

3 day
**FREE
TRIAL**

to The Mount Fitness Centre

Name: _____

e-mail: _____

Date redeemed: _____ Staff Initial: _____

To redeem your pass:

- present this card to The Mount Fitness Centre staff
- complete a registration form
- enjoy the Pepsi Conditioning Centre & Fitness Classes



NOTE:

- Offer valid for first time members only. Must be a local resident.

Location:
Rosaria Student Centre - Main Floor
166 Bedford Highway
Halifax, Nova Scotia B3M 2J6

Phone: 902-457-6420
Fax: 902-457-1694
E-Mail: mount.fitness@msvu.ca
www.msvu.ca/fitnesscentre