help children find & develop their potential.

Understanding Mental Health During Covid-19

Dates & Times: Saturday October 3, 2020 9 am-12 pm **AND** Tuesday October 6, 2020 6:30-9:30 pm **Cost:** \$75 **Total PD hours:** 6 hrs **Location:** **ONLINE** **Presenters:** Karen Carey & Colin Morrison

Description: It will take a while before we know the full impact of COVID-19 on our mental health, but preliminary surveys indicates many Canadian children, youth and adults are reporting higher levels of psychological distress.

This workshop will look at challenges early educators and caregivers are enduring during the pandemic. We will also discuss strategies to help children adjust to the new world, and review the importance of self compassion.

Presenter Biographies: *Colin Morrison* has over 20 years' experience working with children, youth & families in the mental health field. Colin has served primarily as youth care worker & case coordinator for families & children in the Child & Family Day Treatment Program at the IWK. He has extensive experience in developing & implementing skill groups with children, particularly in the area of emotional regulation, & providing supportive counselling to families. Colin is currently completing a Master of Social Worker degree at Dalhousie University, & is working on a thesis related to male childhood sexual abuse, & the impacts of "toxic masculinity" on mens' help seeking behaviours. He has a keen interest in trauma focused therapy, attachment theory, mens' health, & issues affecting the LGBTQ+ community. *Karen Carey* has over 15 years' experience working with children, youth & families as a social worker, youth care worker, case coordinator, in home support worker & direct care practitioner. Through evidence based & best practice methods, Karen is a strong advocate for the children, youth & families. Although Karen has strong roots in attachment theory, systems theory, positive parenting, trauma & resilience; her personal philosophy is to promote mental, physical & emotional health/wellbeing though a solution focused & social learning model.

Together Colin & Karen have seen positive & long lasting benefits for children **AND** families when they are provided education, strategies, guidance, empathy & support. They see effective communication & open collaboration as the key ingredients in supporting positive futures for the children & families under their care.

Embracing Culture and Diversity in Early Childhood Environments

Date: Wednesdays; October 7, October 14 AND October 21, 2020 7 pm– 9 pm all dates **Cost:** \$75 **Total PD hours:** 6 hours **Location:** ONLINE **Presenter:** Kathy Black

Description:

Quality early childhood environments reflect each child's family culture. This workshop will provide participants the tools, ideas and inspiration to offer a rich cultural experience for all children enrolled in their program. As educators it is our role to gather information about each family to better understand, appreciate and respect their choices.

During this workshop the participants will explore "family culture" and discover the importance of knowing family values, interests, hobbies, and personalities of all children in their care.

Session 1: Discuss and understand the importance of "family culture"

Session 2: Brainstorm and develop a detailed parent questionnaire

Session 3: Share and discover materials that represent various cultures

Presenter Biography: *Kathy Black* has been in the field of Early Childhood Education for over 30 years. In the beginning of Kathy's career, she enjoyed her role as an Early Childhood Educator at MSVU Child Study Centre. Kathy shifted from the classroom to take on the role as an Early Childhood Development Consultant & Licensing Officer with the Nova Scotia Provincial Government. Throughout the years, Kathy has kept her passion for early childhood education by teaching educators in the province through her workshops, seminars & conferences. Kathy is currently enjoying her role as faculty in the Early Childhood Education program at NSCC Akerley campus.

Promoting Positive Behavior Using Effective Positive Strategies

Dates & Times: Saturday October 24, AND Saturday October 31, 2020 9 am-12 pm both days

Cost: \$75 **Total PD hours:** 6 hours **Location:** ONLINE **Presenters:** Debbie Thompson & Heather Hiscock

Description: This two morning workshop series will provide participants with a framework for better understanding the function of challenging behavior. Participants will be asked to take data on what is currently challenging within their own classrooms & will be supported through interpreting that information & developing a comprehensive plan for preventing the behavior & responding to the behavior when it does occur. This workshop focuses on the prevention of challenging behaviors & how small changes within your routines & programming can make all the difference.

