Conference Program

November 21-23, 2012

Delta Halifax

Halifax, Nova Scotia, Canada

Celebrating 20 Years
of Advancing Aging Research and Enhancing Seniors’ Lives.
Welcome to
Our Future is Aging: Current Research on Knowledge, Practice and Policy

Halifax, Nova Scotia

Contents

Message from the Centre’s Director 3
Conference Planning Committee 4
Keynote Speakers 5
Panel Presenters 6
Program-at-a-Glance 7-15
Thank you to our sponsors 16
Exhibitors 17
Delta Halifax Hotel MAP 18
Notes 19
MESSAGE FROM THE CENTRE’S DIRECTOR

One year ago, our Centre had a vision to host a conference that would increase awareness about research on aging and foster research collaborations across the disciplines. These objectives are consistent with the Nova Scotia Centre on Aging’s strategic directions and it was fitting that we organize this conference as part of our 20th anniversary celebrations. Today we are very excited to see the conference reach fruition.

Over the course of the next few days, you will have the opportunity to hear the latest research on aging, listen to experts and gain valuable and current information in the aging field. You will have the opportunity to network with individuals from a variety of backgrounds including researchers, service providers, decision makers, students and seniors and you are welcome to participate in meaningful discussions on aging related topics.

The program, which reflects the input from a multi-disciplinary and regional planning committee, is full of informative and varied sessions to better understand research that will influence policy and practice in the aging field.

I extend a warm welcome to you and I hope you have a productive and enjoyable conference.

Janice M. Keefe, PhD
Professor of Family Studies and Gerontology
Lena Isabel Jodrey Chair in Gerontology
Director, Nova Scotia Centre on Aging
Mount Saint Vincent University
CONFERENCE PLANNING COMMITTEE

Katie Aubrecht, Nova Scotia Centre on Aging, Mount Saint Vincent University

Barbara Burnett, Atlantic Institute on Aging

Ardra Cole, Research Office and Faculty of Education, Mount Saint Vincent University

Suzanne Dupuis-Blanchard, Centre d’études du vieillissement, Université de Moncton

Pamela Fancey, Nova Scotia Centre on Aging, Mount Saint Vincent University

David Haardt, School of Health Administration, Dalhousie University

Ellen Hickey, School of Human Communication Disorders, Dalhousie University

Áine Humble, Department of Family Studies & Gerontology, Mount Saint Vincent University

Janice Keefe, Nova Scotia Centre on Aging, Mount Saint Vincent University

Marilyn Macdonald, School of Nursing, Dalhousie University

Brenda Merritt, School of Occupational Therapy, Dalhousie University

Sacha Nadeau, Nova Scotia Centre on Aging, Mount Saint Vincent University

Faizal Nanji, Nova Scotia Department of Seniors

Kelli O’Brien, Western Health, Newfoundland & Labrador

Deborah van den Hoonoord, Atlantic Centre for Qualitative Research and Analysis, St. Thomas University

Lori Weeks, Department of Applied Human Sciences, University of Prince Edward Island

Gail Wideman, School of Social Work, Memorial University
KEYNOTE SPEAKERS

**André Picard**
Currently the public health reporter at The Globe and Mail, he has been a staff writer since 1987. He is also the author of three books and has received much acclaim for his writing and for his dedication to improving healthcare. In 2010, he was awarded a National Newspaper Award as Canada's top newspaper columnist.

**Anne Martin-Matthews**
Dr. Anne Martin-Matthews is the former Scientific Director of the Institute of Aging, Canadian Institutes of Health Research and a Professor of Sociology at the University of British Columbia. During her term as Scientific Director, the Institute developed strategic research initiatives in “cognitive impairment”, “mobility in aging” and “health services and systems for an aging population”, and also developed international funding partnerships with China, France, Japan and the United Kingdom. Dr. Martin-Matthews has participated in FUTURAGE consultations on Europe’s Roadmap for Research on Aging, is President of the Research Committee on Aging of the International Sociological Association, and is a Fellow of the Gerontological Society of America and the Canadian Academy of Health Sciences.

