

# FREE 2011 Study Skills Workshops ~ Academic Boot Camp for Student Success

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>SEPT 19</i>	<i>SEPT 20</i> Time Management and Procrastination 1:00 – 2:30 pm Seton 304	<i>SEPT 21</i>	<i>SEPT 22</i> Library Research 10:30 – 11:30 am EMF 127C <hr/> Reading Text/Lecture Note-Taking 2:00 – 3:30 pm Seton 304	<i>SEPT 23</i> Exam Preparation/Multiple Choice Test-Taking 2:00 – 3:30 pm Seton 304
<i>SEPT 26</i>	<i>SEPT 27</i> Reading Text/Lecture Note-Taking 2:00 – 3:30 pm Seton 306	<i>SEPT 28</i> Library Research 6:00 – 7:00 pm EMF 127C <hr/> Writing a University Paper 7:00 – 8:30 pm Seton 304	<i>SEPT 29</i> Exam Preparation/Multiple Choice Test-Taking 1:00 – 2:30 pm Seton 306	<i>SEPT 30</i> Time Management and Procrastination 2:00 – 3:30 pm Seton 304
<i>OCT 3</i> Writing a University Paper 7:00 – 8:30 pm Seton 304	<i>OCT 4</i> Exam Preparation/Multiple Choice Test-Taking 1:00 – 2:30 pm Seton 304 <hr/> Library Research 7:00 – 8:00pm EMF 127C	<i>OCT 5</i> RefWorks: Creating Bibliographies in APA or MLA 7:00 – 8:00 pm EMF 127C	<i>OCT 6</i> Time Management and Procrastination 2:00 – 3:30 pm Seton 306 <hr/> RefWorks: Creating Bibliographies in APA or MLA 7:00 – 8:00 pm EMF 127C	<i>OCT 7</i> Reading Text/Lecture Note-Taking 2:00 – 3:30 pm Seton 304
<i>OCT 10</i> Thanksgiving	<i>OCT 11</i> Library Research 3:00 – 4:00pm EMF 127C	<i>OCT 12</i> RefWorks: Creating Bibliographies in APA or MLA 3:00 – 4:00 pm EMF 127C	<i>OCT 13</i>	<i>OCT 14</i>

- **Time Management and Procrastination:** Get the year started off right with a workable plan. Come learn some time management strategies to help you handle your busy schedule and obtain some tips to avoid procrastinating.
- **Reading Text/Lecture Note-Taking:** University courses require a lot of heavy reading. Come learn some strategies on how to pace yourself and get the most of out of your textbooks. Also, learn some tips on how to obtain the important pieces of information from your class lectures into your own notes. Both of these topics will help you learn more effectively and be better prepared for your exams.
- **Exam Preparation/ MC testing:** The number one problem most students have with exams is the retrieval of stored information. Come learn some effective strategies around memory and exam techniques to help you better prepare yourself for exams. Do you find multiple choice exams tricky? We can teach you an effective method for writing multiple choice exams that has been proven to work.
- **Writing a University Paper:** This workshop will help students with the process of writing a university level paper. Come learn the steps of effective paper writing which will help you earn a better grade.
- **Library Research:** Discover what the Library has to offer to assist you with your research. Learn how to find electronic books, journal articles and much more.
- **RefWorks: Creating Bibliographies in APA or MLA:** This session is designed for students familiar with constructing reference lists and who want to learn how to use an online tool that helps you create a Reference list (APA) or Works Cited list (MLA).

Workshops are **FREE** to students and may include handouts at no additional cost. Students whose schedules do not allow for attendance at any given workshop may contact Counselling Services, by calling 457-6567, to arrange an individual session. Please check out our website at [www.msvu.ca/studyskills](http://www.msvu.ca/studyskills) Advance registration is not required.