Presenter Biographies: *Heather Hiscock* graduated with a Bachelor of Applied Arts (Child & Youth Study) & in the twenty plus years since then, has been working with preschoolers. She has worked as an Early Childhood Educator, one-to-one support staff & as a resource teacher. For five years, she served as Resource Teacher at the Mount's Child Study Centre, supporting all of the children with identified special needs &, in particular, delivering programming to students with Autism Spectrum Disorder. She has developed & facilitated workshops on a variety of topics, most frequently relating to Inclusion. Heather has worked as a Program Implementer in Halifax's Early Intensive Behavioural Intervention program for the past fifteen years.

Debbie Thompson is a graduate from Mount Saint Vincent University with the Degree in Child & Youth. Debbie started her journey in ECE at Wee Care Developmental centre working as a Developmental teacher in an integrated setting. It was there that she knew she wanted to focus her attention on working with children with special needs. Debbie also developed the Resource position at Wee Care & was responsible for developing & implementing plans for children with special needs. Debbie now works at the IWK as a Program Implementer for the Early Intensive Behaviour Intervention program (EIBI) working with children with Autism. Through her job at the IWK she continues to work closely with preschool teachers consulting & providing feedback in various programs. Debbie also teaches regularly at Nova Scotia College of Early Childhood Education & Mount Saint Vincent University on various topics including challenging behaviour & Inclusion.

Working with Parents

Date: Wednesday November 4, 2020 **Time:** 6 pm– 8 pm **Cost:** \$25 **Total PD hours:** 2. hours **Location:** **ONLINE** **Presenter:** Amy Sullivan

Description: Do you find some parents challenging at times? Are you unsure how to assist parents experiencing challenges? This 2.5 hour workshop provide participants with an opportunity to explore various parenting styles; Jelly fish or Brick Wall, and the potential impact this has on children. Based on this information it will give you a greater understanding of the importance of our role as the educator. We will work through some typical scenarios to find solutions with the new knowledge we have gained. There are three main objectives to this workshop; to increase our awareness of various parenting styles, to reflect on our role as the educator and to apply this knowledge in our practice.

Presenter Biography: Born & raised in Atlantic Canada, **Amy Sullivan** thrives in the Maritime environment. With her two teenagers, she lives happily on the shore of St Margaret's Bay, enjoying hiking local trails & exploring other Nova Scotian locales.

After 15 years in early childhood education, in 2016 Amy successfully completed a program qualifying her as a Registered Professional Counsellor. Since then, she received instruction & training in Critical Incident Stress Managements with Paul Mackenzie & Vision Therapy training with Dr. Angela Dobson working with patients diagnosed with Traumatic Brain Injury. Currently, Amy is the Co-Director at a local Early Learning Center in Tantallon. Amy has also worked assisting women recently released from institutions, individuals with psychiatric diagnoses living in group home settings & with individuals living in low income accommodations. Through her private practice, *Life Counselling Services*, Amy provides individually tailored multidimensional support for her clients. For a wider audience, Amy developed & facilitates workshops in Early Childhood Education, & in the broader topics, Compassion Fatigue, Stress Reduction Techniques & Caregivers' Series; support for caregivers.

Tell me a story...

Date: Tuesday November 17th **AND** Tuesday November 24th, 2020 **Time:** 7pm-9pm both days **Cost:** \$50
Total PD hours: 4 hours **Location:** **ONLINE** both dates **Presenter:** Liz Hicks

Description: This workshop will explore books and telling stories; why we should read and tell stories; how we can use books – hearing and creating stories, inspiration for drama and art creations, gaining knowledge and most importantly hearing and using rich language – which is one of the main skills of learning to read. We will explore some favourite books, look at inspiring illustrations, and learn and reflect on how to create books with children. Participants should be ready to share their favourites – story as well as factual books, as well as activities that they have done with children that extend the learning from books, and by telling stories. Using books and telling stories can be the basis of a rich, exciting and quality program.