**Susan Kirkland**
Dr. Susan Kirkland is a Professor in the Departments of Community Health and Epidemiology and Medicine at Dalhousie University. Her research lies in the areas of chronic diseases and aging. Dr. Kirkland has been instrumental in the development of a number of large scale initiatives, including the Maritime Centre of Excellence for Women's Health and the Atlantic Interdisciplinary Research Network. She is currently one of three principal investigators leading the Canadian Longitudinal Study on Aging, funded by the Canadian Institutes of Health Research and the Canada Foundation for Innovation.
PANEL PRESENTERS

Clinical/Biomedical – Dr. Sultan Darvesh, MD, PhD, FRCPC is a Professor of Medicine (Neurology and Geriatric Medicine) at Dalhousie University in Halifax, NS. He is co-founder and Director of the Maritime Brain Tissue Bank and scientific co-founder of Treventis Corporation, a biotechnology company focused on diagnosis and treatment of dementias. His research interest includes the assessment and management of patients with cognitive impairment and involves the development of innovative strategies for diagnosis and treatment of neurodegenerative disorders.

Humanities-Based Research - Dr. Hazel MacRae is an Associate Professor of Sociology and Anthropology at Mount Saint Vincent University, Halifax, NS. She has been studying psychosocial aspects of Alzheimer’s disease for several years. Her most recent work focuses on persons who are living with early-stage Alzheimer’s disease to understand what Alzheimer’s disease means to the persons who have it and how it affects their everyday lives and sense of identity.

Arts-Informed Research - Dr. Ardra Cole is Associate Vice-President, Academic and Research at Mount Saint Vincent University in Halifax, NS. She is a qualitative research methodologist and former Professor and Co-director, Centre for Arts-Informed Research, University of Toronto. She has written a number of books and publications on the role of the arts in research. Her research on caregiving and Alzheimer’s disease involves the use of multi-media installation, performance, and the World Wide Web.

Health Services and Applied Social Sciences - Dr. Melissa Andrew, MD, MSc (PH), PhD, FRCPC is a staff geriatrician and Assistant Professor of Geriatric Medicine at Dalhousie University in Halifax, NS. She completed her MD at Dalhousie University, and a Masters of Public Health at the London School of Hygiene and Tropical Medicine. In 2011, she completed an Interdisciplinary PhD at Dalhousie University on the subject of social vulnerability in older people.
### Wednesday, November 21st, 2012

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<td>Registration</td>
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<td>6:00-7:00</td>
<td>Reception and Exhibits</td>
<td>Bluenose Ballroom</td>
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<td>7:00-7:15</td>
<td>Welcome: Dr. Janice Keefe, Director, Nova Scotia Centre on Aging</td>
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<td>7:15-8:30</td>
<td><strong>Keynote Speaker: André Picard</strong>&lt;br&gt;The Greying of Medicare: Can Canada's Aging Health System Be Revitalized?</td>
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### Thursday, November 22nd, 2012

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<td>8:00-2:00</td>
<td>Registration</td>
<td>Baronet Foyer</td>
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<tr>
<td>8:30-9:00</td>
<td>Official Welcome:&lt;br&gt;Dr. Janice Keefe, Director, Nova Scotia Centre on Aging&lt;br&gt;Ms. Kelliann Dean, Deputy Minister, NS Department of Seniors&lt;br&gt;Dr. Ramona Lumpkin, President and Vice-Chancellor, Mount Saint Vincent University</td>
<td>Baronet Ballroom</td>
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<td>9:00-10:00</td>
<td><strong>Keynote Speaker: Dr. Anne Martin-Matthews</strong>&lt;br&gt;The Future of Aging: Interdisciplinary Research, Practice and Policy Partnerships</td>
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<td>10:00-10:30</td>
<td>Nutrition Break and Exhibits</td>
<td>Bluenose Ballroom</td>
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<td>10:30-12:00</td>
<td>Concurrent Session A&lt;br&gt;&lt;strong&gt;Oral Presentations: Supporting Care&lt;/strong&gt;&lt;br&gt;- Aging at Home: Identifying safety markers for home care recipients &lt;em&gt;Marilyn Macdonald, Dalhousie University; Ariela Lang, VON Canada; Janet Storch, University of Victoria; Lynn Stevenson, Vancouver Island Health Authority&lt;/em&gt;&lt;br&gt;- Understanding Alzheimer's Disease and Other Related Dementia &lt;em&gt;Linda Lane, We Care Home Health Services; Rosanna Dolinki, We Care Home Health Services&lt;/em&gt;&lt;br&gt;- “Doing what comes natural”: The direct caregivers’ experience of caring for residents with dementia &lt;em&gt;Sandee Hicks-Moore, University of New Brunswick&lt;/em&gt;</td>
<td>Baronet 1,2,3</td>
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### Aging in Place
- Building Age-Friendly Communities From the Community Up: The Nova Scotia Experience  
  *Pamela Fancey, Mount Saint Vincent University; Jacqueline Campbell, Nova Scotia Department of Seniors; Brenda Hattie, Mount Saint Vincent University; Janice Keefe, Mount Saint Vincent University*
- The challenges of aging-in-place as a long term care option  
  *Suzanne Dupuis Blanchard, Université de Moncton*
- Developing Evidence-Based Housing for Older Adults  
  *Lori Weeks, University of Prince Edward Island; Donald Shiner, Mount Saint Vincent University; Robin Stadnyk, Dalhousie University; Dany J. MacDonald, University of Prince Edward Island*

