



Project S.5 Cultivating Food Security in Nova Scotia Public Schools: A Case Study of an Elementary School Garden Project. Master's Thesis – Applied Human Nutrition

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Persons Responsible:

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Project Description:

Given the potential of school gardens in building CFS, and the calls for further evaluation, this research will use case study methods to explore the value of school gardens in advancing CFS at the school level. More specifically, it will seek to explore, from the perspective of the school community and public health practitioners: 1) any health, social and ecological effects of school food gardens; and 2) what factors contribute to producing these effects.

Outputs:

- Masters Thesis
- Professional development workshops with school board
- Conference Presentations:
 - Poster Presentation: Beantown Digs: AGM of the American Community Gardening Association, August 2007.
 - New Approaches to the Health Promoting School: Public School Participation in Sustainable Food Systems (Paper). Canadian Association for Food Studies Third Annual General Meeting: Thinking Beyond Borders: Ideas, Values and Concerns of Food in a Global World, University of British Columbia, Vancouver, BC. May 2008.
- Article: *New Approaches to the Health Promoting School: Participation in Sustainable Food Systems*. Journal of Hunger and Environmental Nutrition 3(4). 2008