Presenter Biography: **Liz Hicks** has over 31 years working within the early childhood field, as an elementary school teacher, administrator of & teacher in a part –day program for 23 years, 5.5 years as an inclusion facilitator for Partnerships for Inclusion, part time faculty with NSCECE, & she is also a private consultant working with various Centres in H.R.M providing professional development in a variety of topics, environmental & inclusion rating scales, & program coordination. Her passion is to help educators (& administrators) find & develop their potential, so they can help children find & develop their potential.

Building and Bridging Relationships: A Guide to Communicating, Connecting, and Collaborating with Parents and Caregivers

Dates & Times: Saturday November 14, 2020 9am - 12pm **AND** Wednesday November 18, 2020 6:30-9:30 pm
Cost: \$75 **Total PD hours:** 6 hrs **Location:** **ONLINE** **Presenters:** Colin Morrison & Karen Carey

Description: Parent-Educator relationships don't just magically happen. Research shows the most successful ones are built over time through positive communication and collaboration, creative problem solving, goal setting, and most importantly, respect and trust. This workshop will explore and discuss the parent/educator relationship, with a focus on building positive relationships, facilitating difficult conversations, and resolving differences so a child can grow and succeed.

The core objectives of this session include: Gaining a richer understanding of the unique and complex needs of the children and families we service. Some areas of focus include issues relating mental health and addictions, working with blended families and respecting cultural values and beliefs.

- Identifying ways to build relationships and facilitate difficult conversations with families, communities partners and even co-workers. An emphasis will be on exploring communication styles that that might promote effective and positive working relationships, including the role of 'empathy' and 'acceptance' when we cannot seem to agree.

- Reflecting on connections between personal experience and theory – including recognizing our own unique style of communicating – as it relates to relationships with families, community partners, and colleagues.

Presenter Biographies: *see page 7*

Enhancing Risky Play in the Early Years – Getting Comfortable and Knowing the Benefits

Date & Time: Saturday November 21, 2020 10am– 1pm **Cost:** \$40 **Total PD hours:** 3 hours **Location:** **ONLINE** **Presenters:** Lisa Harrietha-Benson & Jennifer Solomon

Description:

“The more risks you allow a child to make, the better they learn to look after themselves” - Roald Dahl

Have you ever wanted to allow the children in your care to be able to explore risk taking, but felt uncomfortable with how to approach it safely? How can we let go of our own worries & fears to allow children to experience & learn about risks? Risky play isn't just about children climbing & doing dangerous activities. It is about thinking & seeing what is in front of you & thinking of ways to work with those materials to gain skill & insight into how they work. In this workshop educator will learn some steps & tools they can start using to help their children think more deeply about what they want to work with & what they want to accomplish while doing that work. Join us to learn about the positive sides to allowing children to explore & participate risky play, & ways to work with our own fears to help us gain insight & understanding as to why it is so valuable for children to participate in this sort of play.