### Sciences and Dementia
- Butyrylcholinesterase Imaging Agents to Visualize Pathology in Alzheimer’s Disease  
  *Ian Macdonald, Dalhousie University; Ian Pottie, Mount Saint Vincent University; Earl Martin, Mount Saint Vincent University; Sultan Darvesh, Dalhousie University*
- What do mouse models teach us about aging?  
  *Richard Brown, Dalhousie University; Rhian Gunn, Dalhousie University; Timothy O’Leary, Dalhousie University; Kurt Stover, Dalhousie University*

### Retirement Opportunities and Challenges
- Comprehensive Risk Management in the Third Age: Women’s Special Challenges  
  *Brigitte Neumann, Retired; Leroy Stone, Université du Montreal*
- Aging and Mobility: International Migration as a Retirement Strategy  
  *Liesl Gambold, Dalhousie University*
- An exploration of the relationship between retirement reasons and retirement congruency  
  *Aine Humble, Mount Saint Vincent University; Jan Boswell, Mount Saint Vincent University*

### Poster Presentations:

#### Disability, Health Services, Building Capacity
- CDKTN: Linking Knowledge to Knowledge Users  
  *Cheryl Cook, Geriatric Medicine Research/Canadian Dementia Knowledge Translation Network*
- Physical Activity in Patients Waiting for Knee Replacement  
  *Logan Lawrence, University of Alberta; Allyson Jones, University of Alberta; Bob Haennel, University of Alberta; Bruce Dick, University of Alberta*
- Proportions of frail and fittest community-dwelling older adults in Europe  
  *Olga Theou, Dalhousie University; Thomas Brothers, Dalhousie University; Michael Rockwood, Dalhousie University; Arnold Minnitski, Dalhousie University*
- STOPP/START Criteria: Benchmarking prescribing quality
in older persons and determining clinical, humanistic and economic impact Barbara Hill-Taylor, Dalhousie University; Ingrid Sketris, Dalhousie University; Jill Hayden, The Nova Scotia Cochrane Resource Centre; Stephen Byrne, Dalhousie University; David O’Sullivan, University College Cork

- Accumulation of Non-Traditional Risk Factors Predicts Coronary Heart Disease Events Lindsay Wallace, Dalhousie University; Olga Theou, Dalhousie University; Michael Rockwood, Dalhousie University; Susan Kirkland, Dalhousie University; Karina Davidson, Columbia University; Daichi Shimbo, Columbia University; Kenneth Rockwood, Dalhousie University

- Attention Networks and their interactions in Healthy Aging Yoko Ishigami, Dalhousie University; Michael Lawrence, Dalhousie University; Raymond Klein, Dalhousie University; Gail Eskes, Dalhousie University

- Frailty in immigrant and non-immigrant middle-aged and older Europeans Thomas Brothers, Dalhousie University; Olga Theou, Dalhousie University; Michael Rockwood, Dalhousie University; Arnold Mitinski, Dalhousie University; Kenneth Rockwood, Dalhousie University

- Developing a Research Community in Aging Scott Grandy, Dalhousie University; Colin Hebb, Dalhousie University; Jerome Singleton, Dalhousie University

- The longevity dilemma - reducing poverty in old age through private savings Beverley Preddie, University of Westminster

