

What can I do with my degree in...Bachelor of Science in Applied Human Nutrition?

Knowing what's Expected

If you have excellent planning, organizational, and supervisory skills as well as the desire to counsel or consult you will enjoy the options that the Bachelor of Applied Human Nutrition degree affords.

Jobs in this field require conducting research to improve the nutritional value of food, and may require specialization.

Knowledge of current research and trends is also important. Being able to communicate complex ideas to the public may be required in some areas.

Transferable Skills

- ❖ Keeping constantly updated in your specialty
- ❖ Improving interpersonal skills
- ❖ Finding out about telemedicine

Your Choices

A Bachelor of Applied Human Nutrition offers a specialized background in the health sciences. As a result, depending on your major, you may pursue occupations in different areas such as clinical, community or research dietetics, public health, food service administration, and industry.

*Further education is required for some fields.

Careers for Applied Human Nutrition Majors

- ❖ Clinical Dietitian
- ❖ Clinical Nutritionist
- ❖ Dietetic Assistant
- ❖ Health Protection & Promotion
- ❖ Long-Term Care Nutrition Coordinator
- ❖ Food Inspection Officer
- ❖ Food Research Analyst
- ❖ Food Service Director
- ❖ Health Care Management Consultant
- ❖ Nutrition Educator
- ❖ Product Development Specialist
- ❖ Quality Assurance Manager
- ❖ Research Dietitian
- ❖ Teacher/Professor
- ❖ Therapeutic Dietitian

Necessary Skills

- ❖ Multidisciplinary teamwork

What Employers Want

Contributions you make to your community reflect well on you as an individual. Employers are looking for students who are dedicated, hard working, and show a commitment to their interests.

By getting involved in on-campus societies like the Canadian Association of Food Professionals –(see www.mountstudents.ca) and volunteering early, you will not only show credibility in your area of interest but also a willingness to work towards goals.

Associations

Why join now? Professional associations are a great way to network within your field of study. Not only do these organizations help get you connected, they also help keep you well-informed. Many also have discounted student membership rates.

- ❖ The Nova Scotia Dietetic Association
www.nsdassoc.ca
- ❖ National Institute of Nutrition
www.nin.ca
- ❖ Canadian Institute of Food Technology
www.cifst.ca
- ❖ Institute of Food Technologist
www.ift.org

Available Reference Materials

What To Do With Your Degree

- ❖ Applied Human Nutrition (Refer to yellow binder)

Occupation Information

- ❖ Opportunities in Nutrition Careers
- ❖ Opportunities in Holistic Health Care Careers
- ❖ www.careercruising.com

Directories

- ❖ Who's Hiring
- ❖ Associations Canada
- ❖ Canadian Career Directory

Job Searching

Job Hunting Websites

- ❖ www.msvu.ca/careerplanning
- ❖ Canadian Institute of Food Science and Technology
www.cifst.ca/employment.html
- ❖ Nutrition Jobs
www.nutritionjobs.ca
- ❖ Canadian Society of Nutrition Management
www.csnm.org/job.html
- ❖ Government of Canada
<http://jobs.gc.ca>
- ❖ Government of Nova Scotia
www.gov.ns.ca/psc

For More Information Visit:

www.msvu.ca/careerplanning
Career Planning Services
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Mount Saint Vincent University
Halifax, Nova Scotia, B3M 2J5
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