



Faculty of Education

Graduate Summer Institutes 2011

Understanding and Addressing Youth Depression and Suicide

Course #:	GEDU 6154 05
Unit:	0.5
Term:	Summer II (July 4-12)
Day:	Monday - Friday
Time:	9:00 a.m. - 4:00 p.m.
Faculty:	Dr. Sara King
Fee:	\$811.50

The course is designed to enhance the knowledge of educators to understand, recognize and appropriately address depressed and/or suicidal youth, as well as when and how to refer them for treatment. The course addresses these issues using an approach that is based on understanding key concepts and grounded in evidence-based principles. Special attention is given to the domain of adolescent mental health issues, teen brain development, mental distress and mental disorder, key concepts in understanding mood, symptoms and syndrome of depression, cognitive and behavioural aspects of teen depression, youth suicide risk factors and prevention methods, medications, and effective treatment options for depressed and/or suicidal youth.

The course consists of interactive seminar workshops, small group discussions, group-focused debates, specific group topics, reading of key references, case vignettes and brief written reports. Pre and post tests are conducted to evaluate participant learning.

This course may be used toward the following program of study.

- Elementary and Middle School Education: as a GEMS free elective.