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<td>1:30-3:00</td>
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<td>Workshops:</td>
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<td>- Ageism: The other side of the aging coin Glen Hougan, Nova Scotia College of Arts and Design University</td>
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<td>- Raising Awareness about the Abuse of Older Adults: A PEI Network Response Lori E. Weeks, University of Prince Edward Island; Olive Bryanton, University of Prince Edward Island; Gloria McInnis-Perry, University of Prince Edward Island; Paul Chaulk, Atlantic Evaluation Group</td>
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<td>- Expanding Our Horizons: Building Capacity for Interdisciplinary Research in Aging Janice Keefe, Mount Saint Vincent University; Gail Wideman, Memorial University</td>
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<td>- Enriching Your Projects Through Collaboration: Using a Pro-Action Café to Facilitate Effective Sharing, Learning</td>
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<td>Oral Presentations:</td>
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<td><strong>Models of Care: Shifting Perspective</strong></td>
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<td>▪ From Horror to Hotel: Canadian literary depictions of the Nursing Home <em>Patricia Life, University of Ottawa</em></td>
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<td>▪ Three perspectives on Nursing Home Quality of Life in NS: Results from a province wide survey of nursing home residents, family members and staff <em>Janice Keefe, Mount Saint Vincent University; Kevin Kelloway, Saint Mary’s University; Marie Earl, Dalhousie University; John Hirdes, University of Waterloo</em></td>
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<td>▪ Learning about nursing home models of care and resident quality of life: benefits of a case study approach <em>Robin Stadnyk, Dalhousie University; Marie Earl, Dalhousie University; Grace Warner, Dalhousie University; Thea Brown, Mount Saint Vincent University</em></td>
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<td><strong>Rethinking Resilience in Aging</strong></td>
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<td>▪ Healthy Aging, HIV, and Chronic illness in Canada: Is there Room for People Living with HIV within Healthy Aging Frameworks? <em>Alexandra Hill-Mann, Dalhousie University; Jacqueline Gahagan, Dalhousie University; Eric L. Ross, Acadia University; Denver Lewellen, Dalhousie University</em></td>
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<td>▪ Re-examining ASHRA’s Determinants of Health in Relation to the Salutogenic Approach to Assess Resilience among Atlantic Canadian Seniors <em>Judy-Lynn Richards, University of Prince Edward Island; Kathleen Cruttenden, University of New Brunswick</em></td>
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<td>▪ The Role of Narrative Care in Enhancing Resilience Among Older Adults <em>Clive Baldwin, St. Thomas University; William Randall, St. Thomas University; Daphne Noonan, York Care Center; Sue McKenzie-Mohr, St. Thomas University</em></td>
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New Models of Delivery

- Promoting Oral Care in Continuing Care through a unique University/Community College Collaboration in Nova Scotia Mary McNally, Dalhousie University; Marlene MacLellan, Nova Scotia Community College; Karen McNeil, Dalhousie University; Sandra Crowell, Atlantic Health Promotion Research Centre
- A New Model of Dedicated Primary Care Physician and Team Approach for Long-term Care Facilities Preliminary Findings of a Mixed Method Study Emily Gard Marshall, Dalhousie Family Medicine; Michelle Boudreau, Dalhousie Family Medicine; Fred Burge, Dalhousie Family Medicine; Barry Clarke, CDHA/Dalhousie Family Medicine
- Results of Two Studies on a Novel Paramedic-long term care Program Jan L Jensen, Emergency Health Services Nova Scotia/Dalhousie University; Andrew H Travers, Emergency Health Services Nova Scotia/Dalhousie University; Darrell J Bardua, Emergency Health Services Nova Scotia; Thomas Dobson, Emergency Health Services Nova Scotia; Bruce Cox, Emergency Health Services Medical Communications Center; Ed Cain, Dalhousie University; Robert Merchant, Emergency Health Services Nova Scotia; Jennifer McVey, Emergency Health Services Nova Scotia; Alix JE Carter, Emergency Medical Services/Dalhousie University.