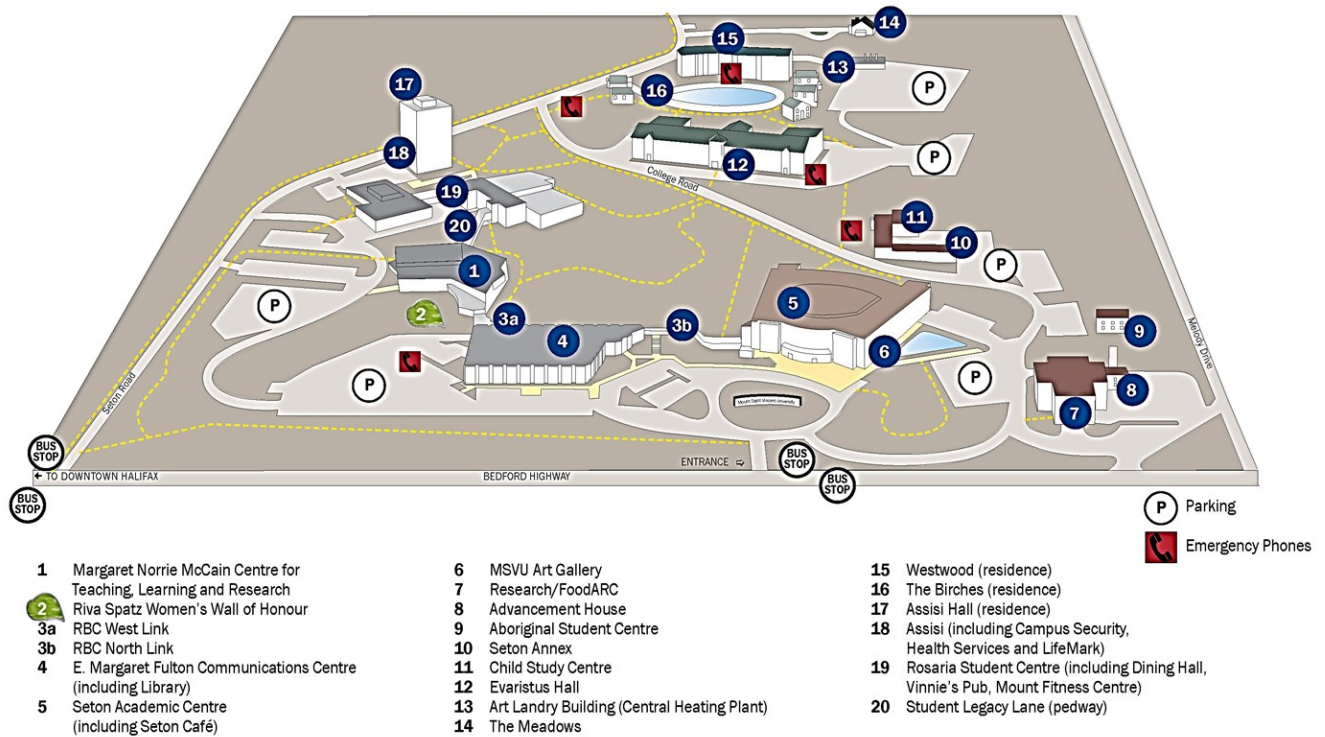
Presenter Biographies: *Lisa Harrietha-Benson* has been working in the early childhood field for over fifteen years. She holds a Master's Degree in Child & Youth Study & has worked in many roles with children & youth ages one to sixteen. She has acted as a Practicum Adviser for ECE students, presents workshops on Nova Scotia's Curriculum Framework & other topics such as mindfulness, learning through play & challenging behaviour.

Jennifer Solomon is an Early Childhood Educator with over 20 years of experience. She bases her teaching style in emergent & play based learning, with an emphasis on art exploration. Jennifer is an advocate for children with special rights & was given an award from the Provincial Autism Centre for her work in supporting children with Autism. She has done numerous workshops for NSCECE(The Purpose of Pets in Preschool/ Emergent Curriculum with Toddlers/ Honouring Play/Helping Children Cope with Adverse Events & for the Child Care Connections Conference(Nature in a Pinch)

CAMPUS MAP

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 @MSVU_Halifax
 MountSaintVincentUniversity



- 1 Margaret Norrie McCain Centre for Teaching, Learning and Research
- 2 Riva Spatz Women's Wall of Honour
- 3a RBC West Link
- 3b RBC North Link
- 4 E. Margaret Fulton Communications Centre (including Library)
- 5 Seton Academic Centre (including Seton Café)

- 6 MSVU Art Gallery
- 7 Research/FoodARC
- 8 Advancement House
- 9 Aboriginal Student Centre
- 10 Seton Annex
- 11 Child Study Centre
- 12 Evaristus Hall
- 13 Art Landry Building (Central Heating Plant)
- 14 The Meadows

- 15 Westwood (residence)
- 16 The Birches (residence)
- 17 Assisi Hall (residence)
- 18 Assisi (including Campus Security, Health Services and LifeMark)
- 19 Rosaria Student Centre (including Dining Hall, Vinnie's Pub, Mount Fitness Centre)
- 20 Student Legacy Lane (pedway)

-  Parking
-  Emergency Phones

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our electronic brochure please contact:

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