Family and Friend Caregiving

- Managing In-home Eldercare: Translating Knowledge Through Relating Lynn Jansen, University of Saskatchewan; Carol McWilliam, University of Western Ontario; Dorothy Forbes, University of Alberta; Cheryl Forchuk, University of Western Ontario
- Creativity and Care-giving in Newfoundland: An arts-based inquiry into the relationship between creativity and healthy aging Megan Morrison, Memorial University of Newfoundland
- "There was an Old Woman": Gender Analysis in Studies of Aging and Elder Care Susan Bradley, Carleton University; Pat Armstrong, York University; Hugh Armstrong, Carleton University; Albert Banerjee, York University
- Supporting Family Caregivers: Canada's Invisible Healthcare System Sue Kelly, We Care Home Health Services

Diverse Approaches: Gender and Frailty

- Older Women's Experiences With and Views of Health Care Hazel MacRae, Mount Saint Vincent University
- “I Will Sleep When Night Falls”: A film about a day in the life of an older woman Olga Theou, Dalhousie University
- Widowers do have friends: The changing nature of male-to-male friendships Deborah van den Hoonoord, St. Thomas
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<td>5:30-6:30</td>
<td>Reception</td>
<td>Bluenose Ballroom</td>
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<td>6:30-8:00</td>
<td><strong>Kathryn Allen Weldon Public Lecture: Dr. Kenneth Rockwood</strong> Why have none of the new Alzheimer’s drugs worked?</td>
<td>Baronet Ballroom</td>
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**Why have none of the new Alzheimer’s drugs worked?**

Dr. Kenneth Rockwood, MD, FRCPC, FRCP is a Professor of Medicine (Geriatric Medicine & Neurology), Kathryn Allen Weldon Professor of Alzheimer research at Dalhousie University in Halifax, NS and staff internist and geriatrician at the Capital District Health Authority in Halifax. Dr. Rockwood has had a longstanding interest in clinical and epidemiological aspects of frailty, dementia and delirium. He has focused his investigations on the complexity of frailty, and on what can be termed ‘clinico-mathematical correlation’. Dr. Rockwood has published more than 300 peer-reviewed scientific publications and seven books, including the seventh edition of the Brocklehurst’s *Textbook of Geriatric Medicine & Gerontology* and holds several peer-revised grants totaling $6.7 million.

*Lecture is free to the public and health care professionals*
Friday, November 23, 2012

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<td>8:30-10:45</td>
<td>Registration</td>
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<td>9:00-9:10</td>
<td>Welcome: Dr. Janice Keefe, Director, Nova Scotia Centre on Aging</td>
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<td>9:10-10:15</td>
<td><strong>Panel Presentation: Multi-Perspective Look at Dementia</strong></td>
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<td>Moderator: Lloyd Brown, Alzheimer Society of Nova Scotia</td>
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<td>Panelists: Dr. Sultan Darvesh, Dr. Melissa Andrew, Dr. Hazel MacRae, Dr. Ardra Cole</td>
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<td>Nutrition Break and Exhibits</td>
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<td><strong>Oral Presentations:</strong></td>
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<td><strong>Using a Cultural Lens</strong></td>
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<td>▪ The African Nova Scotian Experience at End of Life <em>Victor Maddalena, Memorial University; Wanda Thomas Bernard, Dalhousie University; Donna Smith, Cancer Care Nova Scotia</em></td>
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<td>▪ The Health Status of Anglophone Seniors in Quebec and Francophone Seniors in the rest of Canada: Similarities, Differences and Comparison with the General Canadian Population <em>Hubert Alimezelli, University of Saskatchewan; Anne Leis, University of Saskatchewan; Chandima Karunanayake, University of Saskatchewan; Wilfrid Denis, University of Saskatchewan</em></td>
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<td>▪ Working to Death: Diverse Experiences of Economic Security Among Older Immigrants <em>Natalie Weiser, York University; Nancy Mandell, York University; Meg Luxton, York University; Valerie Preston, York University</em></td>
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<td><strong>Addressing Emerging Health Conditions</strong></td>
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<td>▪ Getting Long in the Tooth: Planning for Future Oral Health Needs In Nova Scotia <em>Debora Matthews, Dalhousie University; Martha Brillant, Dalhousie University; Mary McNally, Dalhousie University; Joanne Clovis, Dalhousie University</em></td>
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<td>▪ Expectations &amp; Realities: Support and Challenges for Stroke Survivors Living at Home <em>Jared Clark, Memorial University of Newfoundland</em></td>
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<td>▪ Aging with HIV in Canada and the UK: A Scoping Review of HIV Policy Approaches <em>Jacqueline Gahagan, Dalhousie University; Alexandra Hill-Mann, Dalhousie University; Eric Ross, Acadia University; Denver Lewellen, Dalhousie University</em></td>
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## Aging and Movement
- Age-related changes in the neuromuscular control of trunk muscles to a dynamic lifting task  
  *Adam Quirk, Dalhousie University; Cheryl Hubley-Lozey, Dalhousie University*
- Aging and the brain: Is reduced function of medial-frontal cortex responsible for movement deficits in the elderly?  
  *Olav Krigolson, Dalhousie University; Cameron Hassall, Dalhousie University*

## Getting Aging on the Agenda
- The Elderly Body as Text and Argument  
  *Yvonne Stephens, Kent State University*
- Using Participatory Action Research (PAR) to Respond to an Invitation from East Prince Seniors’ to Collaborate to Assess One Part of their Social Engagement Model  
  *Judy-Lynn Richards, University of Prince Edward Island; Gloria McInnis-Perry, University of Prince Edward Island; Janet McIntyre, University of Prince Edward Island*
- Building an evidence-based framework for a Newfoundland and Labrador Centre on Aging  
  *Leslie Cake, Memorial University; Carla Wells, Western Health; Kelli O’Brien, Western Health; Gail Wideman, Memorial University; M. Ploughman, Memorial University; S. Buehler, Memorial University; Linda Bowering, NL Seniors Resource Center*

## Poster Presentations:

### Continuum of Care
- The Senior Lifecycle Project  
  *Robin Campbell, Acadia University; Glyn Bissix, Acadia University; Shilpa Dogra, Acadia University*
- The In-Home Family Caregiver’s Experience of Knowledge Translation  
  *Lynn Jansen, University of Saskatchewan; Carol McWilliams, University of Western Ontario; Dorothy Forbes, University of Alberta; Cheryl Forchuk, University of Western Ontario*
- Changes in the use of government-subsidized home care by older Canadians who need assistance  
  *Anne Binette Charbonneau, Université de Montréal; Janice Keefe, Mount Saint Vincent University; Sam Vezina, Mount Saint Vincent University*
- Services and Programs for Older Rural Women Experiencing Intimate Partner Violence in the Maritime Provinces  
  *Lori Weeks, University of Prince Edward Island; Colleen MacQuarrie, University of Prince Edward Island; Lorraine Begley, University of Prince Edward Island; Kristal LeBlanc, Beausejour Family Crisis Resource Centre*
- Sibling Relationships across the Life-Course: Baby Boomers Caring for an Older Brother or Sister  
  *Holly Smith, Mount Saint Vincent University; Janice Keefe, Mount Saint Vincent University*
- Assessing the impact of increased demand for chronic care and decreased supply of caregivers: We need a plan for the future  
  *Samuel Vezina, Mount Saint Vincent University; Janice Keefe,*
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<td>12:45-1:45</td>
<td><strong>Keynote Speaker: Dr. Susan Kirkland</strong>&lt;br&gt;Aging into the Future: Growing Old with the Canadian Longitudinal Study on Aging</td>
<td>Baronet Ballroom</td>
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<td>1:45-2:00</td>
<td>Closing Remarks: Dr. Janice Keefe, Director, Nova Scotia Centre on Aging</td>
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THANK YOU TO OUR SPONSORS

GOLD

NS Department of Seniors

NB Senior and Healthy Aging Secretariat

Shannex Inc.

Canadian Dementia Knowledge Translation Network

SILVER

Nova Scotia Health Research Foundation

BRONZE

NS Department of Health and Wellness

In addition to our sponsors, the conference is being made possible through financial support from the F. R. MacKinnon Endowment Fund and a Community Connections & Creative Research Communications Grant, Mount Saint Vincent University.
EXHIBITORS

Alzheimer Society Nova Scotia

Research on Aging in Newfoundland & Labrador (NL)

Research on Aging in Prince Edward Island (PEI)

Nova Scotia Centre on Aging

Canadian Association of Gerontology 2013: Aging Systems in Cells to Society

NSCAD Design Studio 5: Collaborative Design “Visualizing Healthcare”
DELTA HALIFAX HOTEL MAP

NOTES
Celebrating 20 Years of Advancing Aging Research and Enhancing Seniors' Lives.